



Diagnostic and Operative Hysteroscopy

Joint RCOG/BSGE Meeting

Tuesday 24 – Thursday 26 September 2019

Venue: RCOG, London

Overview

This meeting covers a range of theoretical and practical demonstrations of both diagnostic and operative hysteroscopic surgery. Lectures include current and future developments in hysteroscopic procedures, new energy forms and innovative ambulatory surgery. The role of hysteroscopy in the management of abnormal uterine bleeding and fertility is explored. There is an emphasis on undertaking hysteroscopic procedures in an outpatient setting with guidance on how to optimise and develop such services.

Workshops using models and computer-simulated procedures will cover diagnostic hysteroscopy; endometrial polypectomy using mechanical instruments including fine scissors, graspers and hysteroscopic tissue shavers; resection of endometrium and submucosal fibroids; global endometrial ablation using non-hysteroscopic devices.

During this course you will find ample time for discussion, debate and networking throughout the course of the meeting.

The workshops consist of:

- Delegates will attend a diagnostic hysteroscopy and resection station for the duration of 3 hours. There will be a diagnostic hysteroscopy station for developing camera skills and hand-eye co-ordination and a station for viewing examples and case studies. Resection is with either the **potato or heart-model** for the development of resection and endometrial ablation skills using electrosurgical tools.
- Rotation around a series of **five stations** each of 40 minutes duration, covering skills for endometrial polypectomy, submucosal fibroid resection and global endometrial ablation.

Registration for this course includes one day of workshops on either Tuesday 24 or Thursday 26 September 2019 and lectures (theoretical component) on Wednesday 25 September 2019.

The workshops run for 4 groups of delegates.

- **Groups A and B** start at slightly different times (9.00 am or 8.50am) but please arrive at **8.30am** to clarify which group you are in. Both groups finish at **5.30pm** on **Tuesday 24 OR Thursday 26 September**

Who Should Attend?

- Trainees in Obstetrics and Gynaecology who are registered or who plan to register for the Benign Gynaecology or Hysteroscopy ATSMs
- Gynaecologists, whether Consultants, Staff Grade, Staff Doctors, Trust Doctors or Associate Specialists, wishing to enhance their hysteroscopy skills
- Nurse Hysteroscopists who are developing their operative hysteroscopy skills
- GPs with a special interest in gynaecology who wish to develop their hysteroscopy skills



After completing the course, you will be able to

- Recognise when and why diagnostic hysteroscopy is appropriate and know how it is safely performed.
- Understand how and when to perform hysteroscopic procedures in an outpatient setting with minimal discomfort and when to stop if this cannot be achieved.
- Know the principles of setting up an outpatient hysteroscopy service and the role of tariffs.
- Understand the principles and safe use of electrosurgery for hysteroscopic procedures.
- Be familiar with various devices available for performing operative hysteroscopic procedures including endometrial resection and ablation, endometrial polypectomy, and fibroid resection.
- Be aware of the new developments in hysteroscopy and be up to date with the current research in this field
- Suitable for the theoretical component of the 'Benign Gynaecological Surgery: Hysteroscopy' (pre 2011 syllabus) ATSM and 'Benign Abdominal Surgery: open and laparoscopic' (January 2011 syllabus) ATSM
- Please note, delegates must attend lectures AND one of the hand-on workshop sessions for ATSM purposes
- Claim a maximum of 12 CPD credits for full attendance (hands-on session and lectures) at this meeting

Course Organisers:

Miss Mary Connor FRCOG, Sheffield
Mr Stephen Burrell MRCOG, Luton

Honorary Director of Conferences: Mr Phil Tooze-Hobson FRCOG, Birmingham

Honorary Deputy Director of Conferences: Mr Andrew Sizer FRCOG, Shrewsbury



PROGRAMME

WORKSHOPS

Tuesday 24 or Thursday 26 September 2019

Workshops will take place on either Tuesday 24 or Thursday 26 September. When registering delegates will have the choice of which day they would like to attend.

8.30am *REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B*

GROUP A – GREEN BADGE

9.00am **Workshop 1**

Introduction to stations.

Delegates will rotate through a series of five stations each of 40 minutes duration consisting of: endometrial polypectomy with scissors and graspers; morcellation of small submucosal fibroids and endometrial polyps (three stations); global endometrial ablation techniques

There are four delegates per station and they work in pairs.

