RCOG Operative Birth Simulation Training (ROBuST): Trainer and Trainee Course Combined

Programme – Wednesday 11 March

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Description</th>
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</thead>
<tbody>
<tr>
<td>8.00am</td>
<td>1st Floor Foyer</td>
<td>REGISTRATION AND REFRESHMENTS FOR TRAINERS</td>
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<td>8.30am</td>
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<td><strong>Trainers’ Briefing</strong>&lt;br&gt;Dr Dimitrios Siassakos and Dr George Attilakos&lt;br&gt;To cover:&lt;br&gt;• Course principles&lt;br&gt;• Faculty requirements&lt;br&gt;• Equipment</td>
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<tr>
<td>9.00am</td>
<td>Room 103</td>
<td><strong>Setting up an RCOG ROBuST Course</strong>&lt;br&gt;Ms Jessica Letters and Dr Stephen O’Brien</td>
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<td>9.15am</td>
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<td><strong>Tips and tricks from experienced Course Leads</strong>&lt;br&gt;Dr Mich Mohajer</td>
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Session I: Basic stations

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9.45am</td>
<td>Room 103</td>
<td><strong>Indications and medico-legal aspects</strong></td>
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<tr>
<td>10.05am</td>
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<td><strong>Preparing your equipment</strong></td>
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<tr>
<td>10.15am</td>
<td>Room 104/105</td>
<td><strong>Practical instruction: operative vaginal birth</strong>&lt;br&gt;Delegates to attend all 3 workshops on a rotational basis (25 minutes per workshop)&lt;br&gt;• Non-rotational vacuum&lt;br&gt;• Vaginal Examination &amp; Pudendal block&lt;br&gt;• Non-rotational forceps</td>
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1st Floor Foyer
11.30am REFRESHMENTS

Room 103
11.45am Teamwork and communication with women, parents and clinicians

12.05pm Hands-on practice: one training station with communication (30 minutes)

12.35pm Group session: debriefing and documentation

1st Floor Foyer
1.05pm LUNCH

Advanced stations:

Room 103
1.45pm Demonstration/video: rotational operative vaginal births

Room 104/105
2.00pm Instruction and hands-on practice: rotational birth
Delegates to attend all 3 workshops on a rotational basis (30 minutes per workshop)

- Kiellands OP
- Manual Rotation
- Rotational ventouse

1st Floor Foyer
3.30pm REFRESHMENTS

Room 103
3.45pm Caesarean Section at full dilatation – short lecture

Room 104/105
4.00pm Instruction and hands-on practice: extraction at CS
Delegates to attend all 3 workshops on a rotational basis (20 minutes per workshop)

- Head dis-impaction
- Breech extraction
- Practice of any technique inc. Kiellands OT

5.00pm CLOSE