

Annual Update in Paediatric and Adolescent Gynaecology *Incorporating the BritSPAG Training Day*

Joint RCOG/BritSPAG Meeting

9 – 10 March 2017



11 credits



2 days



RCOG, London



Overview

Adolescents represent one quarter of the world's population with their specific health needs being increasingly recognised.

The BritSPAG Annual Conference covers details of advances in the rapidly changing field of Paediatric and Adolescent Gynaecology (PAG). Some may be technology-driven, such as advances in imaging and surgery for many aspects of management of Mullerian Anomalies. Other areas reflect increased international collaborative working such as change in practice for those with Disorders of Sex Development. As healthcare evolves so do the challenges, in both high and low-resource settings. These are contrasted in the programme with guidance on FGM in children, managing the obese adolescent and providing care in a resource-poor setting

The training day will cover all the aspects of the problems of puberty. Learn about normal puberty, when to investigate abnormality and how to manage early and late puberty, adolescent menstrual dysfunction, polycystic

ovarian syndrome, congenital adrenal hyperplasia. Understand young women's psychological and emotional needs during puberty and how to discuss sex with them. Find out about Klinefelter syndrome and XY women.

The multidisciplinary nature of paediatric and adolescent gynaecology is reflected in the invited speakers, providing an opportunity to learn from other disciplines.

This course is suitable for the theoretical component of the ATSM 'Paediatric and Adolescent Gynaecology'



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Who should attend?

- Consultants and Trainees in obstetrics and gynaecology
- Consultants and Trainees in Paediatrics and Paediatric Surgery, Endocrinology, Paediatric Urology
- Consultants and Trainees in Sexual and Reproductive Health
- GPs
- Nurses with special interest in paediatrics and adolescent gynaecology
- SAS Doctors
- Psychologists, counsellors, social workers with a special interest in PAG

Learning Objectives

- Conduct a paediatric and adolescent gynaecology consultation and examination
- Manage common conditions in paediatric and adolescent gynaecology
- Manage early and late puberty, adolescent menstrual dysfunction, polycystic ovarian syndrome
- Understand young women's psychological and emotional needs during puberty and how to discuss sex with them
- Show awareness of challenges and controversies in this age group
- Understand current management for those with Disorders of Sex Development and Mullerian Anomalies
- Understand the psychological aspects and the multidisciplinary approach in PAG
- Be aware of safeguarding issues and what to do in the event of sexual assault

Course Organiser

- Dr Cara Williams MRCOG, Liverpool
- Dr Pallavi Latthe MRCOG, Birmingham

Honorary Director of Conferences

- Mr Nick Panay MRCOG, London

Call for Abstracts

Currently undertaking your own research?

Why not take this unique opportunity to showcase your work in either an oral or poster presentation? BritSPAG invite you to submit an abstract to be presented at the Annual Update in Paediatric and Adolescent Gynaecology 2017. The top 5 abstracts submitted will be chosen to present their work orally. Details of how to submit your work is available through the RCOG website

Deadline for submissions: Friday 6 January 2017 at 10.00am, UK time.

Full conference



2 days



£535



£430



11 credits



RCOG, London



£480



£365

Programme

Thursday 9 March: Annual Update in Paediatric and Adolescent Gynaecology

8.20am REGISTRATION AND REFRESHMENTS

8.50am **Welcome**
Dr Naomi Crouch, Chair of BritSPAG;
Consultant Obstetrician and Gynaecologist,
University Hospital Bristol

Session I: Disorders of sex development

Chair: Dr Gail Busby, Consultant Gynaecologist, St Mary's Hospital, Manchester

9.10am **Management of atypical genitalia: a multidisciplinary approach**
Dr Urmi Das, Consultant Paediatric Endocrinologist, Alder Hey Children's Hospital, Liverpool

9.40am **Congenital adrenal hyperplasia: optimising fertility and long-term reproductive outcomes**
Professor Gerald Conway, Honorary Professor of Reproductive Endocrinology, University College London Hospitals

10.10am **Cloacal anomalies: long-term gynaecological management and outcomes**
Professor Sarah Creighton, Consultant Gynaecologist, University College London Hospitals

10.30am REFRESHMENTS

Session II: Multidisciplinary PAG

Chair: Professor Anne S Garden MBE, Professor Emerita Medical Education, Lancaster University

11.00am **Sexual assault and safeguarding in PAG**
Dr Catherine White, Clinical Director, St Mary's Sexual Assault Referral Centre, Manchester

11.30am **Continence in the child and adolescent**
Miss Fiona McAndrew, Consultant Paediatric Urologist, Alder Hey Children's Hospital, Liverpool

12.00pm **Reconstructive vaginal surgery: who, when and how?**
Mr Dan Wood, Consultant, Adolescent and Reconstructive Urology, University College, London

12.30pm LUNCH (2 course standing fork lunch)

1.15pm AGM (BritSPAG members only)

Session III: Oral presentations

Chair: Dr Cara Williams, Consultant Gynaecologist, Liverpool Women's Hospital and Alder Hey

1.45pm Oral presentations selected from submitted abstracts

Session IV: The 10th Jack Dewhurst Memorial Lecture

Chair: Miss Naomi Crouch

2.35pm **Can I have children of my own? childhood cancer and fertility**
Miss Melanie Davis, Consultant Obstetrician and Gynaecologist, University College London Hospitals

