Diagnostic and Operative Hysteroscopy
Joint RCOG/BSGE Meeting

Tuesday 29 November - Thursday 1 December 2016
Venue: RCOG, London

Overview
This meeting covers a range of theoretical and practical demonstrations of both diagnostic and operative hysteroscopic surgery. Lectures include current and future developments in hysteroscopic procedures, new energy forms and innovative ambulatory surgery. The role of hysteroscopy in the management of abnormal uterine bleeding and fertility is explored. There is an emphasis on undertaking hysteroscopic procedures in an outpatient setting with guidance on how to provide and develop such services.

Workshops using models and computer-simulated procedures will cover hysteroscopic sterilisation, endometrial polypectomy using bipolar electrodes, mechanical snares and morcellation, submucosal fibroid resection and global endometrial ablation using both hysteroscopic and non-hysteroscopic devices.

During this course you will find ample time for discussion, debate and networking throughout the course of the meeting.

The workshops consist of:
- Delegates will attend a diagnostic hysteroscopy and resection station for the duration of 3 hours. The resection is with either the potato session or heart-model session for the development of diagnostic hysteroscopy skills, endometrial ablation and resection using electrosurgical tools. In addition, there will be an assessment of diagnostic hysteroscopy skills and a station for viewing examples and case studies.
- Rotation around a series of five stations, each of 40 minutes duration, covering skills for endometrial polypectomy, global endometrial ablation and hysteroscopic sterilisation.

Registration for this course includes one day of workshops on either Tuesday 29 November or Thursday 1 December and lecture (theoretical component) on Wednesday 30 November.

The workshops run for 4 groups of delegates.
- Groups A and B start at 8.40am and finishes at 5.10pm on Tuesday 29 November OR Thursday 1 December

Who Should Attend?
- Trainees in Obstetrics and Gynaecology who are registered or who plan to register for the Benign Gynaecology or Hysteroscopy ATSMs
- Gynaecologists, whether Consultants, Staff Grade, Staff Doctors, Trust Doctors or Associate Specialists, wishing to enhance their hysteroscopy skills
- Nurse Hysteroscopists who are developing their operative hysteroscopy skills
- GPs with a special interest in gynaecology who wish to develop their hysteroscopic skills
After completing the course, you will be able to
- Recognise when and why diagnostic hysteroscopy is appropriate and know how it is safely performed.
- Understand how and when to perform hysteroscopic procedures in an outpatient setting with minimal discomfort.
- Know the principles of setting up an outpatient hysteroscopy service and the role of tariffs.
- Understand the principles and safe use of electrosurgery for hysteroscopic procedures.
- Be familiar with various devices available for performing operative hysteroscopic procedures including endometrial resection and ablation, endometrial polypectomy, fibroid resection and hysteroscopic sterilisation.
- Be aware of the new developments in hysteroscopy and be up to date with the current research in this field.
- Suitable for the theoretical component of the ‘Benign Gynaecological Surgery: Hysteroscopy’ (pre 2011 syllabus) ATSM and ‘Benign Abdominal Surgery: open and laparoscopic’ (January 2011 syllabus) ATSM
- Please note, delegates must attend lectures AND one of the hand-on workshop sessions for ATSM purposes
- Claim a maximum of 12 CPD credits for full attendance (hands-on session and lectures) at this meeting

Course Organisers: Miss Mary Connor FRCOG, Sheffield
Mr Stephen Burrell, Luton

Honorary Director of Conferences: Mr Nick Panay MRCOG, London
WORKSHOPS
Tuesday 29 November or Thursday 1 December

Workshops will take place on either Tuesday 29 November or Thursday 1 December. When registering delegates will have the choice of which day they would like to attend.

8.10am  \textit{REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B}

\textbf{GROUP A – GREEN BADGE}

8.40am  \textbf{Workshop 1}
\textbf{Introduction to stations.}
Delegates will rotate through a series of five stations, each of 40 minutes durations consisting of: hysteroscopic sterilization; endometrial polypectomy with bipolar electrodes; morcellation of small submucosal fibroids and endometrial polyps; global endometrial ablation techniques; endometrial polypectomy with monopolar snare.

There are four delegates per station and they work in pairs.

8.50am  \textbf{STATION 1}

9.30am  \textbf{STATION 2}

10.10am  \textbf{STATION 3}

10.50am  \textbf{REFRESHMENTS}

11.10am  \textbf{STATION 4}

11.50am  \textbf{STATION 5}

12.30pm  \textbf{LUNCH (2 course standing lunch)}

1.10pm  \textbf{Workshop 2}
\textbf{Introduction to diagnostic and resection stations}

1.30pm  \textbf{PART 1 - Hands-on diagnostic hysteroscopy and case studies or resection stations}
\textit{The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.}

3.00pm  \textbf{REFRESHMENTS FOR GROUP A1 – A10}
(Refreshments for Group A11 – A20 will be available on a self-service basis throughout the session)

3.10pm  \textbf{PART 2 - Resection stations or hands-on diagnostic hysteroscopy and case studies}
\textit{Delegates move to the other half of the workshop.}

5.10pm  \textbf{CLOSE}
PROGRAMME

8.10am  REGISTRATION AND REFRESHMENTS FOR GROUPS A AND B

GROUP B – RED BADGE

8.40am  Workshop 1
Introduction to diagnostic and resection stations

9.00am  PART 1 - Hands-on diagnostic hysteroscopy and case studies/resection stations
The workshop is divided into three sections with a refreshment break. Delegates will work in pairs and will work through each of the sections during the time available.

