



Royal College of  
Obstetricians &  
Gynaecologists

# Annual Update in Paediatric and Adolescent Gynaecology

**Incorporating the BritSPAG Training Day**  
*Joint RCOG/BritSPAG Meeting*

**Monday 15 – Tuesday 16 March 2021**

**Location: Online**

[Programme – Monday 15 March](#)

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## BritSPAG Training Day

9.00am **Welcome and introduction**

### **Session I: Common Conditions in PAG**

9.10am **History and examination in PAG**

9.30am **Heavy Menstrual bleeding**

9.50am **When to operate on ovarian cysts in children – surgeon's view**

10.10am **Management of ovarian cysts in adolescents – gynaecologist's view**

10.30am **Discussion**

10.40am **BREAK**

### **Session II: The Vulva and its controversies**

11.00am **Labial reduction 'What is normal'**

11.20am **Lichen sclerosus and other differential diagnoses**

11.40pm **Vulvovaginal discharge**

12.00pm **Discussion**

12.20pm **BREAK**

### **Session III: Sexual issues for Teenagers**

1.20pm **Painful sex & vaginal dilatation**

- 1.40pm      **Safeguarding issues**
- 2.00pm      **Contraception and Teenagers**
- 2.20pm      **Discussion**
- 2.40pm      BREAK

**Session IV: Genitourinary and pelvic pain**

- 3.00pm      **Urogynaecological issues in Teenagers**
- 3.20pm      **Endometriosis in teenagers**
- 3.40pm      **Management of chronic pelvic pain**
- 4.00pm      **Discussion**
- 4.20pm      CLOSE

## Programme – Tuesday 16 March

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### Annual Update in Paediatric and Adolescent Gynaecology

**Session IV: Fertility**

- 9.00am      **Transition to Adult Care in Persons With DSD – the Role of the Gynecologist**
- 9.20am      **Fertility Tissue preservation**
- 9.40am      **How to talk to adolescents about an “embarrassing” diagnosis**
- 10.00am     **Discussion**
- 10.20am     BREAK

**Session VI: PCOS**

- 10.40am     **PCOS in Adolescents: Beyond the Reproductive Implications**
- 11.00am     **Nutritional needs of teenagers including those with PCOS**
- 11.20am     **Management of acne & hirsutism in teenagers with PCOS**
- 11.40am     **Discussion**

12.00pm      **BREAK**

**Session VII: The 13th Jack Dewhurst Memorial Lecture**

*Sir Jack Dewhurst died in 2007 aged 86. He was one of the leading Obstetricians and Gynaecologists of his generation and was internationally recognised in paediatric and adolescent gynaecology and intersex disorders. He dealt with difficult and complex cases, many of which required skilled surgery and in so doing he demonstrated his great qualities as a compassionate and caring doctor. In 2008, and with the support of Lady Dewhurst, the British Society for Paediatric and Adolescent Gynaecology instituted the annual Sir Jack Dewhurst Memorial Lecture in his honour.*

1.00pm      **Disorders of Sexual Development**

1.40pm      **Discussion**

1.50pm      **BREAK**

2.00pm      **Oral abstract presentations**  
5 Selected from submitted abstracts

2.50pm      **Awards**  
Best oral presentation  
Best poster

3.10pm      **Closing remarks**

3.30pm      **CLOSE**

3.30pm      **Annual General Meeting**  
(BritSPAG Members only – 30 minutes)