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Common competency framework competences    Medical leadership framework competences    Health inequality framework competences

## Core Module 15: Sexual and Reproductive Health (Contraception, Termination of Pregnancy, Sexually Transmitted Infections and HIV, Sexual Problems)

**Learning outcomes**

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to fertility control (contraception and termination of pregnancy), the diagnosis and management of sexually transmitted infections including HIV and sexual dysfunction.
- There may be conscientious objection to the acquisition of certain skills within the contraception and abortion components, this does not mean that meeting the knowledge criteria is not required. Skills targets not attempted for these reasons should be clearly recorded in the logbook and signed off by a trainer.
- Understand the need to respect women’s rights, dignity and confidentiality whilst providing appropriate information and advice.

Knowledge criteria	GMP	Clinical competency	GMP	Professional skills and attitudes	GMP	Training support	Evidence/assessment
<p>Reversible, irreversible and emergency contraception and termination of pregnancy:</p> <ul style="list-style-type: none"> <li>▪ mode of action and efficacy</li> <li>▪ methods, indications, contraindications and complications</li> </ul> <p>The laws relating to termination of pregnancy, sexually transmitted infections, (STIs), consent, child protection and the Sexual Offences Act 2003</p> <p>Recognise and manage the sexual healthcare needs of vulnerable groups, e.g. young people, asylum seekers, commercial sex workers, drug users, and prisoners.</p> <p style="color: blue;">Recall the effect of addictive and self harming behaviours, especially substance misuse and gambling, on personal and community health and poverty</p>	1,2	<p>Take a history in relation to:</p> <ul style="list-style-type: none"> <li>▪ contraceptive and sexual health needs, and risk assessment</li> <li>▪ unplanned Pregnancy</li> </ul> <p>Counsel about:</p> <ul style="list-style-type: none"> <li>▪ contraceptive options (reversible and irreversible)</li> <li>▪ unplanned pregnancy options</li> </ul> <p>Manage the following clinical situations:</p> <ul style="list-style-type: none"> <li>▪ Emergency Contraception</li> <li>▪ Hormonal</li> <li>▪ Insertion of IUD</li> <li>▪ Medical Termination of Pregnancy (early/late)</li> </ul> <p>Deliver all methods of reversible contraception</p> <p>Female sterilisation</p> <p>Surgical termination of early pregnancy</p> <p>Network with other providers in multidisciplinary team, for example:</p> <ul style="list-style-type: none"> <li>▪ counsellors</li> <li>▪ social workers</li> <li>▪ GUM specialists</li> <li>▪ contraception specialists</li> <li>▪ primary Care</li> <li>▪ voluntary sector/ self-help groups</li> <li>▪ police</li> </ul>	1,2,3,4  3,4  1,2  1,2  3,4	<p>Demonstrates the ability to counsel women sensitively about options available, and associated sexual health issues</p> <p>Displays tact, empathy and concern</p> <p>Demonstrates the ability to listen actively and respect silences</p> <p>Understand the ability to respect women’s rights, dignity and confidentiality</p> <p>Is able to explain clearly and openly treatments, complications and adverse effects of drug treatment</p> <p>Demonstrates the ability to formulate and implement plan a management plan</p> <p>Demonstrate effective liaison with colleagues in other disciplines, clinical and non-clinical</p> <p>Understand the need to respect cultural and religious beliefs as well as sexual diversity</p>	3,4  3,4  1,2  1  3	<p>StratOG.net: Sexual and Reproductive Health e-tutorials</p> <p>eSRH e-Learning for Healthcare (eLfh) Modules (mandatory)</p> <p>e-Learning for Healthcare website</p> <p>Family Planning/ genitourinary medicine sessions</p> <p>Diploma of the Faculty of Sexual and Reproductive Healthcare of the RCOG (optional)</p> <p>Faculty of Sexual and Reproductive Health Care Letter of Competence in Intrauterine Techniques (LoC IUT)</p>	<p>Mini CEX</p> <p>Logbook</p> <p>Certificate of completion of eLfh eSRH modules</p> <p>Log of experiences</p> <p>DFSRH (optional)</p> <p>CbD</p> <p>Reflective diary</p> <p>MRCOG Part Two</p> <p>Achievement of:</p> <ul style="list-style-type: none"> <li>▪ LoCIUT</li> <li>▪ LoCSdI</li> </ul>



