



RCOG Basic Practical Skills in Obstetrics and Gynaecology

Programme – Day One

8.30am	REGISTRATION AND REFRESHMENTS
8.45am	Faculty briefing All facilitators
8.55am	Welcome and introduction Course lead
9.05am	Handling instruments and knot tying (video, demonstration and practical) All facilitators
10.35am	REFRESHMENTS
10.50am	Suturing techniques (video and practical), interrupted and modified interrupted (including mattress and figure of eight) sutures, continuous and subcuticular suturing All facilitators
12.20pm	Abdominal entry (practical) All facilitators
1.00pm	LUNCH

Programme – Day One

1.45pm **Planning and giving instructions for the practical stations**

	Station 1 Basic Hysteroscopy	Station 2 Uterine evacuation	Station 3 Gynaecological examination and instrument trays	Station 4 Basic Laparoscopy
1.50pm	Group A	Group B	Group C	Group D
2.35pm	Group D	Group A	Group B	Group C
3.20pm	REFRESHMENTS			
3.30pm	Group C	Group D	Group A	Group B
4.15pm	Group B	Group C	Group D	Group A
5.00pm	CLOSE of DAY ONE and Faculty brainstorm of day one			

Programme – Day Two

- 8.30am REFRESHMENTS
- 9.00am **Welcome back and plan for the day**
Course lead
- 9.05am **Recognition of the deteriorating obstetric patient (lecture)**
Facilitator
- 9.25am **Episiotomy and perineal repair (lecture and videos)**
Facilitator
- 9.50am **Caesarean section and complications (video/lecture)**
- 10.15am **Assisted vaginal delivery (forceps/ventouse/kiwi)**
- 10.45am REFRESHMENTS
- 11.00am **Planning and giving instructions for the practical stations**

	Station 1 Postpartum haemorrhage and manual removal/ Shoulder dystocia 2 x Facilitators	Station 2 Vaginal examination And fetal blood sampling 2 x Facilitators	Station 3 Episiotomy and perineal repair	Station 4 Assisted vaginal delivery (forceps/ventouse /kiwi)
10.40am	Group A	Group B	Group C	Group D
11.40am	REFRESHMENTS			
12.00pm	Group D	Group A	Group B	Group C
1.00pm	LUNCH			
1.40pm	Group C	Group D	Group A	Group B
2.40pm	Group B	Group C	Group D	Group A
3.40pm	Finish practical stations and reconvene			

- 3.45pm **Summary and evaluation**
- 3.50pm **Faculty debrief**
- 4.00pm CLOSE