Benign Abdominal Surgery and Hands-on Practical Course on Laparoscopic Psychomotor Skills, Suturing and Energy Modalities

Joint RCOG/BSGE Meeting
18 – 20 September 2017

Benign Abdominal Surgery Overview

This is a two-day theory and one day practical course that covers the essential aspects of intermediate laparoscopic and open surgery. The practical sessions on the third day will provide training on essential skills of equipment and stack management as well as video editing and hands on dry laboratory training under supervision of expert faculty. The delegates will be required to register for the third day separately.

This meeting is recognised for the ‘Benign Abdominal Surgery: open and laparoscopic’ and Advanced Laparoscopic Surgery for the excision of benign disease’ Advanced Training Skills Modules (ATSM). Please note: The theory underpinning hysteroscopic surgery will be covered by the ‘Diagnostic and Operative Hysteroscopy’ meeting.

Learning Objectives

- Cover the fundamental basic theory required for benign gynaecological surgery
- Complete the ATSM ‘Benign abdominal surgery: open and laparoscopic’ theoretical syllabus and/or ATSM in ‘Advanced laparoscopic surgery for the excision of benign disease’
- Improve patient selection and communication of risk
- Understand the basis for the most commonly encountered procedures
- Have a thorough understanding of adnexal surgery
- Have an in depth technical understanding of hysterectomy - vaginal, open and laparoscopic
- Hand on dry laboratory training
- Claim a maximum of 18 CPD credits for full attendance at this meeting
Benign Abdominal Surgery

Monday 18 – Wednesday 20 September 2017

Who should attend?

- All Trainees and Consultants in Obstetrics and Gynaecology
- All those with an interest in benign gynaecological surgery
- Those who are registered, or who plan to register, for the ‘Benign abdominal surgery: open and laparoscopic’ ATSM
- Those who are registered, or plan to register for the ‘Advanced laparoscopic surgery for the excision of benign disease’ ATSM
- Clinicians at all grades who are interested in developing their understanding of intermediate level open and laparoscopic benign gynaecological surgery

Course organisers

- Mr Ertan Saridogan FRCOG, London, BSGE Convener of Meetings
- Mr Sameer Umranikar MRCOG, Southampton

Honorary Director of Conferences

- Mr Nick Panay FRCOG, London

Honorary Deputy Director of Conferences

- Mr Philip Tooze-Hobson FRCOG, Birmingham

2 day conference only

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<thead>
<tr>
<th></th>
<th>CPD</th>
<th>STD</th>
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<td>Duration</td>
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<td>RCOG, London</td>
<td>AHP £365</td>
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* A maximum of 12 CPD Credits may be claimed for knowledge learned at this meeting. The rate of claim is 1 credit per hour excluding breaks

Full 3 day conference

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Breakout Groups – Specialist areas

Please select only one of the below streams.
Delegates can only attend ONE stream.
All streams in each session will run simultaneously.

- Stream 1: Endometriosis
- Stream 2: Urogynaecology
Monday 18 September 2017

Session I: Introduction and basic surgical principles
Chair: Mr Dominic Byrne, BSGE President, Consultant Gynaecologist-Endopelvic Surgeon, Royal Cornwall Hospital, Truro

8.30am REGISTRATION AND REFRESHMENTS

9.00am Welcome and aims of the meeting
Mr Sameer Umranikar, Consultant Gynaecologist; University Hospital Southampton

9.05am Patient selection and decision on route of surgery
Mr Andrew Pickersgill, Consultant Obstetrician and Gynaecologist, Stepping Hill Hospital, Stockport

9.25am Pelvic surgical anatomy
Miss Karolina Afors, Consultant Gynaecologist, Whittington Hospital, London

9.45am Laparoscopic safe entry techniques
Mr Kevin Phillips, Consultant Gynaecologist, Hull Royal Infirmary

10.05am Opening and closing the abdomen for gynaecological surgery
Miss Adeola Olaitan, Consultant Gynaecological Oncologist, University College London Hospitals