10.30am REFRESHMENTS (Refreshment time will be different according to the group:
Group B1–B10 will have their break from 10.30 to 11am; Group B11–B20 will have their break from 10.40 to 11.10am)

11.00am PART 2 - Resection stations or hands-on diagnostic hysteroscopy and case studies
Delegates move to the other half of the workshop.

1.00pm  LUNCH (2 course standing lunch)

1.30pm  Workshop 2
Introduction to stations
Delegates will rotate through a series of five stations, each of 40 minutes durations consisting of: hysteroscopic sterilization; endometrial polypectomy with bipolar electrodes; morcellation of small submucosal fibroids and endometrial polyps; global endometrial ablation techniques; endometrial polypectomy with monopolar snares.

There are four delegates per station and they work in pairs.

Refreshments will be available on a self-service basis throughout the sessions.

1.40pm  STATION 1

2.20pm  STATION 2

3.00pm  STATION 3

3.40pm  STATION 4

4.20pm  STATION 5

5.00pm  CLOSE
Wednesday 30 November
LECTURE COURSE

8.30am  REFRESHMENTS and REGISTRATION FOR DELEGATES WHO WILL ATTEND THURSDAY’S WORKSHOP

9.00am  Introduction and aims
Miss Mary Connor, Consultant Gynaecologist, Jessop Wing, Royal Hallamshire Hospital, Sheffield

Session I: Basic requirements
Chair: Miss Mary Connor

9.10am  Diagnostic hysteroscopy: when, where and how
Mr Stephen Burrell, Consultant Obstetrician and Gynaecologist, Luton and Dunstable Hospital NHS Foundation Trust

9.30am  Complications of diagnostic and operative hysteroscopy
Mr Sameer Umranikar, Consultant, Southampton University Hospitals NHS Trust

9.50am  Electricity and operative hysteroscopy
Dr Martin Farrugia, Consultant Obstetrician and Gynaecologist, East Kent Hospitals University NHS Foundation Trust, Canterbury

Session II: Keynote lecture I
Chair: Professor Justin Clark, Consultant Obstetrician and Gynaecologist, Birmingham Women’s Hospital

10.10am  Optimising the outpatient experience.
Mrs Katharine Tylko-Hill, Macmillan CANCERVoice
Miss Mary Connor

10.50am  REFRESHMENTS

Session III: Developing and funding a hysteroscopy service
Chair: Mr Stephen Burrell

11.20am  Setting up an outpatient hysteroscopy service (including Tariffs)
Dr Natasha Waters, Consultant Obstetrician and Gynaecologist, Western Sussex Hospitals NHS Trust, Worthing

11.50am  Analgesia and anaesthesia in ambulatory gynaecology
Dr Suzie Peatman, Consultant Obstetrician and Gynaecologist, James Cook University Hospital, Middlesbrough

Session IV: Operative ambulatory hysteroscopy part 1
Chair: Dr Natasha Waters

12.10pm  Endometrial ablation - lecture and demonstration with recorded live surgery and discussion
Professor Justin Clark
12.40pm Hysteroscopic sterilisation - lecture and demonstration with recorded live surgery and discussion
Mr Stephen Burrell

1.00pm LUNCH (2 course standing lunch)

Session V: Operative ambulatory hysteroscopy part 2
Chair: Mr Stephen Burrell

2.00pm Endometrial polypectomy - lecture and demonstration with recorded live surgery and discussion
Miss Mary Connor

2.30pm Fibroid resection - lecture and demonstration with recorded live surgery and discussion
Dr Natasha Waters

Session VI: Training and Research issues
Chair: Miss Mary Connor

3.00pm Training in Hysteroscopy in the UK
Miss Shilpa Kolhe, Consultant Obstetrician and Gynaecologist, Lead Consultant for Ambulatory Gynaecology, Royal Derby Hospital

3.20pm Research and new developments in hysteroscopy
Dr Paul Smith, Post Doctoral Research Fellow, Birmingham Women’s Hospital

3.50pm REFRESHMENTS

Session VII: Keynote lecture II
Chair: Miss Mary Connor

4.20pm Placental remnants and their management
Professor Benedictus Schoot, Professor, Catharina Hospital, Eindhoven, The Netherlands

Session VII: Reproductive surgery
Chair: Mr Stephen Burrell

4.50pm Infertility and the role of hysteroscopy: septa and Asherman's syndrome
Dr Valentine Akande, Consultant Obstetrician and Gynaecologist, Southmead Hospital, Bristol

5.20pm Final discussion

5.30pm CLOSE OF COURSE (FOR DELEGATES WHO ATTENDED TUESDAY’S WORKSHOPS)
END OF DAY ONE (FOR DELEGATES WHO WILL ATTEND THURSDAY’S WORKSHOPS)