



Royal College of  
Obstetricians &  
Gynaecologists

# Post Reproductive Health

*Joint RCOG/BMS Meeting*

**Wednesday 28 – Thursday 29 October 2020**

**Venue: Online**

## Programme – Wednesday 28 October

9.00am **Welcome and introduction**  
Mr Nick Panay, Past Chairman, British Menopause Society; Consultant Gynaecologist, Imperial College and Chelsea and Westminster Hospitals

9.05am **COVID - 19: impact on menopause care and wider healthcare provision**  
Professor Chris Whitty, Chief Medical Officer

9.35am **Q&A**

### **Session I: Perimenopause and the menopausal transition**

Chair: Mr Mike Savvas, Consultant Gynaecologist, King's College Hospital, London

9.40am **The perimenopause: Presentation and management**  
Dr Heather Currie, Associate Specialist Gynaecologist; Immediate past Chair British Menopause Society, Dumfries and Galloway Royal Infirmary

10.05am **Urogenital Prolapse: Assessment and management options**  
Professor Linda Cardozo, Professor Urogynaecology, King's College Hospital, London

10.30am **Panel Q&A**

10.40am **Break**

## Programme – Wednesday 28 October

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### Session II: Menopause symptom management

Chair: Mr Nick Panay

- 11.00am      **Systemic and topical androgens in managing menopausal women**  
Mr Mike Savvas
- 11.25am      **Treatment options for urogenital atrophy: preparations, dose and duration**  
Mr Tim Hillard, Consultant Obstetrician and Gynaecologist, Poole Hospital NHS Foundation Trust
- 11.50am      **Neurokinin 3 receptor antagonists and management of vasomotor symptoms**  
Dr Julia Prague, Imperial College London
- 12.15pm      **Panel Q&A**
- 12.30pm      **Break**

### Session III: Breast cancer

Chair: Mr Haitham Hamoda, Consultant Gynaecologist, King's College Hospital, London

- 1.10pm      **HRT and breast cancer**  
Ms Jo Marsden, Consultant Breast Surgeon, Medical Advisory Council, British Menopause Society
- 1.35pm      **HRT and breast cancer: understanding and communicating risk**  
Mr Hugo Pedder, Statistician, University of Bristol
- 2.00pm      **Management of menopausal symptoms in women with breast cancer**  
Mr Mike Marsh, Consultant Obstetrician and Gynaecologist, King's College Hospital, London
- 2.25pm      **Panel Q&A**
- 2.40pm      **Break**

## Programme – Wednesday 28 October

3.00pm **Session IV: Breakout sessions**

	<b>Session 1: Practical HRT prescribing Miss Lynne Robinson</b>	<b>Session 2: PCOS: health implications Dr Jyotsna Pundir</b>	<b>Session 3: Breast care: Practical aspects of management / Interactive session Ms Jo Marsden</b>	<b>Session 4: Contraception in peri-menopausal women Mr Ali Kubba</b>
3.00pm	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
3.45pm	<b>Rotations</b>			
4.00pm	<b>Group 2</b>	<b>Group 1</b>	<b>Group 4</b>	<b>Group 3</b>
4.45pm	<b>Summary and Close</b>			

## Programme – Thursday 29 October

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### **Session V: Long-term effects**

Chair: Mr Nick Panay

- 9.00am      **HRT and the cardiovascular timing hypothesis**  
Dr John Stevenson, Consultant Physician and Reader, Royal Brompton Hospital London
- 9.25am      **Menopause, osteoporosis and HRT**  
Professor David Reid, Consultant Rheumatologist and Osteoporosis Specialist
- 9.50am      **HRT and thrombosis**  
Professor Roopen Arya, Professor of Thrombosis and Haemostasis, King's College Hospital, London

10.15am     **Panel Q&A**

10.30am     **Break**

### **Session VI: Hormones and co-morbidities**

Chair: Mr Haitham Hamoda

- 10.50am     **Management of menopause in women with history of endometriosis**  
Mr Ertan Saridogan, Consultant in Reproductive Medicine and Minimal Access Surgery, University College London Hospital
- 11.15am     **Headaches, migraines and HRT**  
Professor Anne MacGregor, Centre for Neuroscience and Trauma, Blizard Institute of Cell and Molecular Science, Barts and the London School of Medicine and Dentistry
- 11.40am     **Perimenopausal bleeding: Assessment and management**  
Mr Davor Jurokovic, Consultant Gynaecologist, University College Hospital, London
- 12.05pm     **PMS / PMDD**  
Mr Nick Panay
- 12.30pm     **Panel Q&A**
- 12.50pm     **Break**

## Programme – Thursday 29 October

### Session VIII: Premature Ovarian Insufficiency (POI)

Chair: Mr Mike Savvas

- 1.30pm **POI: Health implications and management**  
Mr Haitham Hamoda
- 1.50pm **Elective oocyte cryopreservation and ovarian tissue cryopreservation to delay the menopause**  
Professor Richard Anderson, Elsie Ingilis Professor of Clinical Reproductive University of Edinburgh
- 2.15pm **Panel Q&A**
- 2.25pm **Break**
- 2.45pm **Session IV: Breakout sessions**

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