



# RCOG Basic Practical Skills in Obstetrics and Gynaecology

## Programme – Day One

8.30am	REGISTRATION AND REFRESHMENTS
8.45am	<b>Faculty briefing</b> All facilitators
8.55am	<b>Welcome and introduction</b> Course lead
9.05am <b>practical)</b>	<b>Handling instruments and knot tying (video, demonstration and</b> All facilitators
10.35am	REFRESHMENTS
10.50am	<b>Suturing techniques (video and practical), interrupted and modified interrupted (including mattress and figure of eight) sutures, continuous and subcuticular suturing</b> All facilitators
12.20pm	<b>Abdominal entry (practical)</b> All facilitators
1.00pm	LUNCH
1.45pm	<b>Planning and giving instructions for the practical stations</b>

	<b>Station 1</b> Basic hysteroscopy	<b>Station 2</b> Basic laparoscopy	<b>Station 3</b> Gynaecological examination and instrument trays	<b>Station 4</b> Uterine evacuation
1.50pm	Group A	Group B	Group C	Group D
2.35pm	Group D	Group A	Group B	Group C
3.20pm	REFRESHMENTS			
3.30pm	Group C	Group D	Group A	Group B
4.15pm	Group B	Group C	Group D	Group A
5.00pm	CLOSE of DAY ONE and Faculty brainstorm of day one			

## Programme – Day Two

8.30am	REFRESHMENTS
9.00am	<b>Welcome back and plan for the day</b> Course lead
9.05am	<b>Recognition of the deteriorating obstetric patient (lecture)</b> Facilitator
9.25am	<b>Episiotomy and perineal repair (lecture and videos)</b> Facilitator
9.50am	<b>Caesarean section and complications (video/lecture)</b>
10.15am	<b>Operative vaginal delivery (forceps/ventouse/kiwi) (video/lecture)</b>
10.45am	REFRESHMENTS
11.00am	<b>Planning and giving instructions for the practical stations</b>

	<b>Station 1</b> Postpartum haemorrhage and manual removal/ Shoulder dystocia 2 x Facilitators	<b>Station 2</b> Operative vaginal delivery (ventouse/ forceps) 2 x Facilitators	<b>Station 3</b> Vaginal examination and fetal blood sampling	<b>Station 4</b> Episiotomy and perineal repair
11.05am	Group A	Group B	Group C	Group D
12.05pm	Group D	Group A	Group B	Group C
1.05pm	LUNCH			
1.45pm	Group C	Group D	Group A	Group B
2.45pm	Group B	Group C	Group D	Group A
3.45pm	Finish practical stations and reconvene			

3.45pm	<b>Summary and evaluation</b>
3.50pm	<b>Faculty debrief</b>
4.00pm	CLOSE