



Clinical Learning Opportunities

Obstetric SITMs

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Version Control		
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Clinical learning opportunities Obstetric SITMs

The SITMs will offer an opportunity for learners to concentrate on their areas of interest and the three-year indicative duration of special interest training means that they can begin to focus on their area of interest at an earlier stage.

The increased duration from two to three years has caused anxiety among trainers and clinical leads about being able to support this level of training for more learners than we do at present. However, this needs to be put into the context of all our special interest learners also having to evidence their progress in the clinical CiPs within the core curriculum during this time.

The SITMs are designed to support consultant roles in a variety of settings – both those working in secondary care and with a role in tertiary care, for all O&G consultants, whether working in both, or either, obstetrics and gynaecology.

They allow the learner to enhance their skills in a wide variety of areas that are needed in any setting and so all units will find that they will be able to support training in many areas. This will mean that more district general hospitals will be able to have a share in SITM training and will have a share in the most senior learners.

Supported sessions

This is a list of some of the sessions that will support the obstetric SITMs, many of these can be thought of as service sessions.

The list is not exhaustive but meant to give a flavour of how training can be provided in any unit. It is not envisaged that any one unit must support all the areas a SITM curriculum, but rather the SITM training will progress throughout special interest training with rotation to more than one unit to provide the full range of training needed.

Fetal Care (foundation SITM for Prenatal Diagnosis)

- General ANC – care of women with or risk of fetal growth problems
sonographer scan lists with growth scans
- Fetal growth assessment clinics
- Uterine artery, ductus venosus and MCA scanning
- Placental site location scanning



- Multiple pregnancy clinics
- Multiple pregnancy scan lists
- Postnatal follow up clinics for fetal abnormality or fetal loss
- Fetal medicine antenatal clinics
- Fetal medicine scan lists

Maternal medicine (contingent SITM for Pregnancy Care)

- Risk assessment and birth planning for women with medical conditions in general ANC
- Specialist maternal medicine clinics – e.g. haematology, renal, cardiac, epilepsy etc.
- Local and regional maternal medicine MDTs
- Obstetric-anaesthetic clinics
- Pregnancy and HIV clinics

Perinatal mental health

- Care of women with mental health issues in general ANCs
Perinatal mental health antenatal clinics
- Clinics with specialist midwives
- Clinics with perinatal mental health team
- Sessions in mother and baby units
- Perinatal mental health MDTs

Pregnancy care (foundation SITM for Maternal Medicine)

- General ANC – birth planning for women with medical conditions pre-dating or arising in pregnancy
- Triage clinics/assessment units
- Hypertension in pregnancy clinics including postnatal
- Diabetes antenatal clinics
- Endocrine antenatal clinics
MDT meetings (local and regional)
- Antenatal clinics for women with larger BMIs
- GUM clinical sessions
- Postnatal contraception clinics/ward rounds
- Safeguarding consultations with specialist midwives
- Discharge planning meetings



Premature birth prevention

- Care of women with risk of prematurity in general ANC
- Preterm birth clinics
- Cervical length scanning
- Insertion and removal of cervical sutures
- Review or pre-pregnancy counselling for mid-trimester loss
- Perinatal morbidity and mortality meetings

Prenatal diagnosis (contingent SITM for Fetal Care)

- General ANC – care of women with or risk of fetal anomalies and fetal anaemia
- First trimester scans and screening
- Fetal anomaly scans
- Fetal cardiac echo scans
- Clinical genetics clinics
- Fetal medicine clinics
- MDT meetings – birth planning with neonatologists etc.
- Delivery suite – planning and support of women undergoing termination of pregnancy for fetal abnormality
- Neonatal ward rounds
- Postnatal follow up clinics for fetal abnormality
- and termination of pregnancy

Supportive obstetrics

- Risk assessment in general antenatal clinics
- ANC for substance users
- Teenage ANC
- ANC with interpretation services
- Consultations and planning with safeguarding team
- Specialist gender clinics

Find out more at
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