RCOG Annual Professional Development Conference

Tuesday 22 – Thursday 24 November 2016
Location: RCOG, London
Overview

The RCOG Annual Professional Development Conference is aimed at providing an authoritative update on clinical problems relevant to the specialty of obstetrics and gynaecology. Expert speakers are asked to give an overview suitable to colleagues in all subspecialties, as well as generalists. The meeting also provides an opportunity to have informal discussions with College officers.

UK Specialist Societies will be hosting parallel breakout sessions, enabling you to tailor your attendance according to your interests. It is an ideal opportunity to meet colleagues from all specialities and catch up with developments in science, clinical practice and medical politics, as they affect obstetrics and gynaecology.

Sponsorship

From sponsorship of the meeting, to exhibition stands and delegate pack inserts, there are plenty of ways to promote your product or service at this event. For more information and to discuss the packages available please contact Andreia Dias
Tel: +44 (0)20 7772 6281
Email: adias@rcog.org.uk

Rates

- Standard Rate £640
- RCOG Member Rate £585
- Trainee Rate £535
- AHP Rate £445

Cancellation Date: Tuesday 8 November 2016

Learning objectives

- Hear the full spectrum of recent advances from experts in their field, deliberately tailored for a diverse audience
- Provide an update on current medical politics
- Learn about College activities through an informal discussion session with College Officers

Who Should Attend?

- All Consultants in Obstetrics and Gynaecology
- The meeting is aimed at practicing specialists, and is designed as an update rather than as a basic introduction
- Some experience as a senior level obstetrician and gynaecologist is an advantage, although post MRCOG Speciality Trainees (especially subspecialist trainees wanting to keep up to date with other subspecialties) will also find the meeting useful
- Staff Doctors, Staff Grades, Trust Doctors and Associate Specialists

Course Organiser and Honorary Director of Conferences

Mr Nick Panay MRCOG, London
Tuesday 22 November

STREAM 1  British Maternal and Fetal Medicine Society (BMFMS)

Chair: Dr Rhona Hughes, Consultant Obstetrician and Clinical Director, Royal Infirmary of Edinburgh, NHS Lothian

STREAM 2  British Society for Paediatric and Adolescent Gynaecology (BritSPAG)

Chair: TBC

11.45am TBC

STREAM 3  Joint Session with British Association of Sexual Health and HIV (BASHH) and Faculty of Sexual and Reproductive Healthcare (FSRH) – What’s new in sexual health?

Chair: Dr Sarah Edwards, Consultant GU Physician, ICaSH Abbey View Clinic, Bury St Edmunds

11.45am Testing for genital infections
TBC

Mycoplasma genitalium as a cause of pelvic infection — what you need to know
Professor Jonathan Ross, Professor of Sexual Health and HIV, University Hospital Birmingham NHS Foundation Trust

Advances in contraception — what every obstetrician / gynaecologist should know
Dr Zara Haider, Consultant in Sexual Health and Reproductive Healthcare, Kingston Hospital NHS Trust

STREAM 4  Joint Session with Institute of Psychosexual Medicine (IPM) and British Society of Psychosomatic Obstetrics, Gynaecology and Andrology (BSPOGA)

Chair: Ms Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

Mr Leroy Edozian

11.45am The ‘moment of truth’ — the significance of the vaginal examination in psychosomatic illness
Ms Leila Frodsham, Consultant Gynaecological and Specialist in Psychosexual Medicine, Guy’s and St Thomas’ NHS Trust, London

The impact of abortion care on doctors
Dr Ellie Lee, Director, Centre for Parenting Culture Studies, University of Kent, Canterbury

The impact of GMC investigation on doctors
Professor Tom Bourne, Consultant Gynaecologist, Imperial College, London

Dealing with difficult patients
Dr Sandy Goldbeck Wood, Associate Specialist in Obstetrics and Gynaecology, Addenbrooke’s Hospital, Cambridge; Editor in Chief, Journal of Family Planning and Reproductive Health Care

1.15PM LUNCH (two-course standing fork lunch) AND EXHIBITION
Session III Global Development

