

## What do you want an O&G specialist to know, do and be like?

Mapping of insight from consultation of the Specialists of Tomorrow Public Insight Group in the new curriculum

Theme	O&G Specialists must have the skills to:	Where/how in the curriculum is the necessity to develop the outlined skills and knowledge displayed?
1. Empowerment, autonomy and informed choice	Recognise and respect service users as experts in their own health and work in partnership with them, providing appropriate information, context and options and supporting them to make informed, autonomous choices about their care that are right for them.	<p><b>Professional identity: Health care professional</b> CiP 1 Key skills: Facilitates discussion Ability to share decision making</p> <p><b>Professional identity: Champion for Women's Health</b> CiP 11 Key skills: Promotes non-discriminatory practice Aware of an individual's social wellbeing Aware of the broader social and cultural determinants of health</p>
	Appreciate the differences in their service users; treating them as individuals and working to ensure the right communication approach to suit the individual which will empower them to feel in control of their health and choices.	<p><b>Professional identity: Health care professional</b> CiP 1 Key skills: Facilitates discussion Ability to share decision making</p> <p><b>Professional identity: Champion for Women's Health</b> CiP 11 Key skills: Promotes non-discriminatory practice Aware of an individual's social wellbeing Aware of the broader social and cultural determinants of health</p>
2. Enhanced communication skills	Actively listening to their service users and creating an environment for open, honest, meaningful dialogue and mutual respect, whilst also working to manage expectations effectively.	<p><b>Professional identity: Health care professional</b> CiP 1 Key skills: Facilitates discussion</p>

		Ability to share decision making
	Not make assumptions about how their service users feel or the level of knowledge and understanding that they have or want, but ascertain this effectively, tailor communication accordingly, and support them to develop their knowledge further if they wish to.	<b>Professional identity: Healthcare professional</b> CiP 1 Key skills: Facilitates discussion Ability to share decision making <b>Professional identity: Champion for Women's Health</b> CiP 11 Promotes non-discriminatory practice Aware of an individual's social wellbeing Aware of the broader social and cultural determinants of health
	Use appropriate, up-to-date language and terminology, particularly in relation to individuals who hold specific characteristics such as gender identity, sexuality, disability, ethnicity and culture.	<b>Professional identity: Healthcare professional</b> CiP 1 Key skills: Facilitates discussion Ability to share decision making <b>Professional identity: Champion for Women's Health</b> CiP 11 Key skills: Promotes non-discriminatory practice
3. Core human qualities	Have genuine warmth and empathy for the circumstances their service users face, be non-judgemental and always display kindness, compassion, honesty, respect and humility through their words and actions.	<b>Professional identity: Healthcare Professional</b> CiP 1 Key skills: Facilitates discussion Ability to share decision making <b>Professional identity: Champion for Women's Health</b> CiP 11 Key skills: Promotes non-discriminatory practice Aware of an individual's social wellbeing Aware of the broader social and cultural determinants of health
4. Working in a multidisciplinary way and recognising limits	Be committed advocates for their service users' health and care, being honest about any limitations of their knowledge and skills and, if they are not able to offer the necessary clinical expertise directly, be committed to	<b>Professional identity: Health care professional</b> CiP 1 Key skills:

	supporting access to appropriate care and support needed.	Ability to share decision making Provides treatment CiP 5 Key skills: Demonstrates insight into decision making Team working
	Have good knowledge and understanding of local NHS systems as well as the broader range of holistic support from other organisations and groups available and, if they don't have this knowledge, be proactive in accessing it.	<b>Professional identity: Health care professional</b> CiP 2 Key skills: Aware of healthcare systems in the four countries Aware if and adheres to the legal principles and professional requirements
5. Championing and influencing	Champion the needs of O&G service users to make sure services receive the resource and attention they deserve.	<b>Professional identity: Health care professional</b> CiP 3 Key skills: Comfortable influencing persuading and negotiating <b>Professional identity: Champion for Women's Health</b> CiP 12 Key skills: Promote healthy lifestyle Promotes illness prevention Aware of the national and international policies and politics which impact on women's healthcare
	Work to develop and advance their specialty and support the wider healthcare community to better understand the needs of O&G service users.	<b>Professional identity: Research, Scholar, Educator</b> CiP 9 Key skills: Demonstrates research skills Demonstrates critical thinking Innovates <b>Professional identity: Champion for Women's Health</b> CiP 11 Key skills: Promotes non-discriminatory practice Aware of an individual's social wellbeing Aware of the broader social and cultural determinants of health

