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**RCOG MEDICAL TRAINING INITIATIVE (MTI) SCHEME 2026**

**APPLICATION FORM**

**IMPORTANT – Please read carefully before starting your application**

The RCOG (Royal College of Obstetricians and Gynaecologists) understands that clinical training and non-clinical skills opportunities vary between different countries and even between different regions and hospitals in the same country. Therefore, applicants should not feel potentially disadvantaged if they have not had the opportunity to be involved in non-clinical activities (such as audit or research) or have not been exposed to certain clinical procedures (such as hysteroscopy or laparoscopy), as these are not necessarily essential to gain a placement through the MTI programme.

You must complete this form with honesty and integrity. The information in this entire application must be true, accurate and complete. Any false statements, deliberate omissions or misrepresentations will be negatively regarded and may be grounds for your application being disqualified.

Please only type information directly into this form. Handwritten forms will be rejected. Do **NOT** ‘copy and paste’ any text, boxes, bullet points, tables, or any other items from a separate document into this form. Items copied and pasted from other sources will corrupt the final document that we receive, and we will not be able to view what you have entered into the form. If this happens, we cannot guarantee that your application form will be accepted. Please also make sure that you send us all of the other required documents together with this application form. Any incomplete or unclear application forms or forms received after the closing date for MTI applications cannot be accepted.

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| **SECTION 1: Personal details:***Please ensure you are consistent in the spelling and order of your names, and that these reflect what is set out in your passport and medical qualifications.* |
| **Surname:** |  |
| **First name(s):**  |  |
| **Address**  |  |
| **Country:** |  |
| **Telephone:** |  |
| **E-mail address:** |  |
| **Exams and Registration number:** |
| **RCOG Number:**  |  |
| **Date passed Part 1 MRCOG:** |  |
| **Date passed Part 2 MRCOG (if applicable):** |  |
| **Date of AoT letter from RCOG exams:** |  |
| **English Language -** *Please tick to indicate which of the below options A or B applies to you* |
| **Option A****[ ]** I hold a valid International English Language Testing System (IELTS) Academic certificate OR a valid Occupational English Test (including OET@Home) meeting the minimum scoring thresholds for MTI (A/B in each area for OET or a score of at least 7.0 in each of the four domains of the academic test (speaking, listening, reading and writing) as well as a score of no less than 7.5 overall for IELTS). **If your exam result does not meet the specified minimum scoring you are NOT eligible to use it to apply for MTI. Please do not submit an application using this exam result as the minimum scoring is GMC mandated for MTI sponsorship and there cannot be any exceptions. If you do apply using this exam result your application will be rejected and any MTI application fee paid to the RCOG will not subsequently be refundable on this basis.** |
| **Option B****[ ]** I have sat the OET (including OET@Home) or ILETS Academic exam before the close of the MTI Applications window and I am currently awaiting my results\* |
| **Name of exam board:** |  |
| **Date of exam sitting:** |  |
| \*You must submit official proof of the date of your exam sitting along with your application and must send through the result of your exam to mti@rcog.org.uk by no later than **Monday 23 November 2025.** The RCOG cannot accept exam results which do not match with the date of the exam diet stated on the proof of examination submitted with your MTI application.**If you have not sat an exam by the deadline for close of MTI applications on 23 November 2025 then you are NOT eligible to apply for the RCOG MTI Scheme in this round. Please do not continue with this application as it will be automatically rejected but any MTI application fee payment made will not be subsequently refundable on this basis.** |
| **SECTION 2: Applicant declarations:** |
| **I confirm that I have read and agree to the terms and eligibility requirements for the MTI Scheme and that:****[ ]** I undertake to complete this form with honesty and integrity, and understand that making false statements will be negatively regarded and may result in my application being disqualified.**[ ]** I am not currently suspended or removed from medical practice by any authorising body or involved in disciplinary proceedings related to medical practice in any country.**[ ]**  I understand that RCOG MTI posts are offered for 24 months and I am expected to complete the full duration of the MTI training at my host Trust.**[ ]**  I understand that if I do not complete the full 24 months of MTI training then I may be liable to repay the costs of my induction and training as well as the MTI placement post fee of £2,500 plus VAT to the employing Trust if successfully matched through the MTI scheme**[ ]** I understand that the College’s expectation is that, upon completion of my placement in the UK, I will return to my home country in line with the philanthropic aims of the MTI Scheme as a global ‘learn and return’ scheme.**[ ]** I have not attempted and failed the GMC's PLAB test.**[ ]** I have not passed PLAB and I have not attempted and passed Part 1 of PLAB within the last 5 years**[ ]** I am currently residing and working overseas in a substantive O&G post and I have no rights of residence in the UK including tier 2/Health & Social care dependent visa**[ ]** I have not worked in the United Kingdom under a Tier 5 visa previously within the last 5 years.**[ ]** I am not carrying or being treated for a serious communicable condition such as TB, Hepatitis B or C or HIV that would prevent me from undertaking exposure prone procedures.**[ ]** I can provide, or will provide if shortlisted and matched for an MTI training post, proof of a negative Tuberculosis (TB) test if coming from a country that requires this for entry to the UK, along with a completed MTI declaration form. [Read more.](https://www.gov.uk/tb-test-visa/countries-where-you-need-a-tb-test-to-enter-the-uk)**[ ]** I have not applied for, am not currently applying for or intending to apply for during the next 12 months an NHS post or a training post in the UK to include other Royal College MTI Schemes, Trust GMC sponsored training schemes or Deanery national training programme |
| **SECTION 3: Education and qualifications** |
| **Medical School / University attended:**  |  |
| **Date Started:** |  |
| **Date Finished:** |  |
| **Please write your basic medical degree and awarding body:** |
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| **Have you completed any postgraduate medical degrees? Please list and provide dates and awarding body:** |
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| **SECTION 4: Professional Postgraduate Experience**  |
| **Where are you currently employed?** |
| **Job:**  |  |
| **Grade:**  |  |
| **Hospital:** |  |
| **Country:** |  |
| **Medical specialty:** |  |
| **Date Started:** |  |

