Overview

Adolescents represent one quarter of the world's population with their specific health needs being increasingly recognised.

The BritSPAG Annual Conference covers details of advances in the rapidly changing field of Paediatric and Adolescent Gynaecology (PAG). Some may be technology-driven, such as advances in imaging and surgery for many aspects of management of Mullerian Anomalies. Other areas reflect increased international collaborative working such as change in practice for those with Disorders of Sex Development. As healthcare evolves so do the challenges, in both high and low-resource settings. These are contrasted in the programme with guidance on FGM in children, managing the obese adolescent and providing care in a resource-poor setting.

The training day will cover all the aspects of the problems of puberty. Learn about normal puberty, when to investigate abnormality and how to manage early and late puberty, adolescent menstrual dysfunction, polycystic ovarian syndrome, congenital adrenal hyperplasia.

Understand young women’s psychological and emotional needs during puberty and how to discuss sex with them. Find out about rokitansky syndrome and XY women.

The multidisciplinary nature of paediatric and adolescent gynaecology is reflected in the invited speakers, providing an opportunity to learn from other disciplines.

This course is suitable for the theoretical component of the ATSM 'Paediatric and Adolescent Gynaecology.'
Who should attend?

- Consultants and Trainees in obstetrics and gynaecology
- Consultants and Trainees in Paediatrics and Pediatric Surgery, Endocrinology, Paediatric Urology
- Consultants and Trainees in Sexual and Reproductive Health
- GPs
- Nurses with special interest in paediatrics and adolescent gynaecology
- SAS Doctors
- Psychologists, counsellors, social workers with a special interest in PAG

Learning Objectives

- Conduct a paediatric and adolescent gynaecology consultation and examination
- Manage common conditions in paediatric and adolescent gynaecology
- Manage early and late puberty, adolescent menstrual dysfunction, polycystic ovarian syndrome
- Understand young women’s psychological and emotional needs during puberty and how to discuss sex with them
- Show awareness of challenges and controversies in this age group
- Understand current management for those with Disorders of Sex Development and Mullerian Anomalies
- Understand the psychological aspects and the multidisciplinary approach in PAG
- Be aware of safeguarding issues and what to do in the event of sexual assault

Course Organiser

- Dr Cara Williams MRCOG, Liverpool
- Dr Pallavi Latthe MRCOG, Birmingham

Honorary Director of Conferences

- Mr Nick Panay MRCOG, London

Call for Abstracts

Currently undertaking your own research?

Why not take this unique opportunity to showcase your work in either an oral or poster presentation? BritSPAG invite you to submit an abstract to be presented at the Annual Update in Paediatric and Adolescent Gynaecology 2017. The top 5 abstracts submitted will be chosen to present their work orally. Details of how to submit your work is available through the RCOG website.

Deadline for submissions: Friday 6 January 2017 at 10.00am, UK time.

Full conference | CPD | 11 credits
--- | --- | ---
2 days | RCOG, London
STD | £535 | £480
TRN | £430 | AHP £365
### Thursday 9 March: Annual Update in Paediatric and Adolescent Gynaecology

#### Session I: Disorders of sex development  
**Chair: Dr Gail Busby, Consultant Gynaecologist, St Mary’s Hospital, Manchester**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>9.10am</td>
<td>Management of atypical genitalia: a multidisciplinary approach</td>
<td>Dr Urmi Das, Consultant Paediatric Endocrinologist, Alder Hey Children’s Hospital, Liverpool</td>
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<tr>
<td>9.40am</td>
<td>Congenital adrenal hyperplasia: optimising fertility and long-term reproductive outcomes</td>
<td>Professor Gerald Conway, Honorary Professor of Reproductive Endocrinology, University College London Hospitals</td>
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<tr>
<td>10.10am</td>
<td>Cloacal anomalies: long-term gynaecological management and outcomes</td>
<td>Professor Sarah Creighton, Consultant Gynaecologist, University College London Hospitals</td>
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#### Session II: Multidisciplinary PAG  
**Chair: Professor Anne S Garden MBE, Professor Emerita Medical Education, Lancaster University**

