Diagnostic and Operative Hysteroscopy
Joint RCOG/BSGE Meeting

Tuesday 27 – Thursday 29 November 2018
Venue: RCOG, London

Overview
This meeting covers a range of theoretical and practical demonstrations of both diagnostic and operative hysteroscopic surgery. Lectures include current and future developments in hysteroscopic procedures, new energy forms and innovative ambulatory surgery. The role of hysteroscopy in the management of abnormal uterine bleeding and fertility is explored. There is an emphasis on undertaking hysteroscopic procedures in an outpatient setting with guidance on how to optimise and develop such services.

Workshops using models and computer-simulated procedures will cover: endometrial polypectomy using bipolar electrodes, morcellation; endometrial and submucosal fibroid resection; global endometrial ablation using non-hysteroscopic devices.

During this course you will find ample time for discussion, debate and networking throughout the course of the meeting.

The workshops consist of:
- Delegates will attend a diagnostic hysteroscopy and resection station for the duration of 3 hours. There will be a diagnostic hysteroscopy station for developing camera skills and hand-eye coordination and a station for viewing examples and case studies. Resection is with either the potato session or heart-model session for the development of resection and endometrial ablation skills using electrosurgical tools.
- Rotation around a series of five stations each of 40 minutes duration, covering skills for endometrial polypectomy, submucosal fibroid resection and global endometrial ablation.

Registration for this course includes one day of workshops on either Tuesday 27 or Thursday 29 November 2018 and lectures (theoretical component) on Wednesday 28 November 2018.

The workshops run for 4 groups of delegates.
- Groups A and B start at 8.40am and finish at 5.10pm on Tuesday 27 OR Thursday 29 November

Who Should Attend?
- Trainees in Obstetrics and Gynaecology who are registered or who plan to register for the Benign Gynaecology or Hysteroscopy ATSMs
- Gynaecologists, whether Consultants, Staff Grade, Staff Doctors, Trust Doctors or Associate Specialists, wishing to enhance their hysteroscopy skills
- Nurse Hysteroscopists who are developing their operative hysteroscopy skills
- GPs with a special interest in gynaecology who wish to develop their hysteroscopy skills
After completing the course, you will be able to

- Recognise when and why diagnostic hysteroscopy is appropriate and know how it is safely performed.
- Understand how and when to perform hysteroscopic procedures in an outpatient setting with minimal discomfort and when to stop if this cannot be achieved.
- Know the principles of setting up an outpatient hysteroscopy service and the role of tariffs.
- Understand the principles and safe use of electrosurgery for hysteroscopic procedures.
- Be familiar with various devices available for performing operative hysteroscopic procedures including endometrial resection and ablation, endometrial polypectomy, and fibroid resection.
- Be aware of the new developments in hysteroscopy and be up to date with the current research in this field.
- Suitable for the theoretical component of the ‘Benign Gynaecological Surgery: Hysteroscopy’ (pre 2011 syllabus) ATSM and ‘Benign Abdominal Surgery: open and laparoscopic’ (January 2011 syllabus) ATSM.
- Please note, delegates must attend lectures AND one of the hand-on workshop sessions for ATSM purposes.
- Claim a maximum of 12 CPD credits for full attendance (hands-on session and lectures) at this meeting.

**Course Organisers:** Miss Mary Connor FRCOG, Sheffield  
Mr Stephen Burrell MRCOG, Luton

**Honorary Director of Conferences:** Mr Phil Toozs-Hobson FRCOG, Birmingham

**Honorary Deputy Director of Conferences:** Mr Andrew Sizer FRCOG, Shropshire
PROGRAMME

WORKSHOPS
Tuesday 27 or Thursday 29 November 2018

Workshops will take place on either Tuesday 27 or Thursday 29 November. When registering delegates will have the choice of which day they would like to attend.

8.30am REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B

GROUP A – GREEN BADGE

9.00am Workshop 1
Introduction to stations.
Delegates will rotate through a series of five stations each of 40 minutes duration consisting of: endometrial polypectomy with bipolar electrodes; morcellation of small submucosal fibroids and endometrial polyps; global endometrial ablation techniques.