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| **Professional postgraduate experience** |
| **You must account for all work experience and other activities from the completion of your primary medical degree (including internship period where applicable) through to the present day in chronological order.****All dates must be recorded as dd/mm/yy****Do not leave any gaps/unaccounted for periods between entries. If there are any unexplained gaps this will result in automatic rejection of your application.****If you have had any gaps in medical practice these need to be clearly stated and an explanation provided for what you were doing during this period.****For each clinical and research post you must specify the medical specialty. For all non-O&G posts official proof must be provided e.g. a letter from HR at the organisation clearly stating the title of post, dates of employment and medical specialty/specialties worked in. The proof will have to be sent directly to the RCOG by the organisation at** **mti@rcog.org.uk** **by the applications deadline. Please note the RCOG reserves the right to follow up directly with the organisation where there are any queries or further clarification is required.** |
| **Start date** | **Finish date** | **Name and location of medical employer or details when not engaged in clinical practice** | **Country** | **Engaged in medical practice? (Y/N)** | **Grade/Title of post** | **Medical Specialty** | **PT/ FT** | **Hours of****clinical practice per week** |
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| **Total O&G experience -**  *Please enter the sum total of your O&G experience (including clinical and research posts) to date* |
| **Years** | **Months** | **Days** |
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| **Gaps in employment** |
| ***Note:*** *Please be aware that to be eligible for sponsorship the GMC requires MTI doctors to be in full-time medical practice for* ***THE ENTIRE 12 months*** *before making an application for GMC registration* ***and for AT LEAST three of the last five years****. If you have not been in full-time medical practice (observerships and clinical attachments do* ***NOT*** *count as full-time medical practice) this may result in an application for GMC registration being denied. Please check with the RCOG MTI Office (**mti@rcog.org.uk**) before applying if you have any queries/concerns.***Do you have any gaps in your employment history?****[ ]** Yes **[ ]** No If yes, please give dates and details below: |
| **Start Date** | **End Date** | **Number of Months** | **Details and reason for gap** |
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| **SECTION 5: Clinical experience****In the box next to each procedure, please insert a number (score) which corresponds to the appropriate level of competency on this scale:** ***0 = Observed /assisted******1 = Able to perform under direct supervision******2 = Able to perform independently*** |
| **Procedure** | **Score** | **Procedure** | **Score** |
| Caesarean section:  |  | Rotational ventouse or rotational forceps delivery: |  |
| Caesarean section at full dilation:  |  | Hysteroscopy:  |  |
| Manual removal of placenta:  |  | Diagnostic laparoscopy:  |  |
| Surgical management of miscarriage: |  | Surgical management of ectopic pregnancy (laparotomy):  |  |
| Ventouse or forceps delivery (non rotational): |  | Repair of third- and fourth-degree vaginal tears:  |  |
| Repair of episiotomy and 2nd perineal tears:  |  | Insertion of Intrauterine contraceptive device: |  |
| Endometrial biopsy: |  | Obtaining cervical cytology: |  |

**Evidence of courses**

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| **Adult resuscitation\*** |
| Title of the course completed: Venue:Year: |  |
| **Experience of CTG fetal monitoring\*** |
| Title of the course completed:Venue:Year: |  |

*\*You must include a copy of the certificate of training with your application which must have been completed within the last 2 years. Only in person practical training course will be accepted and not online/remote courses.*

