

Example of a Formal Event

Formal Learning Event (FLE)

Attendance at International Conference Learning Event Log

2. Learning Event

This example represents just one individual approach to reflection and action. You can and should use your own style to engage in this process.

	Attendance at International Conference: British Maternal Fetal Medical Society (BMFMS)		
When did you complete this Learning Event?	30/03/2017 – 31/03/2017		
What was the duration of this Learning Event?	Two days		
Describe this Learning Event			
Which Dimension is this Learning Event linked to?	Professional	Clinical ✓	Extended Role
What type of Learning Event is this?	Formal ✓	Experiential	Specific
Link to Practice and Roles	Consultant Obstetrician with special interest in maternal medicine.		
Link to Personal Learning Plan [†]	Update knowledge of current advances in maternal and fetal medicine		
Link to GMC Domains of GMP (optional)	Domain 1: Knowledge, skills and performance		
Do you want to upload evidence?	Yes	Not now ✓	
Do you want to complete a Reflective Log? (optional for FLE/SpLE – mandatory for ELE)	Yes ✓	Not now	
Do you want to complete an Action Log?	Yes ✓	Not now	
What is the Credit Value of this Learning Event?	4		
SUBMIT			

Reflective Log

3. Reflection

<p>What prompted this Learning Event? (You may wish to include reasons why you undertook it, what you wanted to achieve and, if it was planned, how it links to your PLP)</p>	<p>I decided to attend the BMFMS annual conference. I know this is a good way of getting an all-round update on current thinking and advance in fetal and maternal medicine. I had also submitted an abstract that had been accepted as a poster presentation.</p>	
<p>What did you learn from this Learning Event? (You may wish to include whether it achieved what you wanted to achieve, how it might be helpful in your future practice, and any plans for further development activity that has resulted from this learning)</p>	<p>Over the two days the conference had a number of very useful lectures, including the results of the INFANT trial, the (lack of) evidence for intrapartum monitoring with CTG, maternal cardiac disease, vit D supplementation in pregnancy, stillbirth trends, and a vigorous debate on mode of delivery for deep transverse arrest.</p> <p>As a unit we had recruited to the INFANT trial, so it was interesting to hear the results first hand. The fact that ‘intelligent decision support’ for CTG interpretation did not result in improved outcomes, is very interesting (of note is that the company that owns the software and hardware has a different, non-evidence based interpretation of the trial). The results of this trial in my mind doesn’t necessarily mean that the intelligent design support is flawed, but could indicate that CTG per se are flawed. This is in line with Peter Brocklehurst’s lecture on the lack of a robust evidence base behind the use of intrapartum CTG (quote: ‘how long do we keep flogging a dead horse before we accept it is dead’) and has led me to further reading around the issue and discussions with colleagues. Should we now be abandoning intrapartum CTG and reallocating resources elsewhere (e.g. to better continuity of care, for which there is a good evidence base of improved outcome)</p> <p>I plan to do further reading and discussion on this issue at both local, regional (LMS) and national (RCOG) level.</p>	
<p>Do you want to complete an Action Log?</p>	<p>Yes <input checked="" type="checkbox"/></p>	<p>Not now <input type="checkbox"/></p>
<p>Credit Value for this Reflective Log</p>	<p>1</p>	
<p>SUBMIT</p>		

Action Log

4. Action

<p>What actions have resulted from this Learning Event? (You may wish to include a description of a change in your or your team's practice or confidence, a description of a specific situation when you applied what you learned, or further learning needs identified as a result of this learning)</p>	<ul style="list-style-type: none"> • Further reading and discussion on intrapartum CTG • The knowledge gained from the lecture on maternal cardiac disease was useful in an external review of a maternal cardiac death I did • I used the knowledge gained from the lecture on Vit D in pregnancy to try and persuade our local CCG to continue to pay for Vit D supplementation in pregnancy (unsuccessfully) 	
<p>Looking forward, what are your next steps? (You may wish to include further learning needs for you or your team as SMART objectives)</p> <p><i>Specific</i> Measurable <i>Achievable</i> Realistic <i>Timed</i></p>	<ul style="list-style-type: none"> • Further reading and discussion on intrapartum CTG at both local, regional (LMS) and national (RCOG) level, perhaps calling for a review of NICE guidance on intrapartum monitoring. 	
<p>Do you want to upload evidence?</p>	<p>Yes ✓ *</p>	<p>Not now</p>
<p>Additional Credit Value for this Action Log</p>	<p>Simple 1</p>	<p>Complex</p>
<p>SUBMIT</p>		

*Copy of presentation, no patient identifiers included