There are four delegates per station and they work in pairs.

9.10am STATION 1

9.50am STATION 2

10.30am STATION 3

11.10am REFRESHMENTS

11.30am STATION 4

12.10pm STATION 5

12.50pm LUNCH (2 course standing lunch)

1.30pm Workshop 2
Introduction to diagnostic and resection stations

1.50pm PART 1 - Hands-on diagnostic hysteroscopy, case studies and resection stations
The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

3.10pm REFRESHMENTS FOR GROUP A1 – A10
(Refreshments for Group A11 – A20 will be available on a self-service basis throughout the session)

3.30pm PART 2 - Resection stations, hands-on diagnostic hysteroscopy and case studies
Delegates move to the other half of the workshop.

5.30pm CLOSE
PROGRAMME

8.30am  REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B

GROUP B – RED BADGE

8.50am  Workshop 1
Introduction to diagnostic and resection stations

9.10am  PART 1 - Hands-on diagnostic hysteroscopy, case studies and resection stations
The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

10.30am  REFRESHMENTS (Refreshment time will be different according to the group:
Group B1–B10 will have their break from 10.30 to 11am; Group B11–B20 will have their break from 10.40 to 11.10am)

10.50am  PART 2 - Resection stations, hands-on diagnostic hysteroscopy and case studies
Delegates move to the other half of the workshop.

12.50pm  LUNCH (2 course standing lunch)

1.50pm  Workshop 2
Introduction to stations
Delegates will rotate through a series of five stations each of 40 minutes duration consisting of: endometrial polypectomy with bipolar electrodes; morcellation of small submucosal fibroids and endometrial polyps; global endometrial ablation techniques.

There are four delegates per station and they work in pairs.

Refreshments will be available on a self-service basis throughout the sessions.

2.00pm  STATION 1

2.40pm  STATION 2

3.20pm  STATION 3

4.00pm  REFRESHMENTS

4.20pm  STATION 4

5.00pm  STATION 5

5.40pm  CLOSE
PROGRAMME

Wednesday 28 November 2018

LECTURES

8.30am   REFRESHMENTS and REGISTRATION FOR DELEGATES WHO WILL ATTEND THURSDAY’S WORKSHOP

9.00am   Introduction and aims
          Miss Mary Connor, Consultant Gynaecologist, Jessop Wing, Royal Hallamshire Hospital, Sheffield

Session I: Basic requirements
Chair: Miss Shilpa Kolhe, Consultant Obstetrician and Gynaecologist, Lead Consultant for Ambulatory Gynaecology, Royal Derby Hospital

9.10am   Diagnostic hysteroscopy: when, where and how
          Mr Stephen Burrell, Consultant Obstetrician and Gynaecologist, Luton and Dunstable Hospital NHS Foundation Trust

9.30am   Analgesia and anaesthesia in ambulatory gynaecology
          Dr Suzanne Peatman, Consultant Obstetrician and Gynaecologist, South Tees Hospitals NHS Foundation Trust

9.50am   Electricity and operative hysteroscopy
          Dr Martin Farrugia, Consultant Gynaecologist, Spencer Private Hospitals, Ashford and Margate

10.10am  Complications of diagnostic and operative hysteroscopy
          Miss Mary Connor

10.30am  Discussion

10.40am  REFRESHMENTS (reduce to 20 minutes)

Session II: Keynote lecture I
Chair: Professor Justin Clark, Consultant Obstetrician and Gynaecologist, Birmingham Women’s Hospital

11.00am  The Caesarean Niche: diagnosis and management of associated problems
          Professor Dr Judith Huirne, Head Department Gynaecology and Minimal Invasive Surgery, University Medical Centre, Vrije Universiteit Medical Centre, Amsterdam

Session III: Developing and funding a hysteroscopy service
Chair: Miss Mary Connor