Chair: Professor Lesley Regan

2.15pm Leading Safe Choices — holding up half the sky
Professor Alison Fiander, Clinical Lead, RCOG Leading Safe Choices Programme, London

2.40pm PROMPT: Global implementation
Professor Tim Draycott, Professor, North Bristol NHS Trust

3.05pm Global research implementation
Professor Peter von Dadelszen, Professor and Academic Head of Obstetrics and Gynaecology, St George’s University Hospital NHS Foundation Trust, London

3.35pm REFRESHMENTS AND EXHIBITION

Session IV Parallel Breakout Sessions – Session B

STREAM 5 British Society for Gynaecological Endoscopy (BSGE) – New approaches to ‘old’ gynaecological emergencies

Chairs: Mr Ertan Saridogan, BSGE Meetings Coordinator; Consultant Gynaecologist, University College London Hospital, London
Mr Dominic Byrne, BSGE President

3.50pm New surgical approaches to management of miscarriage (MVA, hysteroscopic tissue removal systems)
Ms Lisa Verity, Consultant Obstetrician and Gynaecologist, Royal Cornwall Hospital, Truro
Evidence based management of ectopic pregnancy / how we can we teach salpingectomy to the trainees?
Mr Jim Clark, Consultant Obstetrician and Gynaecologist; Honorary Senior Clinical Lecturer, University of Exeter
Mr Dominic Byrne, Consultant Gynaecologist, Royal Cornwall Hospital, Truro
Laparoscopy in pregnancy
Ms Elizabeth Ball, Endometriosis Lead, Royal London Hospital and Queen Mary University of London
Contemporary management of ovarian torsion
Mr Tom Holland, Consultant Obstetrician and Gynaecologist, St Thomas’ Hospital, London

STREAM 6 Joint Session with British Society for Colposcopy and Cervical Pathology (BSCCP) and British Gynaecological Cancer Society (BGCS)

Chair: Dr Theresa Freeman-Wang, Consultant Gynaecologist, Whittington Health Hospital, London

3.50pm NICE NG12 suspected cancer — recognition and referral: rationale behind guidance and impact on gynaecological services
Mr Nicholas Wood, Consultant Gynaecological Oncologist, Royal Preston Hospital, Lancashire Teaching Hospital NHS Foundation Trust
Endometrial cancer prevention: current research directions
Dr Emma Crosbie, NIHR Clinician Scientist, Senior Lecturer and Honorary Consultant Gynaecological Oncologist, University of Manchester
A role for robotic surgery in gynaecological cancer units
Mr Thomas Ind, Consultant, Royal Marsden and St George’s Hospitals, London
Multicentric and multi-focal disease of lower genital tract
Dr Deidre Lyons
Cervical abnormalities and pregnancy outcome
Dr Theresa Freeman-Wang

STREAM 7 British Fertility Society (BFS)

Chair: Mr Valentine Akande, Consultant Gynaecologist, Bristol Centre for Reproductive Medicine and Division of Women’s Health, Southmead Hospital, Bristol

3.50pm OHSS: causes, prevention and management
Dr Raj Mathur, Consultant Gynaecologist, Central Manchester Foundation Trust
Latest advances in IVF and assisted reproduction techniques
Mr Stuart Lavery, Consultant Gynaecologist, Central Manchester Foundation Trust
Assessment and management of male factor infertility
Dr Sarah Martins Da Silva, Consultant Gynaecologist and Honorary Senior Lecturer, Ninewells Hospital, Dundee

PROGRAMME TUESDAY 22 NOVEMBER
The aim of ‘Footprints of Birth’ workshop is to promote service quality improvement and promote professional development in a reflective space following a viewing of a documentary of maternity patient experience.

This event will be presented and facilitated by a project team comprised of a diverse group of ranging from a service user, obstetricians, midwives, service clinical director, NHS England patient experience lead and expertise from leadership and coaching at the Whittington Health NHS Trust and also UCL Medical School educationalists.

The 30-minute documentary called ‘Footprints of Birth’ has captured women’s experiences of maternity care on aspects that they would have been shy or hesitant to share previously. The idea of this project was to unveil aspects of care that are important to women which health care providers may not appreciate. Women were required to submit their stories as a self-recorded video via their mobile or electronic device. These very personal stories have been edited by an independent film company to produce the powerful documentary.

