



Royal College of
Obstetricians &
Gynaecologists

Matrix of progression 2025-2026 – Curriculum 2019



	ST1	ST2	ST3	ST4	ST5	ST6	ST7
Curriculum progression	CiP progress appropriate to ST1 as per the CiP guides and matrix of entrustability levels.	CiP progress appropriate to ST2 as per the CiP guides and matrix of entrustability levels.	CiP progress appropriate to ST3 as per the CiP guides and matrix of entrustability levels.	CiP progress appropriate to ST4 as per the CiP guides and matrix of entrustability levels.	CiP progress appropriate to ST5 as per the CiP guides and matrix of entrustability levels.	CiP progress appropriate to ST6 as per the CiP guides and matrix of entrustability levels.	CiP progress appropriate to ST7 as per the CiP guides and matrix of entrustability levels.
Examinations		MRCOG Part 1			MRCOG Part 2 MRCOG Part 3		
At least 3 summative OSATS <i>(unless otherwise specified)</i> confirming competence by more than one assessor. At least one OSATS confirming competence should be supervised by a consultant (can be achieved prior to the specified year)	Cervical smear*	caesarean section (basic) ^Ω Non-rotational assisted vaginal delivery (ventouse) Non-rotational assisted vaginal delivery (forceps) Perineal repair Surgical management of miscarriage/surgical termination of pregnancy Insertion of IUS or IUCD * Endometrial biopsy*	Manual removal of the placenta Transabdominal ultrasound of early pregnancy Transabdominal ultrasound of late pregnancy	Hysteroscopy Diagnostic laparoscopy 3 rd degree perineal repair Vulval biopsy *	Simple operative laparoscopy (laparoscopic sterilisation or simple adnexal surgery e.g. adhesiolysis/ ovarian drilling) Caesarean section (intermediate) ^Ω Rotational assisted vaginal delivery (any method)		Subspecialty training specific Caesarean section (complex) ^Ω Laparoscopic management of ectopic pregnancy Ovarian cystectomy (open or laparoscopic) Surgical management of PPH** Surgical management of retained products of conception (Obstetrics†) *
Formative OSATS	Optional but encouraged						
Mini-CEX	✓	✓	✓	✓	✓	✓	✓



CBD	✓	✓	✓	✓	✓	✓	✓
Reflective practice	✓	✓	✓	✓	✓	✓	✓
NOTSS	✓	✓	✓	✓	✓	✓	✓
Training Evaluation Form (TEF)	TEF completed annually						
TO1 & TO2	Two separate TO1's and TO2's completed annually						
Recommended courses / required objectives	Basic Practical Skills in Obstetrics and Gynaecology	Basic ultrasound	Obstetric simulation course – ROBUST or equivalent			ATSM course	ATSM course
	CTG training (usually eLearning package) and other local mandatory training	3rd degree tear course				Leadership and Management course	Leadership and Management course
	Obstetric simulation course (e.g. PROMPT/ ALSO/other)	Specific courses required as per curriculum to be able to complete basic competencies					
		Resilience course e.g. STEP-UP					
	The above competencies may be achieved by attending recommended courses or by demonstrating to the ARCP panel that content and learning outcomes have been achieved using alternative evidence.					The above competencies may be achieved by attending recommended courses or by demonstrating to the ARCP panel that content and learning outcomes have been achieved using alternative evidence.	

† Surgical management of retained products of conception (Obstetrics) - surgical evacuation of retained products of conception after 16 weeks gestation using suction curettage or a surgical curette; as this procedure has been moved to ST7 in June 2022 it will not be required to be evidenced by ST7 trainees who had completed ST4 when the 2019 core curriculum was introduced in 2019

¥ Surgical techniques used by the trainee to control postpartum haemorrhage, including intra-uterine balloons, brace sutures, uterine packing, placental bed compression sutures and hysterectomy



* Procedures which were introduced in the 2019 Core Curriculum

The following six procedures were introduced in the 2019 Core Curriculum: cervical smear, endometrial biopsy, insertion of IUS or IUCD, surgical management or retained products (Obstetrics) and vulval biopsy. If you switched to the 2019 Core Curriculum and you had passed the ST year where the new procedure has been introduced you will not require 3 summative competent OSATS for this procedure; e.g.: if you were in ST2 or above when you switched to the 2019 Core Curriculum you do not need 3 summative OSATS for cervical smear retrospectively; if you were in ST5 or above when you switched to the 2019 Core Curriculum you do not need 3 summative OSATS for vulval biopsy.

Ω Caesarean section complexity

Examples of 'basic': first or second caesarean section with longitudinal lie

Examples of 'intermediate': are twins/transverse lie, preterm more than 28 weeks, at full dilation, BMI $\geq$ 40

Examples of 'complex': preterm less than 28 weeks/grade 4 placenta praevia and fibroids in lower uterine segment

Further guidance on evidence required for CiPs in the Core Curriculum

The philosophy of the curriculum is about quality of evidence rather than quantity and a move away from absolute numbers of workplace based assessments (WBAs) and the tick box approach and the training matrix above demonstrates this.

The CiP guides developed are available for trainers and trainees to give information about what would be appropriate evidence at different stages of training [CiP guides on RCOG Learning](#)

Rules for CiPs:

1. There must be some evidence linked to each CiP in each training year to show development in the CiP area.



2. In each stage of training (Basic ST1-2, Intermediate ST3-5, Advanced ST6-7) the expectation is that there should be a minimum of one piece of evidence linked to each key skill for all clinical and non-clinical CiPs. This evidence needs to be appropriate for the stage of training.

Expected progress for clinical CiPs

	Basic training			Intermediate training				Advanced training		CCT
Capabilities in practice	ST1	ST2		ST3	ST4	ST5		ST6	ST7	
CiP 9: The doctor is competent in recognising, assessing and managing emergencies in gynaecology and early pregnancy.	1	2	CRITICAL PROGRESSION POINT	3		4	CRITICAL PROGRESSION POINT		5	CRITICAL PROGRESSION POINT
CiP 10: The doctor is competent in recognising, assessing and managing emergencies in obstetrics.	1	2		3		4			5	
CiP 11: The doctor is competent in recognising, assessing and managing non-emergency gynaecology and early pregnancy.	1	2				3		4	5	
CiP 12: The doctor is competent in recognising, assessing	1	2				3		4	5	



and managing non-emergency obstetrics.										
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Find out more at
rcog.org.uk



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