11.40am  Setting up an outpatient hysteroscopy service (including Tariffs)
          Miss Natasha Waters, Consultant Obstetrician and Gynaecologist, Western Sussex Hospitals NHS Trust

12.05pm  Discussion
PROGRAMME

Session IV: Reproductive surgery
Chair: Mr Stephen Burrell

12.10pm  Infertility and the role of hysteroscopy: septa and Asherman’s syndrome
Mr Mostafa Metwally, Consultant Gynaecologist, Jessop Wing, Royal Hallamshire Hospital, Sheffield

12.35pm  Discussion

12.40pm  LUNCH (2 course standing lunch)

Session V: Operative ambulatory hysteroscopy part 1
Chair: Miss Mary Connor

1.40pm  Endometrial ablation - lecture and demonstration with recorded live surgery
Professor Justin Clark

2.10pm  Endometrial polypectomy - lecture and demonstration with recorded live surgery
Dr Junny Chan, Consultant Obstetrician and Gynaecologist, University Hospitals of North Midlands NHS Trust, Stoke on Trent

2.40pm  Fibroid resection - lecture and demonstration with recorded live surgery
Dr Amelia Davison, Consultant Obstetrician and Gynaecologist, Homerton University, London

2.50pm  Discussion

3.00pm  REFRESHMENTS

Session VII: Keynote lecture II
Chair: Mr Stephen Burrell

3.20pm  Rationale and implementation of the new NICE HMB guidelines
Professor Justin Clark

Session VII: Training and Research issues
Chair: Miss Mary Connor

4.20pm  Training in hysteroscopy in the UK
Miss Shilpa Kolhe

4.40pm  Research and new developments in hysteroscopy
Dr Paul Smith, Research Fellow, Institute of Metabolism and Systems Research, College of Medical and Dental Sciences, University of Birmingham

5.00pm  Final discussion

5.10pm  CLOSE OF COURSE (FOR DELEGATES WHO ATTENDED TUESDAY’S WORKSHOPS)
END OF DAY ONE (FOR DELEGATES WHO WILL ATTEND THURSDAY’S WORKSHOPS)
Workshop Faculty

- Mrs Jane Allen
- Ms Sonia Chachan
- Dr Junny Chan
- Miss Manisha Chandra, Consultant Obstruction and Gynaecologist, Frimley Park Hospital
- Dr Lotte Clevin, Senior Consultant, University Hospital of Copenhagen, Denmark
- Dr Chellappah Gnanachandran, Consultant Gynaecologist, Northampton General Hospital
- Dr Mary Esmoyt
- Dr Martin Farugia
- Dr Camilla Gangoo, ST6 Registrar Obstetrics and Gynaecology; Luton and Dunstable University Hospital
- Ms Neena Garg
- Dr Roshni George, Consultant Gynaecologist, St Mary’s Hospital, Manchester
- Mrs Claudia Hardy
- Ms Heather Hudson
- Dr Judith Huirne
- Mr Sumit Kar
- Dr Shilpa Kolhe
- Ms Neeraja Kurba, Consultant, Norfolk and Norwich University Hospital
- Mr Raphael Laiyemo, Consultant Obstetrician and Gynaecologist, King Mill Hospital, Sutton-in-Ashfield
- Dr Priya Madhuvrata, Consultant Gynaecologist, Jessop Wing, Sheffield
- Ms Kristina Naidoo
- Mr Ali Oudai
- Ms Rose Marie Orton, Nurse Hysteroscopist, Luton and Dunstable University Hospital
- Miss Asmita Patwardhan
- Dr Suzanne Peatman
- Mr Robert Richardson, Consultant Gynaecological Surgeon, Chelsea and Westminster NHS Foundation Trust, London
- Mr Paul Smith
- Ms Shalini Srivastava
- Mr Yatin Thakur
- Mr Sameer Umranikar
- Ms Cinzia Voltolina, Consultant Obstetrician and Gynaecologist, East Surrey Hospital, Redhill
- Mr Waleed Yousef