6. Taking care of themselves	Have self-awareness around their own health and well-being and take care of themselves appropriately, accessing any support and mentoring available.	<b>Professional identity: Health care professional</b> CiP 3 Key skills: Manages stress and fatigue Able to make effective use of resources and time management CiP 5 Key skills: Demonstrates insight into decision making Demonstrates ability to respond to human performance within adverse clinical events
7. Understanding of wider determinants and characteristics	Have good knowledge and understanding of characteristics and wider determinants that may impact on their service users' lives, their health, and their choices, be sensitive and attuned to these and facilitate support for wider health and social needs where needed.	<b>Professional identity: Champion for Women's Health</b> CiP 11 Key skills: Promotes non-discriminatory practice Aware of an individual's social wellbeing Aware of the broader social and cultural determinants of health
8. Keeping up to date with knowledge and skills	Demonstrate commitment to continuous learning and development in order to understand latest advances in the O&G specialty, the needs of their service users and the population they serve and be able to offer up-to-date information and options.	<b>Professional identity: Researcher, Scholar &amp; Educator</b> CiP 8 Key skills: Demonstrates a commitment to continued learning Demonstrates critical thinking Innovates

Knowledge area	O&G Specialists must know about:	Where/how in the curriculum is the necessity to develop the outlined skills and knowledge displayed?
Mental health and trauma	Birth trauma, maternal mental health conditions, and the impact they could have on future pregnancies, labours and on overall future gynaecological health, as well as mental health more broadly.	<b>Professional identity: Clinical Expert</b> CiP 16. Non-emergency obstetrics Key skills: Manages mental health conditions in pregnancy and the postnatal period
Baby loss	Miscarriage, stillbirth and neonatal loss, and the emotional impact on service users.	<b>Professional identity: Clinical Expert</b> CIP 13. Emergency gynaecology and early pregnancy Key skills: Manages pain and bleeding in early pregnancy

		<p>Manages other early pregnancy complications</p> <p>CiP 16. Non-emergency obstetrics</p> <p>Key skills:</p> <p>Manages mental health conditions in pregnancy and the postnatal period</p>
Fertility	The various factors that can influence fertility and up-to-date knowledge of the range of treatment options, as well as understanding of the emotional impact on fertility issues can have on individuals.	<p><b>Professional identity: Clinical expert</b></p> <p>CiP 15</p> <p>Key skills:</p> <p>Manages subfertility</p> <p><b>Professional identity: Champion's for women health</b></p> <p>CiP 11</p> <p>Key skills:</p> <p>Aware of an individual's social wellbeing</p>
Menopause	Awareness of the life-changing impacts menopause can have, and good up-to-date understanding of the management and treatment options for menopausal symptoms.	<p><b>Professional identity: Clinical expert</b></p> <p>CIP 15</p> <p>Key skills:</p> <p>Manages menopause and postmenopausal care</p>
Gynaecological cancers	The varying symptoms of all gynaecological cancers and treatment and support available.	<p><b>Professional identity: Clinical expert</b></p> <p>CIP 15</p> <p>Key skills:</p> <p>Manages suspected gynaecological cancer symptoms</p> <p>Manages the abnormal cervical smear</p> <p>Manages pelvic masses</p>
Benign gynaecological conditions	Polycystic Ovarian Syndrome, fibroids, endometriosis, pelvic organ prolapse, urinary incontinence, PMS and PMDD; symptoms, treatment and support available, and the ways in which these conditions might impact on people's day to day lives and overall wellbeing.	<p><b>Professional identity: Clinical expert</b></p> <p>CIP 15</p> <p>Key skills:</p> <p>Manages abnormal vaginal bleeding</p> <p>Manages pelvic pain</p> <p>Manages pelvic masses</p>
Informed choice, consent and human rights	Informed choice, consent, and service users' human rights within childbirth and the wider O&G context.	<p><b>Professional identity: Healthcare professional</b></p> <p>CiP 1</p> <p>Key skills:</p> <p>Facilitates discussion</p> <p>Ability to share decision making</p>

		<p>CiP 2          Aware of ethical principles          Aware of and adheres to legal principles and professional requirements</p>
LGBTQ Plus	Specific needs of lesbian, bi-sexual, transgender people and non-binary people as well as those with sex chromosome conditions.	<p><b>Professional identity: Champion for women's health</b>          CiP 11          Key skills:          Promotes non-discriminatory practice  <b>Professional identity: Clinical expert</b>          CiP15          Key skills:          Manages sexual wellbeing</p>
Abortion	Termination of pregnancy services, options and the emotional needs of service users around this.	<p><b>Professional identity: Clinical expert</b>          CiP: 15          Key skills:          Manages sexual wellbeing</p>
Psychosexual issues and conditions	Psychosexual issues and conditions, and life stages such as menopause that may impact on sex life, as well as more general understanding and appreciation of the importance to many of a good sex life at any age.	<p><b>Professional identity:</b>          CiP 15          Key skills:          Manages sexual wellbeing</p>
Wider determinants and characteristics	Knowledge of the wider determinants of health and characteristics that can have impact on people's lives and their health such as home and social environments, disability, FGM.	<p><b>Professional identity: Champion for women's health</b>          CiP 11          Key skills:          Promotes on-discriminatory practice          Aware of an individual's social wellbeing          Aware of broader social and cultural determinants of health          Aware of an individual's social wellbeing</p>