



Royal College of
Obstetricians &
Gynaecologists

Female Sexual Dysfunction and the Pelvic Floor

Joint RCOG/BSUG meeting

Date: Friday 12 July 2019

Location: RCOG

Overview

This meeting aims to update delegates on current issues and clinical practice regarding female sexual problems, particularly with respect to pelvic floor function. Approaching these issues with a holistic approach, physical, psychological, and pharmacological therapies will be reviewed. Current themes in the range of care expected of health care professionals in pelvic health will be explored.

Learn about the latest developments and hear presentations on how to manage sexual issues and understand the work of related health care professionals. This varied programme includes renowned speakers and will stimulate thought and discussion.

Who Should Attend?

- Consultants and trainees in Obstetrics and Gynaecology
- Consultants and trainees in Female Urology
- Health care professionals treating sexual problems
- Nurses and physiotherapists with an interest in this field
- SAS Doctors

Learning objectives

- Obtain familiarity with presentation, prevalence and classification of female sexual problems
- To assess the impact of common gynaecological problems on female sexual function
- To gain confidence in initial management of female sexual problems, including how to discuss them
- Obtain knowledge of the basic tenets of management of female sexual problems
- Ability to organise multispeciality and multiprofessional working for the holistic care of women with sexual problems

Course Organisers:

Miss Claudine Domoney MRCOG, London

Honorary Director of Conferences:

Mr Philip Tooze-Hobson FRCOG, Birmingham

Honorary Deputy Director of Conferences:

Mr Andrew Sizer FRCOG, Shrewsbury

PROGRAMME

8.45am REGISTRATION AND REFRESHMENTS

9.15am **Welcome and introduction**

Miss Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

SESSION I: Female sexuality and sexual problems

Chair: Miss Claudine Domoney

9.25am **How to assess normality and dysfunction**

Miss Claudine Domoney

10.00am **Female sexual arousal / desire disorder**

Professor Kevan Wylie, Retired Consultant and Gynaecologist in Sexual Medicine; Royal Hallamshire Hospital; Honorary Professor, Porterbrook Clinic, Sheffield

10.20am **Female orgasmic disorder**

TBC

10.40am **Sexual pain disorders in women**

Dr Roman Cregg, Consultant in Pain Medicine, National Hospital for Neurology and Neurosurgery.

11.00am REFRESHMENTS

SESSION II: Support of women with sexual difficulties and trauma

Dr Sandy Goldbeck-Wood, Editor in Chief, BMJ Sexual and Reproductive Health

11.30am **What is brief psychosexual therapy and how can the gynaecologist use it?**

TBC

11.50am **Is examination necessary for sexual therapy? What is the role of the relationship therapist?**

Ms Violeta Jawdokimova, Psychosexual Counsellor, Guys and St Thomas Hospital, London

12.10pm **Support of women after sexual assault and rape**

TBC

12.30pm **How can we improve the sexual health of teenagers?**

Dr Lauren Bull, Locum Consultant Sexual Health and HIV, Chelsea and Westminster Hospital, London

12.50pm Discussion

1.00pm LUNCH (2 course standing fork lunch)

SESSION III: The reproductive years and sexual issues

Chair: Miss Claudine Domoney

- 1.50pm **Sexual issues in the fertility clinic**
Dr Leila Frodsham, Consultant Gynaecologist, Guys and St Thomas Hospital, London
- 2.10pm **The psychosexual impact of termination of pregnancy**
Dr Sandy Goldbeck-Wood
- 2.30pm **Postpartum sexual difficulties – how to help**
Dr Raneer Thakar, Consultant Obstetrician and Gynaecologist, Croydon University Hospital
- 2.50pm **The perimenopausal woman – how to maintain a sex life**
Ms Annie Hawkins, Consultant in Obstetrics and Gynaecology, Salisbury Hospital Foundation Trust
- 3.10pm REFRESHMENTS

SESSION IV: Interventions and therapies

Chair: Miss Maya Basu, Chair, BSUG Meetings Committee; Consultant Urogynaecologist, Warrell Unit, St. Mary's Hospital, Manchester

- 3.30pm **Vaginismus – strategies for practical support**
Ms Kate Lough, Specialist Pelvic Health Physiotherapist; Doctoral Researcher, Nursing, Midwifery and Allied Health professional Research Unit (NMAHP-RU), Glasgow Caledonian University
- 3.50pm **Medications for female sexual problems**
Miss Joan Pitkin, Member of Board of Trustees BMS, Daisy Network; Reader Imperial College
- 4.10pm **Surgery for female sexual problems – can it help?**
Miss Swati Jha, Consultant Obstetrician and Gynaecologist; Subspecialist in Urogynaecology, Sheffield Teaching Hospitals
- 4.30pm **Panel discussion:**

A practical approach to combining therapies for management of female sexual difficulties in different UK healthcare settings
Miss Claudine Domoney
Dr Leila Frodsham
Miss Swati Jha
Ms Kate Lough
Miss Joan Pitkin
- 5.00pm CLOSE