3.05pm REFRESHMENTS

Session V: Reproductive endocrinology

Chair: Mr Paul Wood, Consultant Obstetrician and Gynaecologist, Kettering General Hospital, Northamptonshire

3.30pm **Anti-Mullerian hormone: interpretation in the paediatric and adolescent population**
Professor Richard Anderson, Professor of Clinical Reproductive Science, University of Edinburgh

4.00pm **Late Effects following childhood malignancy**
Dr Jo Blair, Consultant Endocrinologist, Alder Hey Children's NHS Foundation Trust, Liverpool

4.30pm **Hormones and communication: psychosocial aspects of working with children and adolescents**
Professor Katrina Roen, Professor, Cultural and Community Psychology, University of Oslo, Norway

5.00pm CLOSE

Programme

Friday 10 March: BritSPAG Training Day

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|--------|-----------------------------------|
| 8.00am | PAG Nurses Networking Meeting |
| 8.30am | REGISTRATION AND REFRESHMENTS |
| 9.00am | Introduction Miss Naomi Crouch |

Session I: General PAG

Chair: Miss Susan Ward, Consultant Obstetrician and Gynaecologist, Kings Mill Hospital, Mansfield

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|---------|--|
| 9.10am | History and examination in PAG Miss Naomi Crouch |
| 9.40am | Menstrual dysfunction Mr Paul Wood |
| 10.10am | Pelvic pain Dr Pallavi Latthe, Consultant Obstetrician and Gynaecologist, Birmingham Women's NHS Foundation Trust |
| 10.40am | REFRESHMENTS |

Session II: Multidisciplinary PAG

Chair: Dr Brigid Hayden, Deputy Medical Director, UK-Med, Manchester University

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|---------|--|
| 11.00am | Induction of puberty Dr Jeremy Kirk, Consultant Paediatric Endocrinologist, Birmingham Children's Hospital |
| 11.30am | PCOS: an update Dr Meenakshi Choudhary, Consultant Gynaecologist; Paediatric and Adolescent Gynaecology Lead, Newcastle upon Tyne Hospitals NHS Trust |
| 12.00pm | The use of contraception in adolescents: preventing pregnancy and so much more Dr Jane Dickson, Consultant, Sexual and Reproductive Healthcare, Oxleas NHS Foundation Trust |
| 12.30pm | LUNCH (2 course standing fork lunch) |

Session III: Complex PAG

Chair: Dr Cara Williams

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|--------|--|
| 1.30pm | Rokitansky Syndrome Dr Gail Busby |
| 2.00pm | Premature ovarian insufficiency Miss Ephra Yasmin, Consultant Obstetrician and Gynaecologist, University College London |
| 2.30pm | Laparoscopy in adolescents Mr Thomas Aust, Consultant Obstetrician and Gynaecologist, Wirral University Teaching Hospital; Honorary Consultant Gynaecological Surgeon, Alder Hey Children's Hospital, Liverpool |
| 3.00pm | REFRESHMENTS |

Session IV: Sexual health in adolescents/ workshops

Chair: Dr Gail Busby

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|--------|---|
| 3.30pm | Vulval dermatology in PAG Dr Ruth Murphy, Consultant Dermatologist, Nottingham |
| 4.00pm | Workshops <i>Delegates will attend all workshops on a rotational basis</i> Vaginal Dilation Miss Louise Williams, Clinical Nurse Specialist, Paediatric and Adolescent Gynaecology, University College London Hospitals Talking with children and young people who are experiencing sex development issues: Psycho-social considerations Professor Katrina Roen Assessment of a child or adolescent following sexual assault Dr Catherine White |
| 5.00pm | CLOSE |



Venue

Venue: RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG.

Tel: 020 7772 6200 **Fax:** 020 7772 6388

Train: Marylebone Station - 10 minute walk

Underground: Baker Street - 10 minute walk

Parking: Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,

Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on **+44 20 7772 6245**.

Cancellations

All cancellations must be received in writing by the Conference Office a minimum of 2 weeks before the meeting (except Basic Practical Skills Courses, which must be received at least 6 weeks prior to the course). A standard administrative charge of £25 will be made on all cancellations received 2 weeks or more prior to the conference. We regret that refunds cannot be

issued on cancellations received less than two weeks prior to the conference. No refunds will be made for non-attendance on the course. An administrative charge of £50 applies to certain meetings, including Basic Practical Skills Courses, Part 1, 2 and 3 MRCOG Revision Courses. Please check your confirmation letter for clarification. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation costs that have already been incurred by the delegate or any administration charges relating to cancellation of travel tickets or accommodation.

Visa Information

If you are from a country outside the European Union you may be required to have a valid visa to enter Britain. Please check your visa requirements before you book a place on any of our events and before you travel. We are unable to refund course fees outside of our cancellation deadline in the event that your visa is denied or not received in time for you to travel. More information on visa requirements is available from the UK Border Agency.

RCOG Conference Office

Our team are here to help and advise you in your choice of courses. If you have any further questions, contact the RCOG Conference Office on **events@rcog.org.uk** or call **+44 20 7772 6245**

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