We have created a 75 minute workshop which consists of viewing the documentary (30 min) followed by facilitated small group work using coaching techniques (45 min). This workshop is to evoke compassion, empathy and an awareness of human rights for the purpose of professional and organisational development. This workshop moves forward the recommendations of the Francis Report.

Welcome and introduction
View documentary
Set up group work. Divide into smaller groups.
Facilitated conversation and group work
Participants will be asked to write on post sticks the thoughts that came up when seeing the film, any feelings and whether those thoughts have given rise to any opinions? The post sticks will be put on posters placed on a talking wall. The groups will gather common themes together and discuss.
Plenary feedback from groups about popular themes
Summary and close
5.20pm
CLOSE
Wednesday 23 November

8.30am REFRESHMENTS AND EXHIBITION

Session V Perinatal Mental Health

Chair: Roch Cantwell/ Lucinda Green / RCOGVP

9.00am Implementation of networks and services
Dr Lucinda Green, Consultant Perinatal Psychiatrist and Clinical Lead for Liaison and Perinatal Mental Health Services, West Middlesex University Hospital, London

9.20am Health Education England – don’t forget the woman
Dr Liz MacDonald, Consultant Perinatal Psychiatrist, Royal College of Psychiatrists, London

9.40am The role of the obstetrician
Miss Karen Joash, Consultant Obstetrician and Gynaecologist, Imperial College Healthcare NHS Trust; Specialty Training Programme Director, Imperial Lead Provider, London

10.00am Discussion

10.10am REFRESHMENTS

Session VI Parallel Breakout Sessions – Session C

STREAM 9 British Maternal and Fetal Medicine Society (BMFMS)

Chair: Professor Catherine Williamson, Professor of Women’s Health and Honorary Consultant in Obstetric Medicine, King’s College London, UK

10.40am Progesterone and Preterm Labour – what is Optimum now?
Professor Phil Bennett, Director, Institute for Reproductive and Developmental Biology, Imperial Healthcare NHS Trust; Specialty Training Programme Director, Imperial Lead Provider, London

Managing the macrosomic fetus – is early induction required?
Ms Kate Walker, Clinical Assistant Professor (Obstetrics and Gynaecology), University of Nottingham

Rising rates of obstetric anal sphincter injuries – time for action
Ms Ranee Thakar, Consultant Obstetrician & Gynaecologist, Craydon Health Services NHS Trust

STREAM 10 British Menopause Society (BMS)

Chair: Dr Heather Currie, Associate Specialist Gynaecologist, Dumfries and Galloway Royal Infirmary

10.40am Intro, welcome, BMS new
Dr Heather Currie

Premature ovarian insufficiency overview and update on POI registry
Mr Nick Panay, Consultant Gynaecologist, Imperial College and Chelsea and Westminster Hospitals, London

Bleeding in perimenopause and on HRT, when and how to investigate
Ms Kathy Abermety, Senior Nurse Specialist, Director ‘The Menopause Course’, Northwick Park Hospital, Harrow

Menopausal heart and bone health - what every gynaecologist should know
Dr Heather Currie

Panel discussion

STREAM 11 British Association of Robotic Gynaecological Surgeons (BIARGS) – Robotic Surgery in Gynaecology

Chair: Mr Peter Barton-Smith, President BIARGS; Consultant Gynaecologist Surgeon, Princess Grace Hospital, London
Co-Chair: Dr Nahid Gul, Consultant Gynaecologist Surgeon, Wirral University Teaching Hospital, Wirral, Merseyside

Introduction to robotic surgery and indications
Mr Nick Elkington, Consultant Obstetrician and Gynaecologist, Frimley Health NHS Foundation

How to set up a robotic service in gynaecology?
Mr Alan Gillespie, Consultant Gynaecologist Surgeon and Oncologist, Sheffield Teaching Hospital, NHS Foundation Trust

From innovation to adoption, a voyage from open gynaecological surgery to laparoscopic and robotic surgery
Dr Nahid Gul

