

Developing Leadership Skills in Obstetrics and Gynaecology

Joint RCOG/Keele University Meeting

9 - 10 May 2019



12 credits



2 days



RCOG, London

Who should attend?

Feedback received from attendees from previous events have confirmed that this leadership development course is directly aimed at trainees at ST6/7 and consultants within the first 2-3 years of taking up post.

Overview

This development course aims to prepare and encourage new consultants and senior trainees in O&G to be effective leaders in their specialty and in their wider organisations. It will focus on leading a safe team, with a variety of topics ranging from negotiation, resilience and conflict resolution to review of the relevance of personality on leadership style (facilitated by completion of a pre-course Myers-Briggs indicator). This leadership course is designed to provide a solid foundation and inspire attendees to continue their learning with the confidence to apply these newly acquired skills to their practice. Lectures will be minimal and focused. Your contribution and interaction is vital and is actively encouraged.

This programme has been developed collaboratively between the Royal College of Obstetricians and Gynaecologists (RCOG) and the Keele Clinical Leadership Academy, located in Postgraduate Medicine at Keele University.

Please note places on this course are **limited to 40.**

Learning Objectives

- To enable you to develop new knowledge about leadership skills in O&G in the NHS
- To empower you to lead and manage services that promote safe and effective care for patients
- To stimulate your interest in learning more about being an effective leader and how to apply this to everyday practice
- To develop your confidence in practising effectively as a leader in O&G in the NHS



Developing Leadership Skills in Obstetrics and Gynaecology

9 - 10 May 2019

Course Faculty

- Dr Sonji Clarke FRCOG, London
- Mrs Jennifer Cowpe, Keele University, Staffordshire
- Dr Simon Cunningham MRCOG, Stoke
- Dr Lesley Curry MRCOG, Edinburgh
- Mr Rehan Khan MRCOG, London
- Dr Jonny Rust MRCOG, London
- Dr Wynne Thomas, Keele University, Staffordshire
- Mr Gregory Ward FRCOG, London

Honorary Director of Conferences

- Mr Philip Tooze-Hobson FRCOG, London

Honorary Deputy Director of Conferences

- Mr Andrew Sizer FRCOG, Shrewsbury

Pre-course material and preparation

In order to gain maximum benefit from this development course, attendees will be provided with links to relevant reading materials by the RCOG.

Pre-course work will also involve completion of the Myers-Briggs Type Indicator, with the results discussed in small groups during the course. This will be sent to delegates by Keele University.

Links to all of the above will be provided well in advance of the course to ensure sufficient time for you to complete the preparation ahead of the course.

Full conference



2 days



£565



12 credits



RCOG, London

Developing Leadership Skills in Obstetrics and Gynaecology

9 - 10 May 2019

Testimonials

"I wish this had been available to me before embarking on a leadership role in my unit, and am delighted with the lessons I can take back to my place of work. The small group workshops and limited number of attendees made participation and networking very useful."

Consultant

"This was probably the best structured and most relevant course I have ever attended. The combination of extremely usable theoretical knowledge on leadership skills and interactive group sessions with O&G colleagues make this course relevant for all working in national health systems. The MBTI made me understand more about myself and during my daily practice I will now approach co-workers with a broader view. This course should be made obligatory."

Consultant

"A superb and varied two day course allowing us to both analyse ourselves and the arena in which we work to instigate effective leadership in our roles. Both a personal development journey and a critical thinking experience. Beyond my expectations."

ST7, O&G

"The course was very interactive and motivating, it showed me a different perspective and helped me understand leadership qualities both in myself and others and how it all inter-relates. The group sessions were informative and enjoyable. Would definitely recommend the course. I have a lot of new ideas and thoughts to take back to my unit. The faculty were very helpful, friendly and motivating."