10.25am Discussion

10.40am REFRESHMENTS

Session II: Energy modalities and hysteroscopy
Chair: Mr Sameer Umranikar

11.10am Principles of electrosurgery
Mr Saikat Banerjee, Consultant Gynaecologist and Minimal Access Gynaecological Surgeon; Honorary Senior Lecturer; Ashford and St Peter’s Hospital NHS Foundation Trust, Surrey

11.30am Principles of ultrasound energy and laser
Mr Fevzi Shakir Consultant Gynaecologist, Royal Free Hospital

11.50am Principles of plasma energy and its clinical use in gynaecology
Professor Horace Roman, Professor in Obstetrics and Gynaecology, Rouen University Hospital, Rouen

12.10pm Principles of operative hysteroscopy
Professor Justin Clark, Consultant Obstetrician and Gynaecologist Birmingham Women’s Hospital

12.30pm Discussion

12.40pm LUNCH (2 course standing fork lunch)

Session III: Keynote lecture
Chair: Mr Ertan Saridogan, Consultant Gynaecologist, University College London Hospitals

1.30pm New surgical approaches to rectovaginal and colorectal endometriosis
Professor Horace Roman

Session IV: Breakout Groups – specialist areas
You may attend one stream. All streams in each session will run simultaneously.

2.00pm Principles of Endometriosis surgery, a viewpoint
Mr Shaheen Khazali, Consultant Gynaecologist and Laparoscopic Surgeon, Ashford and St Peter's Hospital NHS Foundation Trust

2.20pm Reproductive surgery – tubal surgery: role of salpingectomy in fertility
Professor Ying Cheong, Professor of Reproductive Medicine, Princess Anne Hospital, Southampton University Hospital NHS Foundation

2.40pm Discussion

2.50pm REFRESHMENTS
### Session V: Breakout Groups – specialist areas
You may attend one stream. All streams in each session will run simultaneously.

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<th>Time</th>
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<th>Session 2: Urogynaecology</th>
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</table>
| 3.20pm| Endometriosis and Subfertility: what is the current evidence? Practical guidance for clinical management  
Chair: Mr Dominic Byrne  | Essential anatomy for laparoscopic urogynaecology surgeons  
Chair: Dr Natalia Price  | 9.00am | Hysterectomy, techniques and complications – laparotomy  
Mr Anil Tailor, Consultant Gynaecologist Oncologist, Royal Surrey County Hospital, Guildford  |
| 3.50pm| Endometriosis, excision, step by step  
Mr Shaheen Khazali  | Hysterectomy, techniques and complications – laparoscopic  
Mr Mark Whittaker, BSGE Honorary Secretary; Consultant Obstetrician and Gynaecologist, Gloucestershire Royal Hospital  | 9.20am | Hysterectomy, techniques and complications – laparotomy  
Mr Mark Whittaker, BSGE Honorary Secretary; Consultant Obstetrician and Gynaecologist, Gloucestershire Royal Hospital  |
| 4.20pm| Who to refer to Endometriosis Centres and outcome data of surgery in Endometriosis Centres  
Mr Dominic Byrne  | Sacrocolpopexy: when and how?  
Dr Natalia Price  | 9.50am | Laparoscopy on morbidly obese patients  
Mr Richard Hadwin, Consultant Obstetrician and Gynaecologist, Princess Anne Hospital, Southampton  |
| 4.50pm| Panel Question and Answer and discussion session  
Mr Dominic Byrne, Mr Ertan Saridogan and Mr Shaheen Khazali  | Discussion  | 10.00am | Laparoscopic and open myomectomy  
Mr Ertan Saridogan  |
| 5.00pm| CLOSE  | Discussion  | 10.30am | Discussion  |

### Session VI: Key areas - Hysterectomy and myomectomy

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### Session VII: Key areas - Adnexal and fibroid surgery

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### Tuesday 19 September 2017

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| 11.10am| Preoperative imaging for adnexal surgery  
Mr Tom Holland, Consultant Gynaecologist, Guy’s and St Thomas’ Hospital, London  | Ovarian surgery including oophorectomy and cystectomy - operative techniques  
Mr Sanjay Vyas, BSGE Vice President; Senior Gynaecologist, Southmead Hospital, Bristol  | 11.10am | Preoperative imaging for adnexal surgery  
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### Session VIII: Key areas - Adnexal and fibroid surgery