9.10am **STATION 1**

9.50am **STATION 2**

10.30am **STATION 3**

11.10am *REFRESHMENTS*

11.30am **STATION 4**

12.10pm **STATION 5**

12.50pm *LUNCH (2 course standing lunch)*

1.30pm **Workshop 2**

Introduction to diagnostic and resection stations

1.50pm **PART 1 - Hands-on diagnostic hysteroscopy, case studies and resection stations**

The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

3.10pm *REFRESHMENTS FOR GROUP A1 – A10*

(Refreshments for Group A11 – A20 will be available on a self-service basis throughout the session)

3.30pm **PART 2 - Resection stations, hands-on diagnostic hysteroscopy and case studies**

Delegates move to the other half of the workshop.

5.30pm CLOSE



Royal College of
Obstetricians &
Gynaecologists

90

PROGRAMME

8.30am REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B

GROUP B – RED BADGE

8.50am **Workshop 1**

Introduction to diagnostic and resection stations

9.10am **PART 1 - Hands-on diagnostic hysteroscopy, case studies and resection stations**

The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

10.30am

*REFRESHMENTS (Refreshment time will be different according to the group: **Group B1–B10** will have their break from 10.30 to 11am; **Group B11–B20** will have their break from 10.40 to 11.10am)*

10.50am

PART 2 - Resection stations, hands-on diagnostic hysteroscopy and case studies

Delegates move to the other half of the workshop.

12.50pm

LUNCH (2 course standing lunch)

1.40pm

Workshop 2

Introduction to stations

Delegates will rotate through a series of five stations each of 40 minutes duration consisting of: endometrial polypectomy with scissors and graspers; morcellation of small submucosal fibroids and endometrial polyps (three stations); global endometrial ablation techniques.

There are four delegates per station and they work in pairs.

Refreshments will be available on a self-service basis throughout the sessions.

1.50pm

STATION 1

2.30pm

STATION 2

3.10pm

STATION 3

3.50pm

REFRESHMENTS

4.10pm

STATION 4

4.50pm

STATION 5

5.30pm

CLOSE



PROGRAMME

Wednesday 25 September 2019

LECTURES

8.30am *REFRESHMENTS and REGISTRATION FOR DELEGATES WHO WILL ATTEND THURSDAY'S WORKSHOP*

9.00am **Introduction and aims**

Miss Mary Connor, Consultant Gynaecologist, Jessop Wing, Royal Hallamshire Hospital, Sheffield

Session I: Basic requirements

Chair: Miss Shilpa Kolhe, Consultant Obstetrician and Gynaecologist, Lead Consultant for Ambulatory Gynaecology, Royal Derby Hospital

9.10am **Diagnostic hysteroscopy: when, where and how**

Mr Stephen Burrell, Consultant Obstetrician and Gynaecologist, Luton and Dunstable Hospital NHS Foundation Trust

9.30am **Analgesia and anaesthesia in ambulatory gynaecology**

Dr Suzanne Peatman, Consultant Obstetrician and Gynaecologist, South Tees Hospitals NHS Foundation Trust

9.50am **Electricity and operative hysteroscopy**

Miss Mary Connor

10.10am **Complications of diagnostic and operative hysteroscopy**

Dr Junny Chan, Consultant Obstetrician and Gynaecologist, University Hospitals of North Midlands NHS Trust, Stoke on Trent

10.30am **Discussion**

10.40am *REFRESHMENTS*

Session II: Keynote lecture I

Chair: Professor Justin Clark, Consultant Obstetrician and Gynaecologist, Birmingham Women's Hospital

11.00am **Subtle lesions detected at hysteroscopy in infertile women**

Mr Attilio Di Spiezio Sardo, Associate Professor, Department of Neuroscience and Reproductive and Reproductive Odontostomatological Sciences, University of Naples "Federico II", Italy

Session III: Developing and funding a hysteroscopy service

Chair: Miss Mary Connor

11.40am **Setting up an outpatient hysteroscopy service (including Tariffs)**

Miss Shilpa Kolhe

12.05pm **Discussion**



PROGRAMME

Session IV: Reproductive surgery

Chair: Mr Stephen Burrell

- 12.10pm **Infertility and the role of hysteroscopy: septa and Asherman's syndrome**
Mr Mostafa Metwally, Consultant Gynaecologist, The Jessop Wing and Royal Hallamshire Hospital, Sheffield
- 12.35pm **Discussion**
- 12.40pm *LUNCH (2 course standing lunch)*

