Childbirth and Pelvic Floor Trauma

12 May 2015
Overview:
This multi-disciplinary meeting aims to update delegates on current issues and clinical practice regarding childbirth related pelvic floor and perineal trauma. Learn about the latest developments in childbirth and pelvic floor trauma and hear presentations from both midwives and doctors on how to minimise and treat perineal and pelvic floor morbidity related to childbirth.

The issues discussed will be relevant to all clinicians involved in the care of women in childbirth.

Who Should Attend?
• All Trainees and Consultants in Obstetrics, Gynaecology and Colorectal Surgery
• All Midwives and midwifery students
• Nurses and Physiotherapists with an interest in this field
• Staff Grades, Staff Doctors, Trust Doctors and Associate Specialists

After completing this course, you will be able to:
• Understand the latest developments in childbirth and pelvic floor trauma
• Minimise and treat perineal and pelvic floor morbidity related to childbirth
• Claim up to 6 CPD credits for full attendance at this meeting

Course Organiser:
Mr Jason Cooper MD FRCOG, Staffordshire

Honorary Director of Conferences:
Miss Ranee Thakar MD MRCOG, London

Honorary Deputy Director of Conferences:
Mr Nick Panay MRCOG, London
Tuesday 12 May

9.00am  REGISTRATION and REFRESHMENTS

Session I: Understanding the pelvic floor
Chair: Mr Jason Cooper, Consultant Gynaecologist, University Hospital of North Staffordshire NHS Trust

9.20am  Welcome and introduction
Mr Jason Cooper

9.30am  Applied anatomy and imaging of the pelvic floor and anal sphincter
Miss Ranee Thakar, Consultant Obstetrician and Urogynaecologist, Croydon University Hospital

10.00am  Pregnancy, childbirth and pelvic floor dysfunction
Professor Robert Freeman, Consultant Urogynaecologist, Derriford Hospital, Plymouth

10.30am  Can we prevent pregnancy-related pelvic floor dysfunction?
Professor Khaled M K Ismail, Professor of Obstetrics and Gynaecology, School of Clinical and Experimental Medicine; College of Medical and Dental Sciences, University of Birmingham

11.00am  REFRESHMENTS

Session II: The labour ward clinician
Chair: Professor Lesley Page, President, Royal College of Midwives, London

11.30am  Hands on or hand off - current evidence
Ms Julie Frohlich, Consultant Midwife; Supervisor of Midwives, St Thomas’ Hospital, London

12.00pm  Postpartum perineal problems
Professor Jim Dornan, Chair, Fetal Medicine, Queens University, Belfast

12.30pm  Lessons learnt from the PEARLS study (Perineal Assessment and Repair Longitudinal Study)
Professor Debra Bick, Professor of Evidence Based Midwifery Practice; Editor in Chief ‘Midwifery’ journal, King’s College London

1.00pm  LUNCH (2 course standing fork lunch)
Session III: The consequences of pelvic floor injury
Chair: Mrs Geraldine Masson, RCOG Ultrasound Officer; Consultant Obstetrician, University Hospital of North Staffordshire

2.00pm Achieving optimal repair of OASIs (Obstetric Anal Sphincter Injuries)
Mr Abdul Sultan, Consultant Obstetrician and Gynaecologist, Croydon University Hospital

2.30pm Postpartum sexual dysfunction
Dr Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

3.00pm Postpartum voiding problems and how to avoid
Dr Sohier Elneil, Consultant in Urogynaecology and Uro-neurology, University College London NHS Foundation Trust

3.30pm REFRESHMENTS

Session IV: Clinical dilemmas
Chair: Dr David Richmond, President, RCOG

3.50pm Female genital mutilation
Mr Abdalla Yagoub, Consultant Obstetrician and Gynaecologist, Blackpool Teaching Hospitals NHS Foundation Trust

4.20pm OASIs and what it means for future pregnancies
Mr Abdul Sultan

4.50pm Discussion

5.00pm CLOSE

Sponsorship and Exhibition:

From sponsorship of the meeting, to exhibition stands and delegate pack inserts, there are plenty of ways to promote your product or service at this event. For more information and to discuss the packages available please contact:
Ursula Samson Tel: +44 (0) 20 7772 6460 Email: usamson@rocg.org.uk
Venue

**Venue:** RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG.
**Tel:** 020 7772 6200  Fax: 020 7772 6388
**Train:** Marylebone Station - 10 minute walk
**Underground:** Baker Street - 10 minute walk
**Parking:** Regent’s Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road, Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6312.

Cancellations

Cancellations must be received in writing by **Tuesday 28 April 2015** and be accompanied by a copy of your confirmation letter and receipt. An administrative charge of £25 will be made on all cancellations received before or on the above date. We regret the College cannot refund fees after this date. Cancellations will be processed after the conference. Substitutions are welcome at any time. In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any travel and/or accommodation costs that have already been incurred by the delegate, or any administration charges relating to cancellation of travel tickets or accommodation.

Visa Information

If you are from a country outside the European Union, you may be required to have a valid visa to enter Britain. Please check your visa requirements before you book a place on any of our events and before you travel. We are unable to refund course fees outside of our cancellation deadline in the event that your visa is denied or not received in time for you to travel. More information on visa requirements is available from the UK Border Agency.

For full terms and conditions please visit www.rcog.org.uk/events/terms-and-conditions

Book your place now!

**Online:** easiest and quickest way to book with instant confirmation of your place and saving £10!
**By phone:** speak to our team directly who can book your place on the event, please have your card details handy
**By fax:** send your completed booking form and payment details direct to the Conference Office
**By post:** send your cheque and completed booking form to the team by mail

RCOG Conference Office: Our team are here to help and advise you in your choice of courses. If you have any further questions, contact the RCOG Conference Office on kcollings@rcog.org.uk or call +44 20 7772 6312

Registered Charity No 213280