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<tbody>
<tr>
<td>11.50am</td>
<td>Ectopic Pregnancy – the role of laparoscopic surgery and operative techniques</td>
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<td>Mr James Clark, Consultant Obstetrician and Gynaecologist; Senior Lecturer, University of Exeter Medical School</td>
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<tr>
<td>12.10pm</td>
<td>Adhesions, adhesiolysis and adhesion prevention</td>
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<td></td>
<td>Mr Mostafa Metwally, Consultant Gynaecologist, Royal Hallamshire Hospital</td>
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<tr>
<td>12.30pm</td>
<td>Discussion</td>
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<tr>
<td>12.40pm</td>
<td>LUNCH (2 course standing fork lunch)</td>
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</table>

**Session VIII: Consent and communication of risk**  
Chair: Mr Sanjay Vyas

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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>1.30pm</td>
<td>Consent and communication of risk – a surgeon's prospective</td>
</tr>
<tr>
<td></td>
<td>Mr Sameer Umranikar</td>
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<tr>
<td>1.50pm</td>
<td>Consent and communication of risk – A legal prospective</td>
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<td></td>
<td>Mr Bertie Leigh, Senior Partner; Hempsons Solicitors, London</td>
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<tr>
<td>2.10pm</td>
<td>Laparoscopy in pregnancy; BSGE guidelines</td>
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<td>Dr Elizabeth Ball, Consultant Gynaecologist, Royal London Hospital</td>
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<tr>
<td>2.30pm</td>
<td>Postoperative complications after gynaecological surgery - Classification, identification and management</td>
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<td>Mr Anish Bali, Consultant Gynaecologist, Royal Derby Hospital</td>
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<tr>
<td>2.50pm</td>
<td>Discussion</td>
</tr>
<tr>
<td>3.00pm</td>
<td>REFRESHMENTS</td>
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**Session X: Working with other disciplines**  
Chair: Mr Thomas Ind, Consultant Gynaecological Oncologist, St George’s and Royal Marsden Hospitals, BSGE Treasurer, London

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>3.30pm</td>
<td>Physiological changes and anaesthetic considerations in gynaecological and specifically laparoscopic surgery</td>
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<td>Dr Brigitta Brandner, Consultant Anaesthetist, University College London Hospitals</td>
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<tr>
<td>3.50pm</td>
<td>Gastrointestinal injuries - recognition and management</td>
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<td>Mr Arcot Venkatasubramianam, Consultant Colorectal Surgeon, Hampshire Hospital</td>
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<tr>
<td>4.10pm</td>
<td>Urological injuries – recognition and management</td>
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<td>Mr Simon Choong, Urologist, University College London Hospitals</td>
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<tr>
<td>4.30pm</td>
<td>Vascular injuries – recognition and management</td>
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<td>Mr Timothy Mould, Consultant Gynaecologist Oncologist, University College London Hospitals</td>
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<tr>
<td>4.50pm</td>
<td>Discussion</td>
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<td>5.00pm</td>
<td>Close</td>
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</table>
During this session, participants will also be trained in laparoscopic suturing. Each participant will be individually coached to perform 4 different exercises. This includes needle manipulation, intra-corporeal knotting and tissue approximation using dominant and non-dominant hand. These exercises are used to train and test the suturing skills of an individual and serves as a foundation for completion of SUT+T 1 and SUT+T 2 assessment.

Who should attend?
- Trainees and Consultants interested in laparoscopic surgery or wishing to develop laparoscopic suturing techniques.
- Trainees wishing to develop practical skills required for completion of the Benign Abdominal Surgery ATSM.
- Trainees and Consultants keen to embark on the validated GESEA certification in operative laparoscopy.