Evidence based robotic surgery in gynaecology
Dr Marielle Nobbenhuis, Consultant Gynaecologist and Robotic Surgeon, The Royal Marsden Hospital, London
STREAM 12  British Society for the Study of Vulval Disease (BSSVD)

Chair: Dr David Nunns, Department of Gynaecology, Nottinghamshire University Hospitals

Vulvodynia
Dr David Nunns

Vulval itching
Dr Susan Cooper, Consultant Dermatologist, Churchill Hospital, Oxford

Standards for setting specialized vulva clinics
Dr Eman Toeima, Post CCT Speciality Doctor in Obstetrics and Gynaecology, NorthCumbria University Hospitals

12.10pm  LUNCH (two-course standing fork lunch) AND EXHIBITION

Session VII  RCOG Officers

1.10pm  Meet the NEW RCOG Officers
Submit your questions that you would like to ask

Professor Lesley Regan, President
Professor Janice Rymer, Vice President for Education
Ms Alison Wright, Vice President for UK And Global Membership
Professor Mary Ann Lumsden, Vice President for Strategic Development
Mr Edward Morris, Vice President for Clinical Quality

Session VIII  Parallel Breakout Sessions – Session D

STREAM 13  British Society for Gynaecological Imaging (BSGI)

Chair: Mrs Leena Gokhale, Consultant Obstetrician and Gynaecologist, Royal Gwent Hospital, Newport

2.15pm  Ultrasound in the diagnosis of pelvic masses – the Cardiff experience
Mrs Anju Sinha, Consultant Obstetrician and Gynaecologist, University Hospital of Wales, Cardiff

The role of advanced ultrasound in optimising the outcome of assisted conception cycles
Mrs Geeta Nargund, Consultant Gynaecologist, St George’s Hospital, London

The role of USS in endometriosis
Dr Tom Holland, Consultant Obstetrician and Gynaecologist, St Thomas’ Hospital, London

STREAM 14  Association of Early Pregnancy Unit (AEPU)
– Avoiding admission and intervention in early pregnancy

Chair: Professor Tom Bourne, Consultant Gynaecologist, Imperial College, London

2.15pm  How to run an outpatient service to manage vomiting in pregnancy
Dr Nicola Mitchell-Jones, Clinical Research Fellow, Chelsea and Westminster Hospital, London

Managing miscarriage: when is MVA appropriate and lessons we learnt when setting up an MVA service in Birmingham
Dr Manjeet Shehmar, Consultant Gynaecologist, Birmingham Women’s Hospital

Pregnancy of Unknown Location: using prediction models to safely rationalise follow up for women with a PUL
Dr Shabnam Bobdiwala, PhD Research Fellow, Tommy’s National Centre for Miscarriage Research, Queen Charlotte’s and Chelsea Hospital, London
STREAM 15 British Society of Urogynaecology (BSUG)

Chair: Mr Christian Phillips

2.15pm Current trends in treatment of prolapse
Mr Christian Phillips

Current trends in treatment of SUI
Mr Patrick Doyle, Consultant Obstetrician and Gynaecologist, Divisional Medical Director, Surgery Women’s and Children’s Division, Wirral University Teaching Hospital NHS Foundation Trust

Current trends in management of OAB
Miss Maya Basu, Consultant Urogynaecologist, Medway NHS Foundation Trust, Gillingham, Kent

STREAM 16 From Research to Publication and to Clinical Practice

Chair: Mr Stergios Doumouchtsis, Scientific Editor BJOG

Introduction to research communication
Ms Elizabeth Hay, Managing Editor RCOG Journals

BJOG: Types of research we publish / how to get published
Mr Patrick Chien, Deputy Editor in Chief, BJOG

CROWN initiative: reporting research outcomes to improve clinical evidence
Mr Stergios Doumouchtsi

TOG: how research is used to inform clinical practice and provide clinical updates
Mr Mark Roberts, Editor in Chief TOG

3.45pm REFRESHMENTS AND EXHIBITION

Session IX Doctors in Trouble – Where are we now?

