Annual Scientific Update in Urogynaecology
Joint RCOG/BSUG meeting

Thursday 3 – Friday 4 October 2019
Location: RCOG

Overview
The BSUG Annual Scientific meeting brings together cutting edge research with clinical updates on current and emerging issues in the specialty of urogynaecology. The programme includes expert and renowned speakers in their field, with talks, debates and workshops which will stimulate thought and discussion.

Highlights include
- Laser for genito-urinary syndrome of menopause
- Bladder pain session
- 3D printing and applications in urogynaecology
- Endometriosis in the urinary tract

You will also have the opportunity to take part in various workshops, which will give you a chance to hear about relevant and topical issues in uroogynaecology.

Who should attend?
- All Consultants and Trainees in urogynaecology
- SAS Doctors
- Nurses and Physiotherapists with an interest in this field

Learning objectives
- Improve your overall knowledge of urogynaecology
- Understand the evidence behind current and future treatments for urogynaecological conditions
- Be able to comprehensively manage patients with varying urogynaecological conditions

Course Organiser
Miss Maya Basu MRCOG, Manchester

Honorary Co-Directors of Conferences
Mr Philip Toozs-Hobson FRCOG, Birmingham
Mr Andrew Sizer FRCOG, Shrewsbury
Thursday 3 October

8.30am REGISTRATION AND REFRESHMENTS

9.00am Welcome
Miss Maya Basu, Consultant Urogynaecologist, Warrell Unit, St. Mary’s Hospital, Manchester

SESSION I: State of the art lecture
Chair: Miss Maya Basu

9.05am Vaginal laser for management of genito-urinary syndrome of menopause
Professor Stefano Salvatore, Head of Urogynaecology Unit, San Raffaele Hospital, Milan

SESSION II: Bladder Pain Syndrome (BPS)
Chair: Mr Azar Khunda, Consultant Urogyanecologist, Guys and St Thomas, London

9.30am Assessment and management
Dr Pallavi Latthe, Consultant Obstetrician and Gynaecologist; Subspecialist Urogynaecology, Birmingham Women’s and Children’s NHS Foundation Trust

10.00am Resistant Bladder Pain Syndrome
Miss Melissa Davies, Consultant Urologist, Salisbury NHS Foundation Trust

10.30am Discussion

10.50am REFRESHMENTS AND EXHIBITION

SESSION III: Obstructive Defaecatory Syndrome
Chair: Mrs Monika Vij, Consultant Gynaecologist; Subspecialist Urogynaecologist, Singleton Hospital, Wales

11.20am Conservative management of constipation
Ms Yvette Perston, Functional Bowel Clinical Nurse Specialist, Queen Elizabeth Hospital Birmingham

11.40am Obstructed defecation assessment and management
Mr Finlay Curran, Consultant Colorectal Surgeon, Manchester Royal Infirmary

12.00pm Discussion

SESSION IV: Keynote lecture
Chair: Miss Sushma Srikrishna, Consultant Urogynaecologist and Obstetrician, Kings College Hospital, London

12.25pm Management of menopause in breast cancer patients
Dr Susannah Stanway, Consultant Medical Oncology, Royal Marsden NHS Foundation Trust

1.00pm LUNCH AND EXHIBITION (2 course standing fork lunch)
Optional lunchtime symposium

1.20pm  Bulkamid: an new treatment paradigm for SUI
          Presentation of the RCT results of Bulkamid vs TVT and shared decision making best practice
          Miss Karen Guerrero, Sub-Specialist Urogynaecologist, Queen Elizabeth University Hospital
          Mr James Balmforth, Urogynaecologist, Royal Bournemouth Hospital

SESSION V: Breakout sessions

2.00pm  Continence surgery after the pause
          Mr Ash Monga, Consultant Urogynaecologist, Princess Anne Hospital, Southampton
          Professor Stephen Radley, Consultant Gynaecologist, Sheffield Teaching Hospitals NHS Trust

          Management of complications of continence surgery
          Dr Karen Brown, Consultant Urogynaecologist, Royal Victoria Infirmary, Newcastle upon tyne
          Mr Aethele Khunda, Consultant Urogynaecologist, James Cook University Hospital, Middlesbrough

          Pessaries for prolapse and incontinence
          Dr Rohna Kearney, Consultant Urogynaecologist, Manchester Foundation Trust
          Dr Charlotte Mahoney, Subspecialty Trainee Urogynaecologist, Manchester University NHS Foundation Trust
          Ms Angie Rantell, Lead Nurse in Urogynaecology; Nurse Cystoscopist, Kings College Hospital, London

          Multidisciplinary management of pelvic pain in urogynaecology
          Dr Shireen Aleem, Consultant Urogynaecologist, Southport and Ormskirk Hospital
          Dr Rajiv Chawla, Consultant in Pain Medicine; Honorary Clinical Lecturer, University of Liverpool
          Dr Natalie Lane

          The perineal clinic
          Miss Gillian Fowler, Consultant Urogynaecologist, Liverpool Women’s Hospital
          Ms Claire Kinsey, Urogynaecology Link Midwife, Liverpool Women's Hospital

          Training workshop: ATSM trainers
          Miss Karen Guerrero, Sub-Specialist Urogynaecologist, Queen Elizabeth University Hospital
          Dr Karen Ward, Consultant Urogynaecologist, Manchester University NHS Foundation Trust

SESSION VI: Keynote lecture
Chair: Professor Jonathan Duckett, Consultant Urogynaecologist, Medway NHS Foundation Trust, Kent
3.00pm  **BSUG lifetime achievement award lecture**  
Professor Linda Cardozo, Professor of Urogynaecology, King's College Hospital, London