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Knowledge criteria	GMP	Clinical competency	GMP	Professional skills and attitudes	GMP	Training support	Evidence/assessment
<p>Sexually transmitted infections including HIV/AIDS:</p> <ul style="list-style-type: none"> <li>transmission, clinical features, management, transmission and prevention</li> <li>National Chlamydia Screening Programme and local implementation</li> <li>Understand local care pathways for multi-agency working and cross referrals for individuals with sexual health needs</li> </ul> <p>Sexual problems:</p> <ul style="list-style-type: none"> <li>anatomy and physiology of the human sexual response</li> <li>epidemiology, aetiology, pathogenesis, clinical features and prognosis of psychosexual / sexual problems</li> </ul>		<p>Recognise and manage the following:</p> <ul style="list-style-type: none"> <li>common clinical presentations of STIs in the female patient e.g. dysuria, discharge, genital ulcerations</li> <li>clinical presentations of complications of common STIs e.g. acute pelvic infection</li> </ul> <p>Perform appropriate microbiological investigations to investigate the common presentations of STIs</p> <p>Recognise and manage the clinical presentations of non-STI genital infections e.g. bacterial vaginosis, genital candidiasis</p> <p>Genital infections e.g. Bacterial Vaginosis, Genital candidiasis</p> <p>Treat and arrange follow-up for patients with STIs as per local protocols</p> <p>Explain the principles of partner notification and epidemiological treatment for sexual contacts</p> <p>Perform an HIV risk assessment and discuss HIV transmission with patients.</p> <p>Give appropriate advice to an HIV positive woman about interventions available to reduce vertical HIV transmission in pregnancy</p> <p>Perform an HIV pre-test discussion and provide appropriate management for positive and negative results</p> <p>Assess risk for Hepatitis A/B/C infections and arrange HAV and HBV vaccination appropriately for at risk groups according to local protocol</p> <p>Liaise effectively with local GUM colleagues for effective multi-agency working</p> <p>Take a history from the couple – or individual - with a sexual/ psychosexual problem</p> <p>Recognise, counsel and plan initial management of sexual/ psychosexual problems, and know when to refer</p>	1,2	<p>Appreciate the importance of psychological factors for women and their partners</p> <p>Has an understanding of the psychosocial impact of STIs and living with HIV and AIDS including the support systems available for patients</p> <p>Demonstrates the ability to promote healthy lifestyles</p> <p>Is aware of BMA/GMC Guidance for Doctors with Conscientious Objections to Abortion</p> <p>Is aware of GMC Good Medical Practice and Duties of a Doctor publications and their implications for doctors in practice</p>		<p>Faculty of Sexual and Reproductive Healthcare Letter of Competence in Subdermal Implants (Loc Sdl)</p> <p>Faculty of Sexual and Reproductive Health website</p> <p>Sexually Transmitted Infections Foundation course</p> <p>Use of training models</p> <p>National Sexual Health Strategy documentation</p> <p>Recommended standards for Sexual health Services. Department of Health website</p> <p>Department of Health Chlamydia screening programme website</p> <p>SIGN guidelines. Available online</p> <p>National Institute for Clinical Excellence (NICE) guidelines</p> <p>Medical Foundation for Aids and Sexual Health (MEDFASH)</p> <p><i>The Obstetrician and Gynaecologist</i> journal</p>	<p>Practical skills courses</p> <p>Roleplay</p>



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## Appendix to Curriculum Module 15 – Details of Knowledge Criteria

### Fertility control methods

- Natural family planning (physical, Persona®)
- Barrier (condom: male and female), diaphragm, caps]
- Chemical
- Hormonal methods (including pharmacodynamics and metabolic effects) oral, transdermal, subdermal, intramuscular, intrauterine
- Male and female sterilisation
- Intrauterine contraception, (copper-containing, progesterone-containing)
- Reversal of sterilisation
- Postcoital methods (progestogen, intrauterine contraceptive devices)
- Advances in contraception (including male reversible)

