Annual Update in Paediatric and Adolescent Gynaecology

Incorporating the BritSPAG Training Day
Joint RCOG/BritSPAG meeting

Programme – Monday 9 March

BritSPAG Training Day

8.30am REGISTRATION AND REFRESHMENTS

9.00am Welcome and introduction
Dr Naomi Crouch, Consultant Obstetrician and Gynaecologist, University Hospital, Bristol

SESSION I: ‘Starter course’ – Common PAG
Chair: Dr Meenakshi Choudhary, Newcastle upon Tyne

9.30am History and examination in PAG
Dr Joanne Ritchie, ST7, Royal Stoke University Hospital, Stoke-on-Trent

9.50am Period problems
Miss Cara Williams, Consultant Gynaecologist, Liverpool Women’s Hospital
and Alder Hey Children’s Hospital

10.10am Common non-HMB related PAG emergencies
Mr Paul Wood, Honorary Consultant, Addenbrookes Hospital, Cambridge

10.30am REFRESHMENTS

SESSION II: ‘Main Course’ – The crux of PAG
Chair: Dr Cara Williams

11.00am ‘Ovaryacting teen’ - Pelvic pain
Dr Pallavi Latthe, Consultant Obstetrician and Gynaecologist; Birmingham
Women’s and Children’s NHS Foundation Trust

11.30am ‘Tumours in Teens’ - Gynaecological tumours in adolescents
12.00pm  ‘Teen & Technology’ - Safeguarding in a digital era  
Dr Leila Frodsham, Consultant Gynaecologist, Guys and St Thomas Hospital, London

12.30pm  LUNCH (Two course standing fork lunch)

SESSION III: ‘À la carte’ - Contemporary challenges in PAG
Chair: Dr Pallavi Latthe

1.30pm  Contraception update in obese young people  
Dr Sharon Moses, Consultant Sexual and Reproductive Health, Unity Sexual Health, Bristol

2.00pm  ‘Hairy and spotty teen’ – PCOS challenges  
Professor Abha Maheshwari, Consultant Gynaecologist, Aberdeen Royal Infirmary

2.30pm  ‘Mind the Ps’: Supporting PAG patients, parents and physicians  
Dr Julie Alderson, Consultant Clinical Psychologist, University Hospitals Bristol NHS Foundation Trust

3.00pm  REFRESHMENTS

Session IV: ‘Time for Dessert’ – Happy teens
Chair: Miss Fiona McAndrew, Paediatric Urologist, Alder Hey Children’s Hospital, Liverpool

3.30pm  Keep Calm and Carry On - Vaginal dilation service  
Ms Louise Williams, Clinical Nurse Specialist, University College London

4.00pm  ‘Raging the silent ovary’- Hormone replacement in teenage and young women  
Dr Debbie Matthews, Consultant in Paediatric Endocrinology, Great North Children’s Hospital, Newcastle upon Tyne

4.30pm  CLOSE
Programme – Tuesday 10 March

Annual Update in Paediatric and Adolescent Gynaecology

8.00am    REGISTRATION AND REFRESHMENTS

8.30am    PAG networking forum (Nurses and Trainees)
           Ms Louise Williams
           Dr Joanne Ritchie

9.00am    Welcome and introduction
           Dr Meenakshi Choudhary

Session I: DNA and genetic conditions
Chair: Professor Sarah Creighton, Consultant Gynaecologist, University College Hospital, London

9.15am    ‘It's in your DNA': Genomics in adolescents – when to test and how to explain?
           Dr Michael Wright, Consultant Clinical Geneticist, Newcastle upon Tyne Hospitals NHS Foundation Trust

9.45am    Managing HMB in inheritable bleeding disorders
           Dr Amanda Clark, Consultant Haematologist, Bristol Haemophilai Centre

10.15am   Turner's Syndrome – Transition care and current controversies
           Dr Helena Gleeson, Consultant Endocrinologist, Queen Elizabeth Hospital, Birmingham

10.45am   REFRESHMENTS

Session II: Experts’ opinions
Chair: Dr Jo Ritchie

11:00am   Fertility tissue preservation in adolescents
           Dr Sheila Lane, Consultant Paediatric Oncologist, Oxford University Hospitals NHS Foundation Trust

11:30am   Stump the Experts - Case vignettes

           Gynaecological: Professor Sarah Creighton
           Urology: Miss Fiona McAndrew
           Endo: Dr Debbie Matthews
           Fertility: Dr Meenakshi Choudhary
           Psychological: Dr Julie Alderson

12.30pm   LUNCH (Two course standing fork lunch)

1.00pm    Annual General Meeting (BritSPAG members only)
Session III: From legend to newbies
Chairs: Dr Naomi Crouch
Miss Cara Williams

1.30pm The 12th Jack Dewhurst Memorial Lecture
Sir Jack Dewhurst died in 2007 aged 86. He was one of the leading Obstetricians and Gynaecologists of his generation and was internationally recognised in paediatric and adolescent gynaecology and intersex disorders. He dealt with difficult and complex cases, many of which required skilled surgery and in so doing he demonstrated his great qualities as a compassionate and caring doctor. In 2008, and with the support of Lady Dewhurst, the British Society for Paediatric and Adolescent Gynaecology instituted the annual Sir Jack Dewhurst Memorial Lecture in his honour.

‘Protecting their future’: Addressing HPV in adolescent
Professor Margaret Stanley OBE, University Cambridge

2.10pm Oral abstract presentations
Selected from submitted abstracts

3.00pm BritSPAG Awards
Presented by Dr Naomi Crouch
Best oral presentation
Best poster

3.10pm REFRESHMENTS

Session IV: Promoting reproductive health in young adolescents
Chair: Dr Julie Alderson

3.40pm Fertility education initiative in young people
Professor Adam Balen, Professor of Reproductive Medicine and Surgery, Leeds Fertility, Seacroft Hospital

4.10pm Prevent, treat, educate: STI update
Dr Lucinda Farmer, Sexual and Reproductive Health, Unity Sexual Health, Bristol

4.40pm CLOSE