3.30pm  **REFRESHMENTS AND EXHIBITON**

**SESSION VII: New concepts**  
Chair: Mr Gans Thiagamoorthy, Consultant Urogynaecologist, Ashford & St. Peter's NHS Trust

4.00pm  **Litigation in Urogynaecology**  
Miss Swati Jha, Consultant Obstetrician and Gynaecologist; Subspecialist in Urogynaecology, Sheffield Teaching Hospitals

4.20pm  **3D printing and its potential applications in urogynaecology**  
Dr Parastoo Jamshidi, Post-doctoral Research Fellow, University of Birmingham

4.40pm  **Discussion**

**SESSION VIII: Stump the experts**  
Chair: Mr Christian Phillips, Consultant Gynaecologist, Hampshire Hospitals NHS Foundation Trust

5.00pm  **Panel of experts**  
Dr Sohier El-Neil, Consultant in Urogynaecology and Uro-neurology, University College London Hospitals  
Miss Swati Jha  
Dr Ashish Pradhan, Consultant Subspecialist Urogynaecologist, Addenbrookes Hospital, Cambridge University Hospitals NHS Trust  
Mr Dudley Robinson, Consultant Surgeon in Urogynaecology and Gynaecology, King's College Hospital, London

5.45pm  **Drinks reception**

6.30pm  **CLOSE**

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**Friday 4 October**

8.30am  **REGISTRATION AND REFRESHMENTS**

**SESSION IX: State of the art lecture**  
Chair: Dr Sharif Ismail, Consultant Obstetrician and Gynaecologist; Subspecialist Urogynaecologist, Brighton and Sussex University Hospitals NHS Trust

9.00am  **Persistent post-operative pain**  
Dr Winston de Mello, Consultant in Pelvic Pain Medicine, Wythenshawe Hospital, Manchester Foundation NHS Trust

**SESSION X: Keynote lecture**  
Chair: Miss Maya Basu

9.30am  **Realistic medicine**
SESSION XI: Research urogynaecology society meeting
Chair: Mr Dudley Robinson

10 oral presentations chosen from submitted abstracts

11.00am  Does cystoscopy method affect the investigation of bladder pain?
Miss Visha Tailor, Clinical Research Fellow, St Mary's Hospital, London

11.10am  Multivariable analysis of continence surgery from the BSUG database
Miss Fiona Bach, Urogynaecology Subspecialty Trainee, Birmingham Women’s Hospital

11.20am  Observational study reporting on Antimicrobial resistance patterns in MSU cultures of Chronic UTI (CUTI) patients on long term antibiotic treatment compared to ED attenders with acute UTI
Dr Sheela Swamy, Senior Clinical Fellow in Urogynaecology, Guys and St. Thomas' Hospital, London

11.30am  External Anal Sphincter Thickness Measurements as an Independent Assessment of Patient Symptoms in Women following an Obstetric Anal Sphincter Injury
Miss Aisha McHayle, Medical Student, St Mary's Hospital, Imperial College Health Care Trust, London

11.40am  Is recurrent urinary tract infection associated with anal incontinence and bowel evacuation problems? A study of women attending a urogynaecology clinic
Dr Thomas Gray, Subspecialty Trainee in Urogynaecology, Sheffield Teaching Hospitals NHS Foundation Trust

11.50am  Risk of actionable histological abnormality in hysterectomy specimens performed for pelvic organ prolapse
Dr Rachel Nicholson, ST7, James Cook University Hospital, Middlesbrough

12.00pm  The effect of Pilates based movements on pelvic floor electromyographic (EMG) activity: a pilot study
Dr Gemma Nightingale, ST7 in Obstetrics & Gynaecology, Basingstoke and North Hampshire Hospital

12.10pm  The role of Diamine Oxidase in the pathophysiology and investigation of Bladder Pain Syndrome
Miss Ellen Morris, Medical Student, St Mary’s Hospital, London

12.20pm  Pain outcomes after mesh excision surgery
Dr Naz Abbas, Clinical Research Fellow, Warrell Unit, St Mary’s Hospital Manchester

12.30pm  Evidence for the urogynaecology multidisciplinary team meeting: evaluation from a secondary care perspective
Dr Keren E. Wales, ST6 Obstetrics & Gynaecology Trainee, Sheffield Teaching Hospitals, Sheffield

12.40pm  **Voting and results**  
Mr Dudley Robinson

12.50pm  **LUNCH AND EXHIBITION** (2 course standing fork lunch)

1.10pm  **BSUG AGM** (BSUG members only)

**SESSION XII: Innovation and improvement**  
Chair: Dr Sharif Ismail

2.00pm  **Outcomes from the OASI Care Bundle**  
Dr Ipek Gurol Urganci, Assistant Professor, London School of Hygiene and Tropical Medicine

2.30pm  **Civility Saves Lives**  
Dr Penelope Hurst, ST2 in Obstetrics & Gynaecology, University Hospital Coventry and Warwickshire

3.00pm  **Discussion**

**SESSION XIII: Breakout sessions**

3.20pm  **Continence surgery after the pause**  
Mr Ash Monga  
Professor Stephen Radley

  **Management of complications of continence surgery**  
Dr Karen Brown  
Mr Aethele Khunda

  **Pessaries for prolapse and incontinence**  
Dr Rohna Kearney  
Dr Charlotte Mahoney  
Ms Angie Rantell

  **Multidisciplinary management of pelvic pain in urogynaecology**  
Dr Shireen Aleem  
Dr Rajiv Chawla  
Dr Natalie Lane

  **Training workshop: update for subspecialty trainees and trainers**  
Miss Karen Guerrero  
Dr Karen Ward

4.20pm  **CLOSE**

Astellas has provided a grant* to support the Annual Scientific Update of Urogynaecology (Joint RCOG/BSUG) but has not had any influence or input into the development or content of the educational programme.  
*10% of the overall meeting costs