Session V: Operative ambulatory hysteroscopy part 1

Chair: Miss Mary Connor

- 1.40pm **Endometrial ablation - lecture and demonstration with recorded live surgery**
Professor Justin Clark
- 2.10pm **Endometrial polypectomy - lecture and demonstration with recorded live surgery**
Miss Mary Connor
- 2.40pm **Fibroid resection - lecture and demonstration with recorded live surgery**
Dr Amelia Davison, Consultant Obstetrician and Gynaecologist, Homerton University, London
- 3.10pm **Discussion**
- 3.20pm *REFRESHMENTS*

Session VII: Keynote lecture II

Chair: Miss Mary Connor

- 3.50pm **Hysteroscopic Challenges and their Management**
Mr Stephen Burrell

Session VII: Training and Research issues

Chair: Mr Stephen Burrell

- 4.20pm **Training in hysteroscopy in the UK**
Miss Shilpa Kolhe
- 4.40pm **Research and new developments in hysteroscopy**
Dr Paul Smith, Research Fellow, Institute of Metabolism and Systems Research, College of Medical and Dental Sciences, University of Birmingham
- 5.00pm **Final discussion**
- 5.10pm *CLOSE OF COURSE (FOR DELEGATES WHO ATTENDED TUESDAY'S WORKSHOPS)*
END OF DAY ONE (FOR DELEGATES WHO WILL ATTEND THURSDAY'S WORKSHOPS)

PROGRAMME

Workshop Faculty

- Miss Ghadah Ahson, Clinical Director Gynaecology, Lister East and North Hertfordshire Hospitals
- Dr Liza Ball
- Mr Paul Bhattacharjee
- Dr Paul Bulmer
- Ms Manisha Chandra, Consultant Obstruction and Gynaecologist, Frimley Park Hospital
- Dr Junny Chan
- Dr Natalie Cooper
- Dr Lotte Clevin, Senior Consultant, University Hospital of Copenhagen, Denmark
- Dr Amelia Davison
- Mr Stewart Disu
- Mr Bart De Vree, Ziekenhuis Netwerk Antwerpen, campus Middelheim, Antwerpen, Belgium
- Ms Mary Esmoyt
- Ms Neena Garg, Consultant Obstetrician and Gynaecologist, Frimley Park Hospital
- Miss Ronnie George
- Miss Mary Goodin, ST6 trainees, Hysteroscopy ATSM, East and North Hertfordshire Hospital, Stevenage
- Dr Claudia Hardy
- Mr Sumit Kar
- Dr Shilpa Kolhe
- Dr Monika Oktaba, Consultant Gynaecologist, Liverpool Women's Hospital NHS Trust
- Dr Priya Madhuvrata
- Mr Montasser Mahran, Consultant Obstetrician and Gynecologist, Bedford Hospital
- Dr Monika Oktaba
- Ms Rose Orton, Nurse Hysteroscopist, Luton and Dunstable University Hospital
- Dr Suzanne Peatman
- Mr Robert Richardson, Consultant Gynaecological Surgeon, Chelsea and Westminster NHS Foundation Trust, London
- Dr Aamena Salar, GP Laurie Pike Health Centre, Aston
- Dr Anupama Shahid, Consultant Obstetrician and Gynaecologist, Barts Health NHS Trust, London
- Mr Rohit Sharma, Consultant Obstetrician and Gynaecologist, Ipswich Hospital
- Mr Siya Sharma
- Dr Vidya Shirol, Consultant Obstetrician and Gynaecologist, Frimley Health NHS Foundation Trust
- Ms Gillian Smith, Nurse Consultant, Northampton General Hospital NHS Trust
- Dr Paul Smith
- Ms Shalini Srivastava, Consultant Obstetrician and Gynaecologist, East Surrey Hospital, Redhill
- Miss Medha Sule, Consultant Gynaecologist, Norfolk and Norwich University Hospital
- Mr Sameer Umranikar, Consultant, Southampton University Hospitals, NHS Trust
- Ms Cinzia Voltotina, Consultant Obstetrician and Gynaecologist, East Surrey Hospital, Redhill
- Mr Waleed Yousef, East Sussex Healthcare NHS Trust