

# **Benign Abdominal Surgery – The Challenges of Benign Gynaecological Surgery Hands-on Practical Course on Essential skills for Laparoscopic Hysterectomy**

*Joint RCOG/BSGE Meeting*

**Monday 14 – Wednesday 16 September 2020**

**Venue: RCOG, London**

## **Programme – Monday 14 September**

8.30am      REGISTRATION AND REFRESHMENTS

8.55am      **Welcome and aims of the meeting**

### **Session I: Basic principles**

9.00am      **Pelvic surgical anatomy**

9.20am      **Laparoscopic entry and diagnostic laparoscopy**

9.40am      **Theatre set up, Ergonomics and equipment**

10.00am     **Electrosurgery – safety and application in practice**

10.20am     REFRESHMENTS

### **Session II: Hysterectomy**

10.50am     **Techniques in performing open hysterectomy**

11.10am     **Techniques in performing laparoscopic hysterectomy**

11.30am     **Panel of experts – Hysterectomy**

Delegates will have the option to bring their own cases for discussion

12.00pm     LUNCH

## Programme – Monday 14 September

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### **Session III: Adnexal Surgery**

1.00pm      **Ovarian pathology and its management**

1.20pm      **Managing pelvic abscess**

1.40pm      **Ectopic pregnancy**

2.00pm      **Specimen retrieval**

### **Session IV: Endometriosis**

2.20pm      **Managing the woman with pelvic pain**

2.40pm      **Mild to moderate endometriosis**

3.00pm      **Severe endometriosis**

3.20pm      REFRESHMENTS

### **Session V: Tips and tricks Laparoscopy and Laparotomy**

3.50pm      **Keeping the ureter and bladder safe**

4.10pm      **Uterine Manipulation, Colpotomy and Vault closure**

4.30pm      **Opening/ Closing the abdomen**

4.50pm      **Minimising complications at open surgery**

5.10pm      CLOSE

## Programme – Tuesday 15 September

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8.30am REGISTRATION AND REFRESHMENTS

### **Session VI: Fibroids**

9.00am **Surgical steps for performing safe myomectomy (including morcellation)**

9.20am **Hysteroscopic management of fibroids**

9.40am **Fertility and fibroids - the evidence**

10.00am REFRESHMENTS

### **Session VII: Recognising and managing complications**

10.30am **Vascular injury and haemorrhage**

10.50am **Bladder and ureteric injuries and their management**

11.10am **Bowel injury and its management**

11.30am **Management of post operative complications**

### **Session VIII: Key Lecture**

11.50am **Teaching retroperitoneal anatomy**

12.20pm LUNCH

## Programme – Tuesday 15 September

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### **Session IX: Benign surgery for the challenging patient**

- 1.20pm      **Management of the challenging surgical patient - high BMI**
- 1.40pm      **Multiple surgery and adhesions**
- 2.00pm      **Anaesthetic considerations in gynaecological laparoscopic surgery**
- 2.20pm      REFRESHMENTS

### **Session X: The patient journey – Doing the right thing?**

#### **Expert Panel**

- 2.50pm      **Endometriosis**
- 3.35pm      **Heavy Menstrual Bleeding**
- 4.20pm      CLOSE

## Programme – Wednesday 16 September

8.00am REGISTRATION AND REFRESHMENTS

8.30am **Distribution, allocation of groups and debrief of delegates**

Delegates will be divided in to four groups and each group will complete the below stations at the allocated times. Station 1 will last for 2 hours and Station 2 and 3 will be 1 hour each and groups will rotate. There will be two stations in the afternoon each lasting 1 hour.

	<b>Station 1 Laparoscopic Suturing (SUTT)</b>	<b>Station 1 Laparoscopic Suturing (SUTT)</b>	<b>Station 2 Laparoscopic pelvic side wall dissection + Ureterolysis</b>	<b>Station 3 Stack System + Instruments + Videos on Hysterectomy</b>
9.00am	<b>Group A</b>	<b>Group B</b>	<b>Group C</b>	<b>Group D</b>
10.00am			<b>Group D</b>	<b>Group C</b>
11.00am	<b>REFRESHMENTS</b>			
11.30am	<b>Group C</b>	<b>Group D</b>	<b>Group A</b>	<b>Group B</b>
12.30pm			<b>Group B</b>	<b>Group A</b>
1.30pm	<b>LUNCH</b>			
	<b>Station 4 Colpotomy</b>	<b>Station 4 Morcellation</b>	<b>Station 5 Vault closure</b>	
2.20pm	<b>Group A</b>	<b>Group B</b>	<b>Group C and Group D</b>	
2.55pm	<b>Group B</b>	<b>Group A</b>		
3.30pm	<b>Group C</b>	<b>Group D</b>	<b>Group A and Group B</b>	
4.05pm	<b>Group D</b>	<b>Group C</b>		
4.40pm	<b>Discussion / Feedback</b>			
5.00pm	<b>CLOSE</b>			