



Royal College of  
Obstetricians &  
Gynaecologists

# Information for you

## Alternatives to hormone replacement therapy (HRT) for symptoms of the menopause

### **This information has now been archived**

See up-to-date information on treatment options for symptoms of the menopause:

<https://www.rcog.org.uk/en/patients/patient-leaflets/treatment-symptoms-menopause/>