### Unplanned/unwanted pregnancy

#### Contraceptive failure

- method
- iatrogenic
- User

#### Non-use of contraception due to e.g.

- social factors
- cultural factors
- sexual/ domestic abuse
- poor service access/delivery

#### Socio-economic consequences

- Cycle of deprivation
- Population trends

#### Management options

- Abortion
- Adoption
- Keep baby

### Termination of pregnancy

- Pre-procedure consultation/assessment
- Estimation of maturity
- Method options/choice
- STI screen and prophylaxis
- Counselling and support

#### Techniques

- Methods (manual vacuum aspiration, suction evacuation of uterus, dilatation and evacuation, medical termination)
- Complications of procedures
- Contraceptive supplies on discharge

#### Aftercare

- Contraception
- Sexual health
- Counselling and support

#### Other issues

- Age
- Consent.
- Confidentiality
- Legality
- Special needs and vulnerable groups
- Service organisation
- High risk groups for sexual poor health
- 'Hard to reach' groups (asylum seekers, homeless and rootless, commercial sex worker, substance abusers, mental illness)
- Adolescents
- Vulnerable adults
- Learning disability
- Socio-economic deprivation
- Negative psychosocial impact of STIs, in particular HIV/AIDS
- Importance of networks and multi-agency working



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**Sexually Transmitted Infections including HIV/ AIDS**

- Transmission
- Clinical features
- Detection
- Prevention
- Treatments
- Test of cure
- Contact tracing
- Health advisors
- Genitourinary medicine services
- Screening programmes
- Specific conditions
- Chlamydia
- HIV
- Parasitic infections
- Fungal infections
- Bacterial infections
- Protozoal infections
- Viral infections

**Sexual problems**

- The anatomy and physiology of human sexual response.
- The psychogenic aetiology and presentation of common sexual problems such as loss of sexual interest and arousal, vaginismus, anorgasmia
- The effect of age, cultural influences, illness and drugs on sexual behaviour and performance.
- Gender dysphoria
- The principles of psychosexual counselling
- Sexual problems in special needs groups such as physical and learning disability
- Covert presentations of psychosexual problems and childhood sexual abuse
- Referral pathways to local expertise in the field of psychosexual medicine and sexual dysfunction



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Core Module 15 Logbook *	Competence level		Basic level		Intermediate level		Advanced level		Not required	
			<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
	Level 1		Level 2		Level 3					
	Date	Signature	Date	Signature	Date	Signature				
<b>Identify, discuss and manage the following issues:</b>										
A sexual health risk assessment										
<b>A request for contraception:</b>										
Discuss and inform, regarding all options										
<b>Provide:</b>										
Reversible contraception										
Emergency contraception: hormonal										
Emergency contraception: intrauterine										
Permanent (female only, surgical)										
<b>Unplanned pregnancy:</b>										
Outpatient consultation and referral										
<i>Please mark 'CO' (conscientious objection) alongside skills not acquired (see learning outcomes of module with regards to knowledge criteria)</i>										



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			<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
	Level 1		Level 2		Level 3					
	Date	Signature	Date	Signature	Date	Signature				
<b>Perform (to indicated level):</b>										
Early medical termination of pregnancy										
Late medical termination of pregnancy										
Early surgical termination of pregnancy										
Late surgical termination of pregnancy		OM								
Post-procedure follow-up consultation										
<b>STIs including HIV/AIDS:</b>										
Diagnosis and management of the common STIs										
Chlamydia screening and treatment										
Explain the principles of partner notification										
Perform an HIV risk assessment										
Psychosexual problems		OM								
Take a history from individual/couple										
Plan initial management/know when to refer										

Please mark 'CO' (conscientious objection) alongside skills not acquired (see learning outcomes of module with regards to knowledge criteria)



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Training Courses or sessions		
Title	Signature of educational supervisor	Date
E-learning for Healthcare (eLfh) eSRH e-learning modules		

Authorisation of signatures (to be completed by the clinical trainers)	
Name of clinical trainer (please print)	Signature of clinical trainer



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<b>COMPLETION OF MODULE 15</b>		
<b>I confirm that all components of the module have been successfully completed:</b>		
<b>Date</b>	<b>Name of educational supervisor</b>	<b>Signature of educational supervisor</b>