

OASI rates have increased in England over 10 years

Our care bundle aims to address the below issues in OASI prevention in the UK

- Inconsistencies in approaches to preventing OASIs
- Inconsistencies in training and skills
- Lack of awareness of risk factors and long-term impact of OASIs
- Variation in practice between midwives and doctors



OASI

CARE BUNDLE

The OASI Care Bundle contains **four evidence based elements** that were selected by an expert panel of **midwives** and **obstetricians**.

1. The **woman is aware** of the care bundle
2. **Episiotomy**, when indicated, at 60 degrees at crowning
3. Use of **manual perineal protection** whenever possible
4. **Perineal examination**, including a per rectum examination, carried out following all vaginal deliveries

32,800 women are potentially eligible to receive the care bundle over a 12 month period across participating sites.

There are three major components to the intervention which should be implemented together in 16 sites across England, Scotland and Wales:

