



# Basic Practical Skills in Obstetrics and Gynaecology



2 days



## Overview

The RCOG Basic Practical Skills course (BPS) is designed to introduce trainees to safe surgical techniques and obstetric clinical skills, in a structured workshop environment. The course is standardised to ensure common objectives, content structure and assessment methods are followed and can be linked to the RCOG Training Portfolio and OSATS.

Redesigned in 2014, the new two-day format enables trainees to focus on hands-on skills whilst in the classroom, by introducing pre-course eLearning materials including videos and assessments. The course also looks at the increasingly important topic of human factors and enhanced recovery principles, complementing the new RCOG curriculum.

The course is intended for trainees ST1-2 and is a mandatory requirement for entry into ST3.

## Learning Objectives

By attending this course, the trainee is able to:

- Spend more time practicing basic operative obstetric and gynaecological skills
- Learn about new topics such as Human Factors and Enhanced Recovery pathways
- Sign off elements in the RCOG Training Portfolio Logbook and OSATS
- Complete the mandatory requirements into ST3



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2 day course

## Who should attend?

- ST1 – ST3
- Foundation Years 1-2 with an interest in obstetrics and gynaecology

## Basic Practical Skills Convenor

- Mr Wasim Lodhi FRCOG, London

## Basic Practical Skills Assistant Convenor

- Dr Madhavi Kalidindi MRCOG, London



# Programme

## Day 1

## Day 2

8.30am	<b>REGISTRATION and REFRESHMENTS</b>
8.45am	Faculty briefing All facilitators
9.00am	Welcome and introduction Course lead
9.05am	Handling instruments and knot tying (video, demonstration and practical) All facilitators
10.35am	<b>REFRESHMENTS</b>
10.50am	Suturing techniques (video & practical), interrupted and modified interrupted (including mattress and figure of eight) sutures, continuous and subcuticular suturing All facilitators
12.20pm	Abdominal entry (practical) All facilitators
1.00pm	<b>LUNCH (2 course standing fork lunch)</b>
1.45pm	Principles of safe hysteroscopy (lecture) Facilitator
2.05pm	Principles of safe laparoscopy (lecture) Facilitator
2.35pm	Planning and giving instructions for the practical stations

	<b>Station 1</b> Hysteroscopy	<b>Station 2</b> Laparoscopy	<b>Station 3</b> Gynae examination/ pelvic swabs/ smear taking/ IUD/ ring pessary	<b>Station 4</b> D&C/ uterine evacuation/ endometrial biopsy	<b>Station 5</b> Basic gynaecology instruments/ laparotomy instrument tray
2.40pm	Group A	Group B	Group C	Group D	Group E
3.05pm	Group E	Group A	Group B	Group C	Group D
3.30pm	<b>REFRESHMENTS</b>				
3.45pm	Group D	Group E	Group A	Group B	Group C
4.15pm	Group C	Group D	Group E	Group A	Group B
4.35pm	Group B	Group C	Group D	Group E	Group A
5.00pm	<b>CLOSE of DAY ONE</b>				

5.00pm	Faculty brainstorm of day one All Facilitators
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8.30am	<b>REFRESHMENTS</b>
9.00am	Recognition of deteriorating obstetric patient (lecture) Facilitator
9.20am	Pelvic anatomy (recorded lecture and video) Facilitator
10.00am	Caesarean section (video)
10.15am	Breech delivery (presentation followed by video) Facilitator
10.30am	<b>REFRESHMENTS</b>
10.45am	Human factors (recorded lecture)

	<b>Station 1</b> Postpartum haemorrhage and MRP	<b>Station 2</b> Shoulder dystocia	<b>Station 3</b> Instrumental deliveries (forceps/ ventouse)	<b>Station 4</b> CTG interpretation fetal blood sampling	<b>Station 5</b> Episiotomy and perineal repair
11.30am	Group A	Group B	Group C	Group D	Group E
12.10pm	Group E	Group A	Group B	Group C	Group D
12.50pm	<b>LUNCH (2 course standing fork lunch)</b>				
1.40pm	Group D	Group E	Group A	Group B	Group C
2.20pm	Group C	Group D	Group E	Group A	Group B
3.00pm	Group B	Group C	Group D	Group E	Group A

3.40pm	Discussion
3.55pm	<b>CLOSE</b>
4.00pm	Faculty debrief