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| **Please list any academic achievements:** |
| *Note: Any academic achievements* ***will require supporting evidence*** *attached to the application to be considered as part of your application. Acceptable evidence can include:* *a copy of published paper or abstract, conference programme, a link to conference website showing program, etc.*  |
| **Publications** |  |
| **Presentations at regional or national meetings** |  |
| **Presentations at international meetings** |  |
| **SECTION 6: Free text questions****Answers to the below free text questions must NOT exceed the set word limit. Please provide a word count for your answer in the box at the end of the question. If you do not provide a word count or if you exceed the set word limit then one mark will be deducted from the score for that question.** |
| **Q1. Describe the main strengths of your training to date and your educational goals for the next 2 years (max 250 words)** |
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| **Word count for your answer:** |  |
| **Q2. How would you organise a patient safety forum to reduce clinical risks in gynaecology in your hospital? (max 250 words )** |
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| **Word count for your answer:** |  |
| **Q3. How would you organise a meeting in your hospital to prioritise patient safety in obstetrics? (max 250 words)** |
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| **Word count for your answer:** |  |
| **Q4. Please provide examples for two audits or quality improvement projects (one Obstetrics and one Gynaecology) that would be useful to undertake in your hospital. Explain how you will undertake the audit or quality improvement project, the expected outcome and recommendations (max 500 words)** |
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| **Word count for your answer:** |  |
| **Q5. Describe how you would accrue evidence in the RCOG ePortfolio to complete the requirements of the MTI programme? (max 250 words)** |
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| **Word count for your answer:** |  |
| **Q6. Describe an example of a clinical scenario in obstetrics or gynaecology where the outcome was related to human factors. How did you reflect upon this event? (max 250 words)** |
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| **Word count for your answer:** |  |
| **Q7. Describe an example of your team-working and prioritisation skills during clinical work (max 250 words)** |
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| **Word count for your answer:** |  |
| **Q8. What challenges do you expect in the MTI training programme? How would you address them? (max 250 words)** |
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| **Word count for your answer:** |  |

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| **RCOG MTI selection interviews reasonable adjustment policy**  |
| MTI applicants who are shortlisted following assessments of applications in January 2026 will go forward for an online MTI Interview in February/March 2026 as the second stage of the selection process. Candidates who require adjustments to any RCOG MTI interview setting should first review the [RCOG MTI reasonable adjustment policy](https://www.rcog.org.uk/media/fxvlw0va/mti-selection-interviews-reasonable-adjustments-policy-2024.pdf) Following this, please email MTI@rcog.org.uk along with your supporting evidence, full name and RCOG number. Please specify in your email exactly what adjustments you require. Candidates are encouraged to submit the request at the time of submitting your completed MTI Application form. Candidates can submit a request subsequently, but this must be received by the RCOG no later than 4 weeks before the date of the MTI selection interview to guarantee that we are able to organise these. Please note that a new request must be made for each MTI applications round. |
| **SECTION 7: Data sharing** |
| In order for the RCOG to process your application it is necessary for your personal data to be transferred to the following third parties, including individuals located outside of the UK, for the following purposes:1. If your application is shortlisted by the assessment panel, you will be invited to participate in an online interview hosted via Microsoft Teams and led by the Chair of the RCOG [International Representative Committee](https://www.rcog.org.uk/about-us/global-network/global-membership/international-representative-committees-ircs/) (IRC) in your home country. Your name, contact details and the outcome of your application will be shared with the IRC Chair for the purposes of scheduling and conducting your online interview.
2. If your application is successful, you will be assigned an [MTI Regional Champion](https://www.rcog.org.uk/careers-and-training/starting-your-og-career/working-in-britain-for-non-uk-doctors/medical-training-initiative-mti-scheme/mti-resources/mti-regional-champions/) who can offer additional support during your placement. Your name, contact details and details of your placement will be shared with your Regional Champion for the purposes of providing advice and guidance, and supporting the Annual Review of Competencies (ARC) process.

**[ ]  I confirm that I consent to my personal data and information provided in my application to be shared with third parties for the purposes as described above.****[ ]  If my application is successful, I consent to receive emails from the RCOG regarding education and training opportunities, MTI events, the MTI Buddying Scheme and MTI Annual Surveys.****[ ]  I understand that I can withdraw my consent at any time by contacting the RCOG MTI Office at** **mti@rcog.org.uk** **/ +44 (0) 20 772 6344.****Upon your request to withdraw consent, the RCOG will not proceed with sharing your personal data. If the data has already been shared we will notify the receiver(s) and instruct them to erase the data they hold about you.** |

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| **SECTION 8 : Applicant signature** |
| **I hereby confirm that the information provided in this application is correct. I understand that any false statement or declaration may result in a refusal of the application, and the General Medical Council being informed. I understand that the College may also contact the GMC in respect of any false or misleading information found at a later date.****I understand that the Royal College of Obstetricians and Gynaecologists reserves the right to refuse to support my application, and/or may request further documentation and information in respect of this application if considered necessary. I understand that the College’s decision is final in respect of this application under this MTI.** |
| **NAME:**  |  |
| **SIGNATURE:**  |  |
| **DATE:**  |  |

**How to submit your application**

Thank you for completing the application. Please save it in a pdf format together with the other required documents including your completed log book.

