Diagnostic and Operative Hysteroscopy
Joint RCOG/BSGE Meeting

Tuesday 28 - Thursday 30 November 2017
Venue: RCOG, London

Overview
This meeting covers a range of theoretical and practical demonstrations of both diagnostic and operative hysteroscopic surgery. Lectures include current and future developments in hysteroscopic procedures, new energy forms and innovative ambulatory surgery. The role of hysteroscopy in the management of abnormal uterine bleeding and fertility is explored. There is an emphasis on undertaking hysteroscopic procedures in an outpatient setting with guidance on how to provide and develop such services.

Workshops using models and computer-simulated procedures will cover hysteroscopic sterilisation, endometrial polypectomy using bipolar electrodes, mechanical snares and morcellation, submucosal fibroid resection and global endometrial ablation using both hysteroscopic and non-hysteroscopic devices.

During this course you will find ample time for discussion, debate and networking throughout the course of the meeting.

The workshops consist of:
- Delegates will attend a diagnostic hysteroscopy and resection station for the duration of 3 hours. The resection is with either the potato session or heart-model session for the development of diagnostic hysteroscopy skills, endometrial ablation and resection using electrosurgical tools. In addition, there will be an assessment of diagnostic hysteroscopy skills and a station for viewing examples and case studies.
- Rotation around a series of five stations, each of 40 minutes duration, covering skills for endometrial polypectomy, global endometrial ablation and hysteroscopic sterilisation.

Registration for this course includes one day of workshops on either Tuesday 28 or Thursday 30 November and lecture (theoretical component) on Wednesday 29 November.

The workshops run for 4 groups of delegates.
- Groups A and B start at 8.40am and finishes at 5.10pm on Tuesday 28 OR Thursday 30 November

Who Should Attend?
- Trainees in Obstetrics and Gynaecology who are registered or who plan to register for the Benign Gynaecology or Hysteroscopy ATSMs
- Gynaecologists, whether Consultants, Staff Grade, Staff Doctors, Trust Doctors or Associate Specialists, wishing to enhance their hysteroscopy skills
- Nurse Hysteroscopists who are developing their operative hysteroscopy skills
- GPs with a special interest in gynaecology who wish to develop their hysteroscopic skills
After completing the course, you will be able to

- Recognise when and why diagnostic hysteroscopy is appropriate and know how it is safely performed.
- Understand how and when to perform hysteroscopic procedures in an outpatient setting with minimal discomfort.
- Know the principles of setting up an outpatient hysteroscopy service and the role of tariffs.
- Understand the principles and safe use of electrosurgery for hysteroscopic procedures.
- Be familiar with various devices available for performing operative hysteroscopic procedures including endometrial resection and ablation, endometrial polypectomy, fibroid resection and hysteroscopic sterilisation.
- Be aware of the new developments in hysteroscopy and be up to date with the current research in this field.
- Suitable for the theoretical component of the ‘Benign Gynaecological Surgery: Hysteroscopy’ (pre 2011 syllabus) ATSM and ‘Benign Abdominal Surgery: open and laparoscopic’ (January 2011 syllabus) ATSM
- Please note, delegates must attend lectures AND one of the hand-on workshop sessions for ATSM purposes.
- Claim a maximum of 12 CPD credits for full attendance (hands-on session and lectures) at this meeting.

Course Organisers: Miss Mary Connor FRCOG, Sheffield  
Mr Stephen Burrell, Luton

Honorary Director of Conferences: Mr Nick Panay FRCOG, London
Honorary Deputy Director of Conferences: Mr Phil Toozs-Hobson FRCOG, Birmingham
WORKSHOPS
Tuesday 28 or Thursday 30 November

Workshops will take place on either Tuesday 28 or Thursday 30 November. When registering delegates will have the choice of which day they would like to attend.

8.10am REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B

GROUP A – GREEN BADGE

8.40am Workshop 1
Introduction to stations. Delegates will rotate through a series of five stations, each of 40 minutes durations consisting of: hysteroscopic sterilization; endometrial polypectomy with bipolar electrodes; morcellation of small submucosal fibroids and endometrial polyps; global endometrial ablation techniques; endometrial polypectomy with monopolar snares.