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<tr>
<td>11.00am</td>
<td>Sexual assault and safeguarding in PAG</td>
<td>Dr Catherine White, Clinical Director; St Mary’s Sexual Assault Referral Centre, Manchester</td>
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<tr>
<td>11.30am</td>
<td>Continence in the child and adolescent</td>
<td>Miss Fiona McAndrew, Consultant Paediatric Urologist, Alder Hey Children’s Hospital, Liverpool</td>
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<tr>
<td>12.00pm</td>
<td>Reconstructive vaginal surgery: who, when and how?</td>
<td>Mr Dan Wood, Consultant, Adolescent and Reconstructive Urology, University College, London</td>
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#### Session III: Oral presentations  
**Chair: Dr Cara Williams, Consultant Gynaecologist, Liverpool Women’s Hospital and Alder Hey**

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<th>Time</th>
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<tr>
<td>1.15pm</td>
<td>AGM (BritSPAG members only)</td>
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<tr>
<td>1.45pm</td>
<td>Oral presentations selected from submitted abstracts</td>
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#### Session IV: The 10th Jack Dewhurst Memorial Lecture  
**Chair: Miss Naomi Crouch**

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<tr>
<td>2.35pm</td>
<td>Can I have children of my own? childhood cancer and fertility</td>
<td>Miss Melanie Davis, Consultant Obstetrician and Gynaecologist, University College London Hospitals</td>
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#### Session V: Reproductive endocrinology  
**Chair: Mr Paul Wood, Consultant Obstetrician and Gynaecologist, Kettering General Hospital, Northamptonshire**

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<tr>
<td>3.30pm</td>
<td>Anti-Mullerian hormone: interpretation in the paediatric and adolescent population</td>
<td>Professor Richard Anderson, Professor of Clinical Reproductive Science, University of Edinburgh</td>
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<tr>
<td>4.00pm</td>
<td>Late Effects following childhood malignancy</td>
<td>Dr Jo Blair, Consultant Endocrinologist, Alder Hey Children’s NHS Foundation Trust, Liverpool</td>
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<tr>
<td>4.30pm</td>
<td>Hormones and communication: psychosocial aspects of working with children and adolescents</td>
<td>Professor Katrina Roen, Professor, Cultural and Community Psychology, University of Oslo, Norway</td>
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#### REFRESHMENTS

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<tr>
<td>10.30am</td>
<td>REFRESHMENTS</td>
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<td>3.05pm</td>
<td>REFRESHMENTS</td>
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#### LUNCH (2 course standing fork lunch)

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<tr>
<td>12.30pm</td>
<td>LUNCH (2 course standing fork lunch)</td>
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<td>1.15pm</td>
<td>AGM (BritSPAG members only)</td>
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#### CLOSE

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## Programme

### Friday 10 March: BritSPAG Training Day

| Time  | Session I: General PAG
|-------|-------------------------------------------------|
| 8.00am | PAG Nurses Networking Meeting
| 8.30am | REGISTRATION AND REFRESHMENTS
| 9.00am | Introduction
| 9.10am | History and examination in PAG
| 9.40am | Menstrual dysfunction
| 10.10am | Pelvic pain
| 10.40am | REFRESHMENTS

### Session I: General PAG

*Chair: Miss Susan Ward, Consultant Obstetrician and Gynaecologist, Kings Mill Hospital, Mansfield*

- **9.10am** History and examination in PAG
  - Miss Naomi Crouch
- **9.40am** Menstrual dysfunction
  - Mr Paul Wood
- **10.10am** Pelvic pain
  - Dr Pallavi Latthe, Consultant Obstetrician and Gynaecologist, Birmingham Women’s NHS Foundation Trust