Please ensure that you submit the following documents to MTI@rcog.org.uk together with this form:

* Scanned copy of your Assessment of Training Letter from RCOG Examinations Department (for any enquiries email eadmin@rcog.org.uk)
* Copy of your completed, signed and stamped RCOG logbook of clinical evidence
* Scanned copy of IELTS (Academic version) or Occupational English Test (OET) (including OET@Home) valid to December 2026 or evidence of date you sat the test (you must have sat this before the applications deadline of 23 November 2025) and are currently awaiting the results.
* Scanned copy of your passport valid to December 2026 or official proof of application to renew passport
* Scanned copies of publications, certificates, diplomas etc. *Please do not include certificates of attendance for conferences / meetings etc.*
* Certificate of training in adult resuscitation and certificate of training in CTG (if applicable)

In addition:

* Ensure that your two professional referees complete and submit the **professional reference form** by email to mti@rcog.org.uk. One of your two professional referees should be the person that is currently supervising your training and the other referee should be someone who recently supervised your training that can attest to your current level of clinical competency. References should cover at least the last 3 years of your medical practice. These forms should be submitted directly from your referees’ email address, otherwise these forms will not be accepted. *Please note that the person completing the Head of Department form cannot also be one of your professional referees.*
* Ensure that your Head of Department completes the **Head of Department form** and emails a copy directly to MTI@rcog.org.uk . The form should be submitted directly from your Head of Department’s email address, otherwise this form will not be accepted.

All of the above documents must be received by the RCOG by 23.59 GMT on **Monday 23 November 2025.**

**It is the applicants responsibility to ensure that all required documents are submitted to the RCOG by the deadline, confirming with your two professional referees and Head of Department that they have submitted their completed forms by the deadline. The MTI office will not chase up any outstanding documentation. Any incomplete applications / references or applications / references received after the deadline will not be accepted** All applicants who have submitted **COMPLETE** applications by the deadline for applications which fulfil all of the MTI criteria will be informed about the outcome of their assessment in due course.

**Privacy Policy**

**How we use your information**

In accordance with the UK General Data Protection Regulation (“UK GDPR”) and Data Protection Act (DPA) 2018, the RCOG collects, processes, shares and stores your personal information in order to manage and administer your membership with the College, to manage and deliver the Parts 1, 2 and 3 MRCOG and DRCOG examinations, to quality assure education and training programmes, and to keep you informed of O&G related events and activities either run by, commissioned or supported by the College. Under Article 6.1(f) of the UK General Data Protection Regulation (UK GDPR), the lawful basis used by the RCOG to process your personal data with regards to the MTI Scheme is “legitimate interests”.

**Who we share your information with**

The [RCOG MTI Committee](https://www.rcog.org.uk/about-us/governance/committees/mti-committee/) are responsible for the applications process, placement matching and quality assurance of the RCOG MTI Scheme. In order to deliver the MTI Scheme and provide you with local education support during your placement it is also necessary for the RCOG to share information about your application with other organisations and training bodies. These include the GMC, the Academy of Medical Royal Colleges, NHS Trusts, the Deanery/Head of School responsible for overseeing O&G training within your region, and the Educational Supervisor responsible for overseeing trainee progress in your placement Trust.

**How we handle your information safely and securely**

Our [Data Protection Policy](https://rcog.org.uk/media/v3ddqus1/data-protection-policy-and-procedures-2023.pdf) outlines how we comply with the UK Data Protection legislation.

Our [Privacy Policy](https://rcog.org.uk/media/jq5aasyk/privacy-policy-2023.pdf) contains further information on how the RCOG will use, store and delete your data in accordance with the [RCOG Retention Schedule.](https://rcog.org.uk/media/3vfhhetz/retention-schedule-2023-web-version.pdf)

**Your rights**

You have a right to access any personal data which the College holds about you, and also the right to correct this data and to request for the data to be erased. If you would like to exercise these rights or challenge the processing of your personal data by the College, please follow our [Individual Rights Requests guidance.](https://www.rcog.org.uk/about-us/policies/data-protection-policy-and-procedures/individual-rights-requests/)

If you are unhappy with how we are processing your data, you can complain to the RCOG directly using our [Complaints Policy and Procedure](https://www.rcog.org.uk/about-us/policies/complaints-policy-and-procedure/) or contact the Information Commissioner’s Office (ICO). Please see the ICO website for details <https://ico.org.uk/make-a-complaint/your-personal-information-concerns>