There are four delegates per station and they work in pairs.

8.50am STATION 1

9.30am STATION 2

10.10am STATION 3

10.50am REFRESHMENTS

11.10am STATION 4

11.50am STATION 5

12.30pm LUNCH (2 course standing lunch)

1.10pm Workshop 2
Introduction to diagnostic and resection stations

1.30pm PART 1 - Hands-on diagnostic hysteroscopy and case studies or resection stations
The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

3.00pm REFRESHMENTS FOR GROUP A1 – A10
(Refreshments for Group A11 – A20 will be available on a self-service basis throughout the session)

3.10pm PART 2 - Resection stations or hands-on diagnostic hysteroscopy and case studies
Delegates move to the other half of the workshop.

5.10pm CLOSE
PROGRAMME

8.10am  REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B

GROUP B – RED BADGE

8.40am  Workshop 1
Introduction to diagnostic and resection stations

9.00am  PART 1 - Hands-on diagnostic hysteroscopy and case studies/resection stations
The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

10.30am REFRESHMENTS (Refreshment time will be different according to the group:
Group B1–B10 will have their break from 10.30 to 11am; Group B11–B20 will have their break from 10.40 to 11.10am)

11.00am PART 2 - Resection stations or hands-on diagnostic hysteroscopy and case studies
Delegates move to the other half of the workshop.

1.00pm  LUNCH (2 course standing lunch)

1.30pm  Workshop 2
Introduction to stations
Delegates will rotate through a series of five stations, each of 40 minutes durations consisting of: hysteroscopic sterilization; endometrial polypexy with bipolar electrodes; morcellation of small submucosal fibroids and endometrial polyps; global endometrial ablation techniques; endometrial polypectomy with monopolar snares.

There are four delegates per station and they work in pairs.

Refreshments will be available on a self-service basis throughout the sessions.

1.40pm  STATION 1

2.20pm  STATION 2

3.00pm  STATION 3

3.40pm  STATION 4

4.20pm  STATION 5

5.00pm  CLOSE
Wednesday 29 November
LECTURE COURSE

8.30am  REFRESHMENTS and REGISTRATION FOR DELEGATES WHO WILL ATTEND THURSDAY’S WORKSHOP

9.00am  Introduction and aims

Session I: Basic requirements

9.10am  Diagnostic hysteroscopy: when, where and how

9.30am  Analgesia and anaesthesia in ambulatory gynaecology

9.50am  Electricity and operative hysteroscopy

10.10am Complications of diagnostic and operative hysteroscopy

10.30am Discussion

10.40am  REFRESHMENTS

Session II: Keynote lecture I

11.10am The endometrium and its role in AUB

Session III: Developing and funding a hysteroscopy service

11.50am Setting up an outpatient hysteroscopy service (including Tariffs)

Session IV: Reproductive surgery

12.20pm Infertility and the role of hysteroscopy: septa and Asherman’s syndrome

12.50pm Discussion

1.00pm  LUNCH (2 course standing lunch)

Session V: Operative ambulatory hysteroscopy part 1

2.00pm Endometrial ablation - lecture and demonstration with recorded live surgery and discussion

2.30pm Endometrial polypectomy - lecture and demonstration with recorded live surgery and discussion

3.00pm Fibroid resection - lecture and demonstration with recorded live surgery and discussion

3.30pm Discussion
3.40pm  REFRESHMENTS

Session VII: Keynote lecture II

4.10pm  Conscious sedation and hysteroscopy, plus other minor gynaecological procedures

Session VII: Training and Research issues

4.40pm  Training in Hysteroscopy in the UK

5.00pm  Research and new developments in hysteroscopy

5.20pm  Final discussion

5.30pm  CLOSE OF COURSE (FOR DELEGATES WHO ATTENDED TUESDAY’S WORKSHOPS)
        END OF DAY ONE (FOR DELEGATES WHO WILL ATTEND THURSDAY’S WORKSHOPS)