### Session II: Multidisciplinary PAG

*Chair: Dr Brigid Hayden, Deputy Medical Director, UK-Med, Manchester University*

- **11.00am** Induction of puberty
  - Dr Jeremy Kirk, Consultant Paediatric Endocrinologist, Birmingham Children’s Hospital
- **11.30am** PCOS: an update
  - Dr Meenakshi Choudhary, Consultant Gynaecologist; Paediatric and Adolescent Gynaecology Lead, Newcastle upon Tyne Hospitals NHS Trust
- **12.00pm** The use of contraception in adolescents: preventing pregnancy and so much more
  - Dr Jane Dickson, Consultant, Sexual and Reproductive Healthcare, Oxleas NHS Foundation Trust
- **12.30pm** LUNCH (2 course standing fork lunch)

### Session III: Complex PAG

*Chair: Dr Cara Williams*

- **1.30pm** Rokitansky Syndrome
  - Dr Gail Busby
- **2.00pm** Premature ovarian insufficiency
  - Miss Ephia Yasmin, Consultant Obstetrician and Gynaecologist, University College London
- **2.30pm** Laparoscopy in adolescents
  - Mr Thomas Aust, Consultant Obstetrician and Gynaecologist, Wirral University Teaching Hospital; Honorary Consultant Gynaecological Surgeon, Alder Hey Children’s Hospital, Liverpool

### Session IV: Sexual health in adolescents/workshops

*Chair: Dr Gail Busby*

- **3.00pm** REFRESHMENTS
- **3.30pm** Vulval dermatology in PAG
  - Dr Ruth Murphy, Consultant Dermatologist, Nottingham
- **4.00pm** Workshops
  - Delegates will attend all workshops on a rotational basis
  - Vaginal Dilation
    - Miss Louise Williams, Clinical Nurse Specialist, Paediatric and Adolescent Gynaecology, University College London Hospitals
  - Talking with children and young people who are experiencing sex development issues: Psycho-social considerations
    - Professor Katrina Roen
  - Assessment of a child or adolescent following sexual assault
    - Dr Cathenne White
- **5.00pm** CLOSE
Venue

Venue: RCOG, 27 Sussex Place, Regent’s Park, London NW1 4RG.
Tel: 020 7772 6200 Fax: 020 7772 6388
Train: Marylebone Station - 10 minute walk
Underground: Baker Street - 10 minute walk
Parking: Regent’s Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,
Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

Cancellations

All cancellations must be received in writing by the Conference Office a minimum of 2 weeks before the meeting (except Basic Practical Skills Courses, which must be received at least 6 weeks prior to the course). A standard administrative charge of £25 will be made on all cancellations received 2 weeks or more prior to the conference. We regret that refunds cannot be issued on cancellations received less than two weeks prior to the conference. No refunds will be made for non-attendance on the course. An administrative charge of £50 applies to certain meetings, including Basic Practical Skills Courses, Part 1, 2 and 3 MRCOG Revision Courses. Please check your confirmation letter for clarification. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation costs that have already been incurred by the delegate or any administration charges relating to cancellation of travel tickets or accommodation.

Visa Information

If you are from a country outside the European Union you may be required to have a valid visa to enter Britain. Please check your visa requirements before you book a place on any of our events and before you travel. We are unable to refund course fees outside of our cancellation deadline in the event that your visa is denied or not received in time for you to travel. More information on visa requirements is available from the UK Border Agency.

RCOG Conference Office

Our team are here to help and advise you in your choice of courses. If you have any further questions, contact the RCOG Conference Office on events@rcog.org.uk or call +44 20 7772 6245.

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Post your cheque and completed booking form to the team at:
Conference Office, RCOG, 27 Sussex Place, Regent’s Park, London, NW1 4RG, UK

To be invoiced please see full guidance on the events terms and conditions page at rcog.org.uk/events/terms-and-conditions

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