



Five steps for healthcare professionals

We have developed five actions for healthcare professionals to adopt that will help drive change, change attitudes and put an end to these devastating inequalities.

1. Listen

If a pregnant woman expresses concern, take time to listen to her without making assumptions

2. Remove any barriers to communication

Take the time to explain in lay terms, what is happening and ensure that the woman is in control of their situation as much as possible

3. Check you are providing clear information

Make sure you're providing clear information and check that you have been understood

4. Provide access to detailed documentation

Make sure that the woman and her designated support have access to written or online information that they can read at their own convenience

5. Be a champion

Support research and innovation in your hospital to help to end the disparity in maternity outcomes