Chairs: Ms Alison Wright

Dr Jo Mountfield, Director of Education and Workforce, Honorary Senior Clinical Lecturer, Consultant Obstetrician, University Hospital Southampton NHS Foundation Trust

4.00pm The consultant
Mr Nick Nicholas, Consultant Obstetrician and Gynaecologist, Recently retired from Hillingdon Hospital on 30.09.2016, Uxbridge

4.20pm Providing support in challenging situations - what can we do to help senior doctors?
Dr Jo Mountfield

4.40pm The GMC
Professor Terence Stephenson, Chair, General Medical Council (GMC), London

5.00pm Alcohol and drugs
Dr Shivanthi Sathanandan, ST6 Fellow, Practitioner’s Health Programme, London

5.20pm Panel discussion

5.30pm DRINKS RECEPTION
Programme

Thursday 24 November

8.30am Refreshments and Exhibition

Session X Update on Consent

Chairs: Mr Edward Morris, Vice President, Clinical Quality, RCOG, Norfolk and Norwich University Hospital
Mr Bertie Leigh, Consultant, Hempsons, London

8.45am The Montgomery Ruling
Mr Edward Morris

9.10am The lawyer’s perspective
Mr Bertie Leigh

9.35am The woman’s view
Ms Kate Brian, Women’s Voices Lead and Women’s Network Chair, RCOG

Session XI RCOG Key Priorities

Chairs: Ms Alison Wright
Professor Alan Cameron, Consultant Obstetrician and Honorary Professor of Fetal Medicine, The Ian Donald Fetal Medicine Centre, Queen Elizabeth University Hospital, Glasgow

10.00am Abortion task force
Professor Lesley Regan

10.25am Each baby counts - a 5 year quality improvement programme to reduce stillbirth and neonatal harm during term labour
Professor Alan Cameron

10.50am Global adaptation of RCOG Guidelines
Ms Alison Wright

11.15am Delivering the O&G service – where to now?
Professor Mary Ann Lumsden, Vice President for Strategic Development, RCOG

11.40am Refreshments and Exhibition

Session XII Research and Education — Future Directions

Chairs: Professor Mary Ann Lumsden

12.00noon The future of education in obstetrics and gynaecology
Professor Khaled Ismail, Honorary Director of eLearning, RCOG

12.30pm Facilitating future research in O&G or Future research directions in O&G
Professor Lucilla Poston

1.00pm Lunch (two-course standing fork lunch) and Exhibition

Session XIII Contemporary Issues in Obstetric and Gynaecology

Chairs: Professor Janice Rymer, Vice President for Education, RCOG
Dr Mark Slack

2.00pm Are we still in a mesh?
Dr Mark Slack

2.30pm Electronic fetal monitoring – do we need decision support?
Professor Peter Brocklehurst, Director of Birmingham Clinical Trials Unit, University of Birmingham

3.00pm HRT – bene it and risk assessment
Dr Heather Currie, Associate Specialist Gynaecologist, Dumfries and Galloway Royal Infirmary

3.30pm Zika and other intrapartum infections – an update
Mr Patrick O’Brien, Consultant Obstetrician and Gynaecologist, University College London Hospitals

4.00pm Close
Event information

Venue
RCOG, 27 Sussex Place, Regent’s Park, London NW1 4RG.
Tel: 020 7772 6200

Transport
Marylebone Station: 10-minute walk
Baker Street: 10-minute walk
Parking: Regent’s Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road.
Tel: 0870 242 7144 for further information

Fee and payment
Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

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All cancellations must be received in writing by the Conference Office a minimum of 2 weeks before the meeting (except Basic Practical Skills Courses, which must be received at least 6 weeks prior to the course). An administrative charge of £25 will be made on all cancellations received before or on the above date. We regret that refunds cannot be issued on cancellations received less than two weeks prior to the conference. No refunds will be made for non-attendance on the course. An administrative charge of £50 applies to certain meetings, including Basic Practical Skills Courses, Part 1 MRCOG Revision Courses, Part 2 MRCOG Revision and OSCE Courses. Please check your confirmation letter for clarification. Substitutions are welcome at any time. In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation costs that have already been incurred by the delegate or any administration charges relating to cancellation of travel tickets or accommodation.

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We would like to thank the following UK Specialist Societies for their involvement in the creation of the APD programme.