Course organisers
- Mr Ertan Saridogan FRCOG, London, BSGE Convenor of Meetings
- Mr Sameer Umranikar MRCOG, Southampton

Honorary Director of Conferences
- Mr Nick Panay FRCOG, London

Honorary Deputy Director of Conferences
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Programme: Hands-on Practical Course on Laparoscopic Psychomotor Skills, Suturing and Energy Modalities

Wednesday 20 September 2017

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<tbody>
<tr>
<td>8.00am</td>
<td>REGISTRATION and REFRESHMENTS</td>
</tr>
<tr>
<td>8.30am</td>
<td>Distribution, Allocation of Groups and Debrief of Candidates</td>
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<td>Delegates will be divided into four groups and each group will do the below stations at the allocated times. Each station will last for 90 minutes and groups will rotate.</td>
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<tr>
<th></th>
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<th>Station 3</th>
<th>Station 4</th>
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<tr>
<td></td>
<td>Laparoscopic psychomotor skills training using (LASST)</td>
<td>Laparoscopic suturing using SUTT</td>
<td>Laparoscopic tissue management using different modalities including electrosurgery, advanced bipolar and ultrasound energy</td>
<td>Miscellaneous Video Editing Stack System Instruments</td>
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<thead>
<tr>
<th></th>
<th>Group A</th>
<th>Group B</th>
<th>Group C</th>
<th>Group D</th>
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<tr>
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<tr>
<td></td>
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<td>(2 course standing fork lunch)</td>
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Faculty for practical course

- Mr Stephen Burrell, Consultant Obstetrician and Gynaecologist, Luton and Dunstable Hospital NHS Foundation Trust
- Mr Dominic Byrne
- Mr Tyrone Carpenter, Consultant Obstetrician and Gynaecologist, Poole Hospital NHS Foundation
- Mr Justin Clark
- Miss Donna Ghosh, Post CCT fellow, Wirral University Teaching Hospital
- Mr William Hoo, Consultant Obstetrician and Gynaecologist, King’s College Hospital, NHS Foundation Trust, London
- Mr Tim Hookway, Consultant Obstetrician and Gynaecologist, Plymouth Hospital
- Dr Haider Jan, Consultant Obstetrician and Gynaecologist, Epsom General Hospital
- Mr Shaheen Khazali
- Mr Dimitrios Miligkos, Consultant, University Hospitals Southampton
- Mr Gourab Misra, Consultant Gynaecologist, University Hospital of North Midlands, Stoke on Trent
- Dr Suruchi Pandey, Consultant Obstetrician and Gynaecologists, St George's Hospital, London
- Mr Ertan Saridogan
- Mr Fevzi Shakir
- Mr Sameer Umranikar
- Mr Sanjay Vyas
Venue
Venue: RCOG, 27 Sussex Place, Regent’s Park, London NW1 4RG.
Tel: 020 7772 6200 Fax: 020 7772 6388
Train: Marylebone Station - 10 minute walk
Underground: Baker Street - 10 minute walk
Parking: Regent’s Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,
Tel: 0870 242 7144 for further information

Fee and payment
Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

Cancellations
All cancellations must be received in writing by the Conference Office a minimum of 2 weeks before the meeting (except Basic Practical Skills Courses, which must be received at least 6 weeks prior to the course). A standard administrative charge of £25 will be made on all cancellations received 2 weeks or more prior to the conference. We regret that refunds cannot be issued on cancellations received less than two weeks prior to the conference. No refunds will be made for non-attendance on the course. An administrative charge of £50 applies to certain meetings, including Basic Practical Skills Courses, Part 1 MRCOG Revision Courses, Part 2 MRCOG Revision and OSCE Courses. Please check your confirmation letter for clarification. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation charges that have already been incurred by the delegate or any administration charges relating to cancellation of travel tickets or accommodation.

Visa Information
If you are from a country outside the European Union you may be required to have a valid visa to enter Britain. Please check your visa requirements before you book a place on any of our events and before you travel. We are unable to refund course fees outside of our cancellation deadline in the event that your visa is denied or not received in time for you to travel. More information on visa requirements is available from the UK Border Agency.

RCOG Conference Office
Our team are here to help and advise you in your choice of courses. If you have any further questions, contact the RCOG Conference Office on events@rcog.org.uk or call +44 20 7772 6245.

Book your place now!

Online at rcog.org.uk/events
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