Delegate, May 2018

Programme

Thursday 9 May 2019

Friday 10 May 2019

8.30am	REGISTRATION and REFRESHMENTS
9.00am	Welcome, introduction and icebreaker
9.20am	Clinical leadership in O&G in the modern NHS <ul style="list-style-type: none">• Background – embedding patient safety• Consequences – when leadership goes wrong• The differences between leadership and management and the leadership skills to be effective in the 21st Century
10.30am	REFRESHMENTS
10.50am	The journey to becoming an effective leader: winning hearts and minds <ul style="list-style-type: none">• Presentation on the Myers Briggs Type Indicator and self-assessment exercise• Identification of “Best Fit” type• Using this knowledge to help communication and conflict resolution
12.40pm	LUNCH and NETWORKING
1.20pm	Leading a safe and effective service in O&G <ul style="list-style-type: none">• Relevance of human factors - humans and system error• High quality Critical Incident Review – how to do it well• Case discussions
3.00pm	REFRESHMENTS
3.20pm	Leading safe teams <ul style="list-style-type: none">• Teams exercise, case studies and feedback• Delegation in teams• Managing dysfunctional teams and conflict• Resolving conflict and building effective relationships for change
5.15pm	Briefing for Day 2 negotiation session
5.25pm	Summary
5.30pm	CLOSE

8.15am	REFRESHMENTS
8.45am	Developing powerful, persuasive and effective leadership <ul style="list-style-type: none">• Understanding and using emotional intelligence• Leadership styles and their impact• Understanding and using political intelligence, including power and influence
10.30am	REFRESHMENTS
10.50am	Leading change <ul style="list-style-type: none">• Presentation on change tools and techniques• Case studies involving changes to improve patient safety in O&G• Feedback on significant events within the case studies
12.30pm	LUNCH and NETWORKING
1.15pm	Resilience <ul style="list-style-type: none">• How resilient are you?• How do you keep going?• Fostering a resilient team
2.00pm	Developing effective negotiating skills <i>Includes refreshments</i> <ul style="list-style-type: none">• Negotiation methods• Negotiation exercises• Feedback
4.15pm	Focusing on the future <ul style="list-style-type: none">• What have we learnt?• Where do we go from here?
4.30pm	CLOSE



Venue

Venue: RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG.

Tel: 020 7772 6200 **Fax:** 020 7772 6388

Train: Marylebone Station - 10 minute walk

Underground: Baker Street - 10 minute walk

Parking: Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,

Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on **+44 20 7772 6245**.

Cancellations

All cancellations must be received in writing by the Conference Office a minimum of 2 weeks before the meeting (except Basic Practical Skills Courses, which must be received at least 6 weeks prior to the course). A standard administrative charge of £25 will be made on all cancellations received 2 weeks or more prior to the conference. We regret that refunds cannot be

issued on cancellations received less than two weeks prior to the conference. No refunds will be made for non-attendance on the course. An administrative charge of £50 applies to certain meetings, including Basic Practical Skills Courses, Part 1 MRCOG Revision Courses, Part 2 MRCOG Revision and OSCE Courses. Please check your confirmation letter for clarification. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation costs that have already been incurred by the delegate or any administration charges relating to cancellation of travel tickets or accommodation.

Visa Information

If you are from a country outside the European Union you may be required to have a valid visa to enter Britain. Please check your visa requirements before you book a place on any of our events and before you travel. We are unable to refund course fees outside of our cancellation deadline in the event that your visa is denied or not received in time for you to travel. More information on visa requirements is available from the UK Border Agency.

RCOG Conference Office

Our team are here to help and advise you in your choice of courses. If you have any further questions, contact the RCOG Conference Office on **events@rcog.org.uk** or call **+44 20 7772 6245**

Book your place now!



Online at **rcog.org.uk/events**
Receive instant confirmation of your place and **save £10!**



Speak to our team directly, please have your card details handy and call **+44 (0) 20 7772 6245**



Fax your completed booking form, available at **rcog.org.uk/events** with payment details directly to the Conference Office on **+44 (0) 20 7772 6388**



Post your cheque and completed booking form to the team at:
Conference Office, RCOG, 27 Sussex Place, Regent's Park, London, NW1 4RG, UK



To be invoiced please see full guidance on the events terms and conditions page at **rcog.org.uk/events/terms-and-conditions**

Registered Charity Number 213280

© Royal College of Obstetricians and Gynaecologists 2019.

All information correct at the time of print, for up-to-date information please visit rcog.org.uk/events