



RCOG Operative Birth Simulation Training (ROBuST): Trainer and Trainee Course Combined

Programme – Wednesday 24 March 2021

8.00am **Ist Floor Foyer**
REGISTRATION AND REFRESHMENTS FOR TRAINERS

8.30am **Trainers' Briefing**
Dr Dimitrios Siassakos and Dr George Attilakos

- Course principles
- Faculty requirements
- Equipment

9.00am **Room 103**
Setting up an RCOG ROBuST Course
RCOG representative and Dr Stephen O'Brien

9.15am **Tips and tricks from experienced Course Leads**
Dr Mich Mohajer

9.15am **Ist Floor Foyer**
REGISTRATION AND REFRESHMENTS FOR TRAINEES

Session I: Basic stations

9.45am **Room 103**
Indications and medico-legal aspects

10.05am **Preparing your equipment**

10.15am **Room 104/105**
Practical instruction: operative vaginal birth
Delegates to attend all 3 workshops on a rotational basis (25 minutes per workshop)

- Non-rotational vacuum
- Vaginal Examination & Pudendal block
- Non-rotational forceps

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- 11.30am **1st Floor Foyer**
REFRESHMENTS
- 11.45am **Room 103**
Teamwork and communication with women, parents and clinicians
- 12.05pm **Hands-on practice: one training station with communication (30 minutes)**
- 12.35pm **Group session: debriefing and documentation**
- 1.05pm **1st Floor Foyer**
LUNCH
- Advanced stations:**
- 1.45pm **Room 103**
Demonstration/video: rotational operative vaginal births
- 2.00pm **Room 104/105**
Instruction and hands-on practice: rotational birth
Delegates to attend all 3 workshops on a rotational basis (30 minutes per workshop)
- Kiellands OP
 - Manual Rotation
 - Rotational ventouse
- 3.30pm **1st Floor Foyer**
REFRESHMENTS
- 3.45pm **Room 103**
Caesarean Section at full dilatation – short lecture
- 4.00pm **Room 104/105**
Instruction and hands-on practice: extraction at CS
Delegates to attend all 3 workshops on a rotational basis (20 minutes per workshop)
- Head dis-impaction
 - Breech extraction
 - Practice of any technique inc. Kiellands OT
- 5.00pm CLOSE